

# William A. “Drew” Kramer

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## **Experience**

### **Director of Strength and Conditioning**

Western Illinois University, Macomb, IL, June 2011 – Present

- Oversee the design, implementation, and supervision of year round strength, speed development, agility, flexibility, nutrition, and conditioning programs for all 20 sports at Western Illinois University;
- Designed, implemented, and supervised year round strength, speed development, agility, flexibility, nutrition, and conditioning programs for Football, Softball, Women’s Volleyball, Men’s and Women’s Track and Field, and Women’s Golf;
- Developed and supervised Training Table meals and all Football Team meals;
- Hired, educated, and supervised student intern and graduate assistant coaches;
- Oversee daily operations and scheduling of two facilities;
- Aided in the recruitment of potential Western Illinois Student-Athletes;
- Maintained and purchased new equipment for facility.

### **Interim Head Football Strength and Conditioning Coach**

Purdue University, West Lafayette, IN, Feb. 2011 – March 2011

- Designed, implemented, and supervised strength, speed development, agility, flexibility, and conditioning programs for Football;
- Educated and supervised student intern and graduate assistant coaches;
- Aided in the recruitment of potential Purdue Student-Athletes;
- Aided with daily operations and maintenance of facility.

### **Assistant Strength and Conditioning Coach**

Purdue University, West Lafayette, IN, May 2006 – May 2011

- Designed, implemented, and supervised year round strength, speed development, agility, flexibility, and conditioning programs for Softball, Women’s Soccer, and Women’s Volleyball;
- Assisted coaches with design, implementation, and supervision of Football;
- Educated and supervised student intern and graduate assistant coaches;
- Aided in the recruitment of potential Purdue Student-Athletes;
- Helped with the purchasing of new equipment for the facility;
- Aided with daily operations and maintenance of facility.

### **Head Strength and Conditioning Coach**

University of West Georgia, Carrollton, GA, September 2004 – May 2006

- Designed, implemented, and supervised year round strength, speed development, agility, flexibility, nutrition, and conditioning programs for all sports at West Georgia (Football, Men’s and Women’s Basketball, Baseball, Softball, Co-Ed and All-Girl Cheerleading, Men’s and Women’s Cross Country, Women’s Soccer, Women’s Volleyball, Men’s and Women’s Golf);
- Educated and supervised interns and practicum students;
- Aided in the recruitment of potential West Georgia Student-Athletes;
- Maintained and purchased new equipment for facility.

### **Assistant Manager**

Moore’s Mill Fitness and Racquet Club, Auburn, AL, August 2003 – Sept. 2004

- Assisted with start-up of fitness club; including drafting of personnel manual, office procedures and policies, and billing practices;
- Designed, implemented, and supervised strength, speed development, flexibility, and conditioning programs for Auburn Aquatics Swimming Team.

**Graduate Assistant – Strength and Conditioning Coach**

Auburn University, Auburn, AL, January 2001 – August 2003

- Designed, implemented, and supervised year round strength, speed development, agility, flexibility, and conditioning programs for Men's Basketball (post players), Men's Golf, and Men's and Women's Diving;
- Assisted coaches with design, implementation, and supervision of Men's and Women's Tennis, Women's Basketball, Men's and Women's Track, Men's and Women's Swimming, Women's Soccer, Women's Volleyball, and Women's Gymnastics programs;
- Educated and supervised interns and practicum students;
- Aided in the recruitment of potential Auburn Student-Athletes;
- Aided with daily operations and maintenance of facility.

**Education****M.Ed. Exercise Science – Biomechanics**, Auburn University

Auburn, AL, 2003

Minor: Sports Management

**M.Ed. Exercise Science – Exercise Physiology**, Auburn University

Auburn, AL, 2002

**B.S. Exercise Science**, University of Tennessee at Chattanooga

Chattanooga, TN, 2000

**Certifications****SCCC**, Collegiate Strength and Conditioning Coaches Association, 2007**CSCS**, National Strength and Conditioning Association, 2000**Club Coach**, USA Weightlifting Association, 2004**CPR**, American Heart Association, current**Personal**

Offensive Lineman, Two-year Letterman, University of Tennessee at Chattanooga, Chattanooga, TN, 1995 – 1997

**Accomplishments**

Assisted with 2006 Champs Bowl Football Team

Assisted with 2007 Motor City Bowl Champion Football Team

Coached 2010 NCAA Elite Eight Women's Volleyball Team

Coached 2006 and 2008 NCAA Sweet Sixteen Women's Volleyball Team

Coached 2007 NCAA Tournament Participant (Second Round) Women's Volleyball Team

Coached 2006 and 2009 NCAA Tournament Participant (First Round) Women's Soccer Team

Coached 2007 Big 10 Tournament Champion and NCAA Tournament Participant (Second Round) Women's Soccer Team

Coached 2008 and 2009 NCAA Regional Participant Women's Softball Team

Assisted with 2002 and 2003 NCAA and 2003 SEC Champion Women's Swimming and Diving Team

Assisted with 2001, 2002, and 2003 SEC and 2003 NCAA Champion Men's Swimming and Diving Team