



WESTERN ILLINOIS UNIVERSITY

Athletic Training

Department of Kinesiology, College of Education & Human Services

Program of Study

All students pursuing a Bachelor of Science degree in Athletic Training complete the Kinesiology department's common core of five classes (15 semester hours [SH]): Anatomy and Physiology I, Motor Behavior, Sport and Exercise Psychology, Physiology of Exercise, and Biomechanics. Athletic Training majors also complete the following additional coursework: Anatomy and Physiology II; First Aid; Weight Training; Power Training; Stress Testing; Medical Terminology; Introduction to Athletic Training; Prevention and Care of Athletic Injuries; Lower Extremity; Upper Extremity; Therapeutic Modalities; Therapeutic Exercise; Head, Neck, Spine, and Abdomen; Pharmacological and Medical Issues in Athletic Training; Pathology of Athletic Injuries/Illnesses; Administration; Palpatory Anatomy; and Manual Muscle Testing. Students complete five clinical education/field experience classes within intercollegiate athletics, interscholastic athletics, and outpatient rehabilitation settings to demonstrate application of the National Athletic Trainers' Association Competencies and Clinical Proficiencies. Athletic Training majors also complete a 12 SH internship at a site of their choosing during their last semester before graduation.

The clinical experience begins during the first semester through a Student Mentor Program. Upper-level students assist new students in developing athletic training skills, which allow them to gain valuable academic and clinical experiences.

The Athletic Training Education Program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). Completion of this program of study qualifies students to fulfill requirements to sit for the Board of Certification (BOC) examination to become entry-level Certified Athletic Trainers.

Faculty

Courses are taught by faculty members who hold degrees earned from universities across the United States and who are actively engaged in scholarship activities such as writing books and book chapters, conducting research, and making scholarly presentations at professional conferences. In addition, seven Certified Athletic Trainers, three of whom hold full faculty positions, and eight graduate assistants serve as course instructors, clinical instructors, and supervisors. The Department of Athletics provides ten Certified Athletic Trainers to oversee 20 intercollegiate athletic teams and to supervise student clinical experiences.

Scholarships

The Department of Kinesiology annually awards 19 scholarships to Kinesiology majors that are named for distinguished former faculty, chairpersons, associate deans, and alumni. Two McKee Scholarships and one Alumni Scholarship are awarded to incoming freshmen. The Yeast Scholarship is awarded to an incoming transfer student from an Illinois community college with a minimum 3.0 grade point average. The Brophy, Dittus, Garner, Hughes, McGuinness, and Sharp Scholarships are available to juniors and seniors, and the Mings Scholarship is awarded to a Kinesiology major who is also a Western athlete. Detailed information on scholarships is available from the department advising office, (309) 298-2176, or on the Web at wiu.edu/Kinesiology or wiu.edu/Scholarship.

Honors in Kinesiology

To be eligible for the Centennial Honors College, entering freshmen must have an ACT composite score of at least 28 OR have a 26 or 27 composite ACT and be in the top 15% of their graduating class OR have an ACT composite score of at least 24 and be in the top 10% of their high school graduating class. Transfer

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students with at least 12 SH and up to 59 SH of undergraduate courses are admitted with a GPA of at least 3.3 OR 3.4 for 60 SH or more. To find out more, visit wiu.edu/Honors.

General honors seminars in the humanities, sciences, and social sciences provide students with the opportunity to explore key academic issues with distinguished faculty members. Within the Kinesiology major, honors students take three required courses for honors credit and complete an honors thesis during their senior year under the direction of a department faculty member.

Student Activities

Students with an overall GPA of 3.0 and a major GPA of 3.2 are invited to join Phi Epsilon Sigma, the departmental honor society. In addition, all Athletic Training students are encouraged to be members of the Athletic Training Student Association (ATSA). A wide variety of student activities and organizations are also available to Western students. Learn more at <http://osa.wiu.edu>.

Special Opportunities

The Department of Kinesiology offers small classes with accessible faculty in Brophy Hall, a modern and well-maintained facility located on the north edge of the campus. Several laboratory facilities provide opportunities for students to apply information presented in class to real-world situations. The Human Performance, Biomechanics, Perceptual Motor, Pedagogy, and Athletic Training Rehabilitation Labs contain state-of-the-art equipment. In addition, Brophy Hall has four electronic classrooms, a general-purpose computer lab, and wireless Internet access.

After College

After graduation, students are eligible for national certification; graduate assistantships; or employment with high schools, universities, professional athletic teams, sports medicine clinics, corporate health programs, industrial healthcare programs, and hospitals.

For More Information

Visitors are welcome. If you have questions, call the department office at (309) 298-1981, e-mail kinesiology@wiu.edu, contact the Athletic Training Program Director at RL-Polubinsky@wiu.edu or (309) 298-2050, or visit wiu.edu/kinesiology/atraining.html.

Leslie F. Malpass Library

The library and its five branches house more than one million cataloged volumes, 3,300 current journal subscriptions, and 25 foreign and domestic newspapers. In addition, the library provides computer access to resources worldwide, including 800 other Illinois libraries with more than 22 million volumes. When necessary, the interlibrary loan program can have materials in students' hands within a day or two.

Campus Visits

The Admissions Reception Center (Sherman Hall 115) is open most weekdays from 8:00 AM to 4:30 PM when the University is in session. Group information sessions are available at 10:00 AM and 1:00 PM, and campus tours are conducted at 11:00 AM and 2:00 PM daily. Individual appointments with an admissions counselor, advisers/faculty, or a financial aid adviser may be arranged during the week. The Admissions Reception Center is open from 9:30 AM to 1:00 PM most Saturdays when the University is in session. A group information session is available at 10:00 AM, and a campus tour is conducted at 11:00 AM. An individual appointment with an admissions counselor may be arranged. You may schedule your visit or tour online at admissions.wiu.edu by selecting "Visit Campus." You may also schedule a visit, tour, or individual appointment by calling toll free (877) PICKWIU [742-5948] or (309) 298-3157, or by e-mailing admissions@wiu.edu.



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