COUNCIL ON CURRICULAR PROGRAMS AND INSTRUCTION

Thursday, 6 February 2020

**Horrabin Hall 1, 3:30 p.m.**

# A G E N D A

1. Consideration of Minutes  
   1. 23 January 2020
2. Announcements
3. Old Business
4. New Business
   1. Curricular Requests from the School of Agriculture and the Department of Biological Sciences
      1. Request for Cross-Listing
         1. BOT 357/HORT 357, Cannabis Biology and Production, 3 s.h.

B. Curricular Requests from the Department of Kinesiology

1. Requests for Changes in Course Titles, Course Descriptions, and Credit Hours

a. KIN 319, Principles and Leadership of Stress Management Techniques,

2 s.h.

**Current:** Principles and Leadership of Stress Management Techniques, 2 s.h.

Development of leadership skills and assessment techniques for stress management. Principles will focus on the skills necessary to be an effective fitness professional of stress management and its relationship to physical fitness.

**Proposed:** Exercise Psychology and Stress Management, 3 s.h.

Theories, concepts, and principles of exercise psychology and stress management will be covered with focus on skills necessary to be an effective exercise psychologist and fitness and wellness professional of stress management techniques.

b. KIN 359, Sport and Exercise Psychology, 3 s.h.

**Current:** Sport and Exercise Psychology

An introduction to sport and exercise psychology theories and research including application to performance enhancement. Selected topics include motivation, confidence, stress and anxiety, exercise behavior and adherence, concentration, team dynamics, performance enhancement, and professional and ethical issues.

**Proposed:** Sport Psychology

An introduction to sport psychology theories and research including application to performance enhancement. Selected topics include motivation, confidence, stress and anxiety, concentration, team dynamics, performance enhancement, and professional and ethical issues.

2. Request for Change of Major

a. Exercise Science

V. Provost’s Report

# NEXT MEETING – THURSDAY, FEBRUARY 20, 2020

# HORRABIN HALL 1