As a first generation Colombian American, I often hear conversations switch between English and Spanish. This process is known as code switching. This project explores code switching among three generations of Colombian American women. I investigate the reasons why code switching occurs and how it reflects beliefs and ideas about language. I draw on ethnographic observations and recordings conducted during my family’s recent trip to my mother’s birthplace of Cali, Colombia. I look at how my grandmother, mother, and younger sister code switch between English and Spanish in different public settings such as restaurants, shops, and bus stops. This project investigates the frequency of usage of Spanish and English in relation to geographical location as well as the different generations of speakers. I argue that the experience of returning to Cali, Colombia inspired speakers to renegotiate their customized use of Spanish and English in relation to existing family dynamics. The data collected has been transcribed and has indicated the usage of Spanish between my family members significantly increased compared to their Spanish usage in the United States. Looking at their code switching, it occurred just as often in both Colombia and the United States, but it was inspired by contrasting reasons.