Another busy semester is coming to an end. There have been many changes within the department, beginning with the move of our counseling labs and ending with the retirement of Dr. McFarland.

This Spring, Dr. Newgent has found time to give several presentations at the following conferences: Association for Assessment in Counseling and Education, Association for Counselor Education and Supervision, and at the American Counseling Association.

Dr. Newgent is continuing with her research into peer victimization (bullying). In addition, she had the wonderful opportunity to work with Youngstown State University and Cornell University on a national study about college students and non-suicidal self-injury.

In the future, Dr. Newgent looks forward to presenting/attending more conferences, continuing her departmental work with faculty on programs such as PACERS, and last but not least, she is looking forward to planning for the new clinic at the Riverfront campus, which is scheduled to be up and running by the Spring of 2015 (tentatively). The groundbreaking for the new building is scheduled for the Fall of 2012.

In conjunction with planning the new clinic, Dr. Newgent looks forward to utilizing the Counselor Education training facilities by providing students with the very best in training and supervision and also hopes to be a resource to WIU-QC and the Quad Cities communities.

On a touching note, Dr. Newgent emphasized how much Dr. McFarland will be missed by the department. He is regarded as the “Rock Star of Counselor Education.” It’s not too late for you to change your mind! On behalf of the department, Dr. Newgent wishes Dr. McFarland a happy and productive retirement.
Dr. Alexander-Albritton has had an exceedingly busy semester. Most importantly, she was on maternity leave for the first eight weeks of the semester due to the birth of her sweet baby boy, Grayson Scott Alexander Albritton, born January 19, 2012 weighing 8 pounds and 13 ounces! Congratulations Dr. Alexander-Albritton and family!

Since transitioning back after spring break, Dr. Alexander-Albritton has resumed teaching *Addictions, Techniques, and Internship.*

Dr. Alexander-Albritton is the faculty advisor for the WIU-QC Counseling Association and thus, has been busy with the activities that the Counseling Association is involved in, including Manage Your Stress Week (at both Quad City campuses).

Dr. Alexander-Albritton is also reviewing research that she has done on current trends in literature related to women counselor educators and their current level of job satisfaction. She plans to write an article and proposals to submit for publication and professional conferences in the near future. Welcome back!

Dr. O’Ryan has been on sabbatical for the Spring 2012 semester. During her sabbatical she has been completing her research on aging. The focus of her research has been on looking internationally at spirituality and aging among different populations.

Dr. O’Ryan will be back this summer to teach *Lifespan* and will be back in full swing for the Fall semester.

Even though Dr. O’Ryan has been on sabbatical, she continues to assist in the longitudinal study with professors from Loyola University and North Dakota State University. Their study is entitled, “Following the Wellness of Master Level Counseling Students.” Wellness has always been an important topic to Dr. O’Ryan, and one in which she enjoys sharing with her students.

Dr. O’Ryan is the President Elect of the IAADA and she continues to co-edit the IAADA newsletter with graduate assistant, Leslie Scheck.

Dr. O’Ryan’s presence has been missed in the department and we cannot wait to welcome her back with open arms! Welcome back!
Dr. Nikels

Contributed by Leslie Scheck

Dr. Nikels has remained busy this semester. She continues to work with the PACERS program. Dr. Nikels recently accepted the “Social Responsibility” Core Values award from WIU-QC for the PACERS program. Earlier in the Spring, AT&T presented Dr. Nikels with a recognition award for their AT&T Aspire grant for her work with the PACERS program. Currently, Dr. Nikels is applying for future funding for the PACERS program. Dr. Nikels is continuing her work with the Illinois Counselor Educators and Supervisors (ICES), a branch of the Illinois Counselor Association (ICA) on licensure laws. The committee plans to turn this research and information collected from all states into a study with a written paper.

During the spring semester, Dr. Nikels has been teaching Internship and Counseling Techniques for Children and Adolescents. Dr. Nikels integrated the new children’s play lab into her curriculum by instructing students how to utilize the new lab with children and adolescents. Additionally, she taught the class about Biblio-therapy, Art therapy, and Music therapy.

As a part of the music therapy curriculum, WIU Alumni’s Jon Birdsall and Matt Beck, along with current graduate student, Grant Zimmerman, provided a drumming session to students in her class.

Thanks Jon, Matt, & Grant!

Dr. Parmanand

Contributed by Jessica Shoop

It has been a busy semester for Dr. Parmanand! He attended a training called Coming Home: PTSD, Mental Health, and Transition Issues in Combat Veterans and Their Families presented by Dr. Heather Cochran at Western Illinois University’s Macomb campus on February 7, 2012. Along with that, Dr. Parmanand attended the Coalition of Illinois Counseling Organizations’ Counselor Educator Summit workshop on March 9, 2012 in Lisle, Illinois. Dr. Parmanand has also been patiently waiting for articles that he has submitted to be accepted for presentation and publication. Because Dr. Parmanand is the faculty advisor for Chi Sigma Iota Xi Chapter, he has also been busy with the many service projects and activities that Chi Sigma Iota Xi has been involved in. Activities include: visiting Good Samaritan Nursing Home, hosting WIU’s first Induction Ceremony into Chi Sigma Iota Xi, and holding a garage sale fundraiser. The fundraiser will pay for future activities for the group. This semester he taught Marriage & Family, Techniques, and Internship.
After 23 years of teaching at Western Illinois University, WIU will be bidding a fond farewell to Dr. McFarland. **July 1, 2012** will be his first official day of retirement. Dr. McFarland was hired in the fall of 1989 and spent 14 years on the Macomb campus. For a number of years he split his time traveling between the Macomb campus and the Quad Cities campus. In 2002, he began teaching solely at the Quad City campus. He also spent some time teaching at the Augustana University campus when WIU had a presence there. Dr. McFarland is scheduled to teach summer classes at the new Riverfront campus this summer; giving him the unique position of being one of the only staff members to have taught at all four of these WIU locations.

This spring, Dr. McFarland completed training for **Family Resources’ Domestic Partner Violence program**. Dr. Parmanand and Dr. McFarland attended the **Counselor Educator Summit** in Lisle, Illinois in March. The event was hosted by the Coalition of Illinois Counselor Organizations (CICO-IL). The focus of the summit was to discuss school counselor recertification and licensure rule changes. In addition, Dr. McFarland has been busy this semester teaching **Careers, Assessment, and Internship** classes.

Upon retirement, Dr. McFarland says that he is planning on staying in the Quad Cities. He states that he does not have any plans professionally, but is anticipating spending his first year of retirement **pondering his options**. Dr. McFarland is the essence of professionalism and leads by example. Last fall he was awarded with the **Outstanding Counselor Educator Award** and the **C.A. Michelman Award** by the Illinois Counseling Association for his contributions through his publications, leadership, conference planning, legislative involvement, and service.

Dr. McFarland will be missed by both the faculty and the students. **We wish him the best of luck during his well-earned retirement!**

---

**Good Luck! Happy Retirement!**

---

* Dr. Newgent * Dr. Nikels * Dr. O’Ryan * Dr. Alexander-Albritton * Dr. Parmanand * Diane * Jessica * Leslie * Marcy *
PACERS is an AT&T grant funded mentoring program through Rock Island High School and the Department of Counselor Education.

The PACERS program is run by Dr. Nikels, two graduate assistants from WIU, and a school counselor from Rock Island High School. The program assists students with student’s academic and personal success. This semester has been filled with many activities. Students volunteered at the River Bend Food Bank sorting food, went on a college visit to Northern Illinois University, and attended the Quad City Youth Conference. Along with all of these trips the students have continued to work on their academic goals and the 17 Principles of Success from the Napoleon Hill Foundation. Students will soon be participating in a end of the year trip to Six Flags to reward their progress as well as an end of the year reception to wrap the year up. PACERS is looking forward to an exciting year coming up and will continue to help the students in the program.

AT&T presenting a check to the PACERS program with Dr. Holly Nikels
Another semester has passed. The WIU-QC Counseling Association has been busy with a lot of activities!

This semester the Counseling Association volunteered at the Rock Island Academy. Members played games and sports with the students attending their program and provided pizza. It was an enjoyable event and everyone had a lot of fun.

The Counseling Association also participated in Take Back the Night at Schwiebert Park, a domestic violence and sexual assault awareness event. Members passed out glow sticks and provided information to those who stopped by their table.

As in prior years the Counseling Association held Manage Your Stress Week, providing food and drinks to the WIU-QC campuses - in conjunction with the Association of Latin American Students (ALAS) & Student Government (SGA). Thank you to both groups for their help.

The Counseling Association will also be throwing a graduation reception for graduates of the Department of Counselor Education.

It has been a great year and we are looking forward to the many activities we will be participating in next fall.

Thank You
To the past Board Members for their dedication & service
Andrea Pierson
Erik House
Leslie Scheck
Jen Schrempf
& John Creger

Please join the Facebook group at http://www.facebook.com/group.phpgid=263602040104&v=wall

Officers
The WIU-QC Counseling Association 2012-2013
President
Leslie Scheck
Vice President
Marcy Aronson
Treasurer
Amy Zero
Social Chair
Allison Elfline
Secretary
Rachel Grim
Faculty Advisor
Dr. Alexander-Albritton

CNED Labs
Since the beginning of the year, the counseling labs have found new homes. Rooms 286C and 286D house two of the counseling labs and room 214 houses the new children’s lab. If you haven’t already seen the new labs, please stop by to take a peek.

Jacob Glazier in the Children’s Lab

Department of Counselor Education
3561 60th Street Moline, IL 61265-5881 USA
309•762•1876 - cned@wiu.edu
In addition to helping members in the community, Chi Sigma Iota Xi also helped WIU students prepare for the CPCE and NCE by hosting four Saturday study sessions. The study sessions consisted of listening to Howard Rosenthal’s review questions and the students discussing the answers. We reviewed about 300 practice questions in preparation for the exams. Breakfast was also provided at each study session due to the generosity of Dr. Nikels, Dr. Parmanand, and Dr. McFarland.

As president, I was given the opportunity to represent Western’s Chapter of Chi Sigma Iota Xi at the American Counseling Association conference in San Francisco, California. In order for a counseling honor society to remain a chapter, one member must attend the counseling conference every two years. While at the conference I attended the delegate meeting. At the meeting I learned the importance of building up membership and the opportunity and benefits of becoming a lifelong member in the organization.

Not only is it important to build up membership, it is also important to recognize those students who are currently members. We held WIU’s first induction ceremony in April. Each member inducted was awarded honor cords and a pin to wear on graduation.

The last order of business for the year was a garage sale fundraiser. All the money raised will be used for Chi Sigma Iota’s activities for the following year. The money is spent on resources needed for WIU students and the Quad City Community.

THANK YOU TO THE PAST BOARD MEMBERS FOR A JOB WELL DONE!

Board Members: Jennifer Welvaert, Stephanie Reagan, Dr. Parmanand, Debbie James & John Creger—Induction Ceremony
ACA Conference 2012: San Francisco

Several counseling students travelled to San Francisco, California for the annual American Counseling Association (ACA) conference March 21-25, 2012. Marcy Aronson, Allison Elfline, William Iavarone, Stephanie Reagan, and Leslie Scheck were in attendance for the conference. It was very powerful experience to be surrounded by over 4,000 other counselors. Dr. Yalom was the keynote speaker and he was definitely a highlight of the conference. Congratulations to Leslie Scheck for winning an Honorable Mention for her essay to the ACA, which earned her free registration to the conference! Next year the ACA conference will be held in Cincinnati, Ohio - mark your calendars now!

WIU Presentations:

Dr. Newgent along with colleagues from two other Universities presented at the ACA conference: Tips for Applying for Counselor Education Faculty Positions. In addition, Dr. Newgent and Tiffany Stoner-Harris, Adjunct, presented a 60-minute session entitled: Gatekeeping From Admission to Graduation: Screening, Annual Review, Due Process, Remediation, and Retention.

Riverfront campus is now home to undergraduate classes in business and technology, engineering, human services, and arts and sciences. Following precedent established and maintained at the John Deere Road location, the new state of the art location features high-tech classrooms, computing, and engineering laboratories, student services, the U.S. Bank Writing Center, and a Library annex. The new building also features the Goldfarb Grand Atrium where students, faculty, staff, and visitors can collaborate, study, learn, and interact with a scenic vista of the Mississippi River.

Fall Semester, 2012

August 20, Mon. -- Classes Begin
September 3, Mon. -- Labor Day -- No Classes/University Closed
September 4, Tues. -- Classes Resume
October 12, Fri. -- Fall Break -- No Classes
October 15, Mon. -- Classes Resume
November 19-23, Mon.-Fri. -- Thanksgiving Break -- No Classes
November 22-23, Thurs.-Fri. -- Holiday -- University Closed
November 26, Mon. -- Classes Resume
December 10-14, Mon.-Fri. -- Final Exam Week
December 15, Sat. -- Commencement

CONGRATULATIONS TO ALL OF THE 2012 GRADUATES!
If you are a CNED Alumni please send this form to:
Department of Counselor Education, Western Illinois University Quad Cities;
3561 60th St. Moline, IL 61265
or complete it online at www.wiu.edu/counselored/alumni.html

Name_______________________________________________   Graduation Year_____________________
Name while at WIU ____________________________________  Email Address______________________
Home Phone__________________________________________ Advanced Degree____________________
Address__________________________________________________________________________________
City_________________________________________________ State__________Zip_________________
Employer_____________________________________________ Work Address_______________________
City_________________________________________________  State__________Zip_________________
Work Phone___________________________________________ Job Title___________________________

Any personal or job related news?
_____________________________________________________________________________________
_____________________________________________________________________________________

Alumni
Spotlight

After graduation in the spring of 2011, Christiana began working at Trinity College of Nursing & Health Sciences as an admissions representative. Her job involves advising prospective students and community outreach to educate students on health careers and she really enjoys that aspect of her job. A project that is near and dear to her is Enlighten. Enlighten is a health and wellness initiative for students, faculty and staff at Trinity College of Nursing & Health Sciences. Each month a topic is chosen and Christiana creates a display at the college. She also invites speakers to the college to inform students, faculty, and staff about wellness issues. Topics this year have included nutrition, wellness, and stress management. Along with stress management, Christiana has focused on Mindfulness, which she credits Dr. O’Ryan for teaching her about. This month a yoga instructor will be conducting a yoga session for stress management. Christiana views relaxation as a major component of wellness and has created a wellness space in her office, complete with a Zen garden. In order to share what she has learned, Christiana has developed a Facebook page for Enlighten. You can join her at https://www.facebook.com/pages/Enlighten/102198293242423. Enlighten is a positive and helpful way to educate about and encourage wellness. While a student at WIU, she didn’t know where she would end up working, but has been pleased with her job at Trinity. She says that you never know where you will end up working when you’re in school, but stresses the joys of finding the right place to utilize the skills you have learned. Christiana has incorporated what she learned at WIU into her work life and has developed her own style to enlighten others.

Christiana Headley

Have a great summer! See you in the Fall.