

Infant and Toddler Daily Schedule

The daily schedule is designed to be as open and transition free as possible. The WIU Infant and Preschool center is a play-based program. Therefore, much of our day is driven by the children's choices of play. The center is open from 7:45 a.m. to 5:00 p.m.

7:45-9:15 a.m.- Choice Time: the children are free to choose any area in our classroom. There are teacher-selected activities on the tables.

9:15-9:45 a.m.- Snack, diapering and toileting.

9:45 a.m.- Morning Meeting: The children gather as a whole group to read stories, discuss the project and review activities of the day.

10:00-10:30 a.m.- Project work and teacher directed activities.

10:30-11:15 a.m.- Outside Play: We all go outside (or to the gym if the weather does not cooperate)!! The children can choose anywhere on our playground. Weather permitting; activities from inside can be transferred outside for further exploration.

11:15-11:30 a.m.- Music and Dancing: Music is a group experience combining teacher chosen songs with children chosen songs. Musical activities and experiences may be accompanied by a CD or may be sung by the children and teachers.

11:30-12:00 p.m.- Lunch

12:00-12:30 p.m.- Nap preparation: Diapering, toileting and story time.

12:30-2:30 p.m.- Naptime: The children rest on cots while quiet music is playing. Quiet playtime for non-sleeping infants.

2:30-3:00 p.m.- Nap clean up: Diapering, toileting and choice time.

3:00-3:30 p.m.- Snack

3:30-3:45 p.m.- Toddler/Preschool group music time.

3:30-5:00 p.m.- Choice Time: Depending on the weather, the children are free to choose to play inside or outside.