Podium Presentation
Consequences of Body Shame & Judgement
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English

In my research paper “Consequences of Body Shame & Judgement, I explore the effects of body shaming and judgement by closely analyzing Brenda Miller’s coming-of-age creative nonfiction piece, *Table of Figures*, that details her struggle with self-acceptance. By also considering several scholarly journal articles that address this issue, I examine the causes and impacts of body shaming on adolescent and teenager girls and ultimately advocate for people to be aware of the incredible impact that their words and actions can have on young women.