

Western Illinois University

Biennial Review

Academic Years:
2014-2015;
2015-2016

December 2016

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**WESTERN
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I. Executive Summary:

A. Introduction:

The Drug-Free Schools and Campuses Regulations requires that an institution of higher education must certify that it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees as a condition of receiving funds or financial assistance under any federal program. Western Illinois University has created the following biennial report to address the alcohol and other drug programs available on campus in addition to their effectiveness, as well as to provide information regarding the current policies and enforcement of those policies. A hard copy of the biennial review can be found within the Office of the Vice President of Student Services, in addition to the Alcohol and Other Drug Resource Center. A hard copy of the report is available upon written request through contacting the Clinical Supervisor of the Alcohol and Other Drug Resource Center. All policies and/or additional reports discussed within the biennial review can be found by following the hyperlink on the electronic copy, or by requesting a hard copy of the report in which they will be included as appendices.

B. Scope of Review:

The review examined alcohol and other drug policies on campus, distribution of those policies and enforcement of policies for the academic years 2014-2015 and 2015-2016. It also reviewed the resources available on campus to prevent alcohol and other drug problems on campus, as well as services available to treat alcohol and other drug problems for students and university staff. Information was gathered by Biennial Review contributors from multiple campus departments including but not limited to the Alcohol and Other Drug Resource Center, Beu Health Center, Department of Athletics, Beu Health Education, Office of Public Safety, Office of Student Activities, Student Development Office, and Student Judicial Programs. Data has been collected in a variety of ways to assess the current alcohol and other drug programs on campus. Summary of information collected from programs offered on campus can be found below.

C. General Conclusions:

Western Illinois University appears to be in compliance with the Drug Free Schools and Campuses Regulations. Western Illinois University continues to find strength in its state licensed Alcohol and Other Drug Resource Center which provides both intervention and prevention services. Western Illinois University continues to offer alternative activities through multiple departments. Western Illinois University continues to increase evaluation of programming to determine whether or not prevention efforts are effective. We utilized the NIAAA Tiers of Effectiveness in our past Biennial Review to determine the type of programs available on campus and to assess whether or not there is room for improvement, making an effort to increase programs with evidence of effectiveness.

Western Illinois University has continually received administrative support in addressing alcohol and other drug use issues on campus. Higher Values in Higher Education 2008-2018 strategic plan has specifically addressed alcohol and other drug risk reduction as a strategic goal for this

university. The updated 2012-2022 strategic plan and 2016-2026 strategic plan supplement identify personal growth through health and wellness as an area of focus, which includes alcohol and other drug topics. The First Year Experience (FYE), which includes both academic and student services components, incorporates alcohol and other drugs education in the classroom and residence halls. Additionally, Student Services has outlined goals highlighting the support and expansion of late night programming as well as continue efforts on and off-campus with AOD related issues. As part of this goal, efforts will be made at the AOD Resource Center to continue to implement or collaborate with other departments in offering alternative events for students.

Western Illinois University continues to work towards prevention of alcohol and other drug problems on campus. Despite our strengths, there continues to be room for improvement. Upon completion of the Biennial Review, it was determined that the current alcohol and other drug policies for students and staff may need further review to determine whether or not they are up to date. Additionally, more program evaluation needs to occur.

Overall, Western Illinois University continues to be in compliance with the Drug Free Schools and Campuses Act and continues to work towards addressing misuse of alcohol and other illegal substances a priority.

II. University Alcohol Policies

A. Introduction:

Policy on Drug and Alcohol Abuse

This policy is issued in compliance with the resolution concerning drug and alcohol abuse by faculty, staff, and students adopted by the Illinois Board of Higher Education on May 5, 1987, the Drug-Free Workplace Act of 1988 (PL 100-690), and the Drug-Free Schools and Communities Act Amendments of 1989 (PL 101-226). The purpose of the policy is to inform faculty, administrative staff, Civil Service employees, and students about sources of information regarding the adverse effects of drug and alcohol abuse, to advise them of the counseling and rehabilitation services that are available, and to notify them of the disciplinary actions that may be taken by the University. Copies of this policy and related University guidelines are in the Faculty Handbook and Civil Service Handbook.

Work Environment

In compliance with the requirements of the federal Drug-Free Workplace Act of 1988 and the federal Drug-Free Schools and Communities Act Amendments of 1989, it is the policy of Western Illinois University that the unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance (as defined in Schedules I through V of Section 202 of the Controlled Substances Act, 21 U.S.C. 812) by employees in the workplace is prohibited. Violations of this prohibition by employees may result in the application of sanctions, including possible required participation in an approved drug abuse assistance or rehabilitation program,

referral for prosecution, and up to and including termination of employment under applicable Board of Trustees policies, university policies, statutes, employment contracts, or collective bargaining agreements.

The illegal use of controlled substances can seriously injure the health of employees, adversely impair the performance of their duties, and endanger the safety and well-being of fellow employees, students, and others. Any employee who appears to be under the influence of drugs and/or alcohol while on the job may be temporarily relieved of work responsibilities. When the employee returns for work, the supervisor will review and discuss with the employee the circumstances which caused the supervisor to direct that the employee be temporarily relieved of his/her work responsibilities. Possible outcomes of this discussion and review may include a recommendation that the employee seek counseling and/or the initiation of disciplinary action in accordance with applicable University policies and procedures.

Employees directly engaged in work under a federal grant or contract are required, as a condition of employment under the grant or contract, to:

1. Abide by the terms of this policy.
2. Notify their supervisors of any criminal drug statute conviction for a violation occurring in the workplace no later than five (5) calendar days after such conviction. Such convictions may result in the application of sanctions, as described above. The University will notify the granting or contracting federal agency within 10 calendar days of receiving notice of criminal drug statute conviction of any employee working on a federal grant or contract when said conviction involves a drug offense occurring in the workplace. A copy of this statement will be given to all employees assigned to work under a federal grant or contract.

Use and Possession of Alcoholic Beverages

Students and their guests, who are of legal age, as defined by Illinois statute, may possess or consume alcoholic beverages on University property only in certain designated locations which have been specified in accordance with the University's Residence Hall Handbook and Student Code of Conduct. Except for those University Union staff who have been properly licensed and authorized to sell and serve alcoholic beverages as specified by University policy. University faculty, administrative staff, Civil Service employees, students, and/or their guests may not affect the commercial delivery of alcoholic beverages for sale on University property.

Alcoholic beverages may be sold, served, and consumed at activities sponsored by off-campus groups in accordance with "Policies Governing the Sale and Provision of Alcoholic Beverages".

The possession of alcoholic beverages in open containers by any person is prohibited on University-owned or University-controlled property, except as specified by University policy.

The unlawful possession, use or distribution of alcoholic beverages by students and employees on institutional property or at any of its activities is prohibited.

Prohibited Drugs

Faculty, administrative staff, Civil Service employees, and/or students shall not manufacture, possess, use, deliver, sell, or distribute any substance prohibited by the Illinois Cannabis Control Act or the Illinois Controlled Substance Act, any other State statute, or any Federal statute, except as authorized by law, the Board of Trustees policies, and the policies of Western Illinois University.

The unlawful possession, use or distribution of illicit drugs by students and employees on institutional property or at any of its activities is prohibited.

Counseling and Support Services

Consistent with its mission as a public institution of higher education, Western Illinois University is committed to providing education about the effects of drugs and alcohol and assistance for victims of drug and alcohol abuse. In each of the residence halls, the University offers educational programs on substance abuse and provides referral services for students with drug and alcohol abuse problems. The University Counseling Center and Beu Health Center offer counseling to students with drug and alcohol abuse problems and to students with alcoholic parents. Health Sciences, Counseling Center, and Beu Health Center staff members also offer educational information and programs in classroom settings, for student living units, and for other student organizations.

The University encourages employees who know or believe they have a problem with the abuse of alcoholic beverages or the illegal use of controlled substances to seek professional advice and assistance. One source of assistance is the University's Employee Assistance Program (EAP).

If job performance is adversely affected by abuse of controlled substances, an employee may be referred to the EAP. Participation in the EAP is confidential and is encouraged by the University; however, it will not preclude normal disciplinary action or relieve an employee of responsibility for performing assigned duties in a safe and efficient manner.

Disciplinary Actions

Students who violate University policies concerning drugs and alcohol will be referred to the University Judicial System for disciplinary action in accordance with the Student Code of Conduct. In addition, student employees who violate University policies concerning drugs and alcohol may be subject to termination of employment.

Faculty, administrative staff, and Civil Service employees who violate University policies concerning drugs and alcohol may be subject to disciplinary action including termination of employment.

Faculty, administrative staff, Civil Service employees, and students are advised that violators of State or Federal law are also subject to criminal prosecution by State and/or Federal authorities.

B. Alcohol Policies and Implementation:

1. The table below provides links for additional information on Western Illinois University alcohol and other drug policies. All policies are included in print form of the Biennial Review (See **Appendix A**).

WIU Policy on Drug and Alcohol Abuse (8/10/1995)	http://www.wiu.edu/policies/drugalcohol.php
Drug Free Workplace Policy Statement (5/4/1989)	http://www.wiu.edu/policies/drugfree.php
Smoking/Tobacco Use Policy (11/12/2012)	http://wiu.edu/policies/smokingtobaccouse.php
Student Right-to-Know and Campus Security Act, and Drug-Free School and Communities Act Information (Approved prior 1998)	http://www.wiu.edu/policies/rtknow.php
Civil Service Handbook, appendix K - Drug and Alcohol Abuse Policy (July, 1990)	http://www.wiu.edu/hr/handbook/appendix_k.php
BOT Alcoholic Beverage Policy (11/16/2001)	http://www.wiu.edu/board_of_trustees/regulations/alcohol.php
Sale and Provision of Alcoholic Beverages, University Union Policy Manual (Revised August 2013)	http://www.wiu.edu/student_services/university_union/pdf/UUPolicyManual.pdf
Policy on Tailgate Area (Approved 09/06/2011)	http://www.wiu.edu/vpas/administrative_procedures_handbook/tailgate.php
Code of Student Conduct (2015-2016)	http://www.wiu.edu/student_services/student_judicial_programs/codeofconduct.php
Hazing Policy (Approved prior 1998)	http://www.wiu.edu/policies/hazing.php
Western Courier – Policies Concerning Alcohol Advertising (Approved 8/12/1991)	http://www.wiu.edu/policies/courier.php

Social Events Policy for Sororities and Fraternities (Revised Spring 2010)	http://www.wiu.edu/student_services/greek_life/forms_reports_and_policies/pdf/SocialEventPolicy.pdf
Residence Hall Policies and Procedures Handbook Leatherneck Living Guide	http://www.wiu.edu/student_services/housing/living_on_campus/pdf/LeatherneckLivingGuide2015-16.pdf
Graduate and Family Housing Handbook	http://www.wiu.edu/student_services/housing/graduate_family_housing/GFH_Handbook.pdf
Student Employment Handbook	http://www.wiu.edu/student_services/student_employment/handbook/
WIU Athletics Department Drug & Alcohol Education & Testing Program (Rev. 1/1/2014)	http://www.goleathernecks.com/documents/2016/3/2/DP_1.pdf?id=4044
Intramural Sports Policy on Alcohol, tobacco, and Drugs (updated Fall 2013)	http://www.wiu.edu/student_services/campus_recreation/intramurals/pdf/Handbook.pdf

2. In addition to the alcohol and drug policies at Western Illinois University (WIU), the City of Macomb has many Municipal Codes that pertain to alcohol and/or other drugs. The Mass Gatherings policy is important to note as this policy has assisted in preventing the continuation and growth of a large, off-campus, non-sanctioned, block party that had started a few years ago.

The full Macomb Mass Gathering policy can be found online by following the link : <http://www.cityofmacomb.com/pdf/Municipal%20Code%202012.pdf> (The Mass Gathering Policy will be in print form in **Appendix B**)

III. University Compliance with Federal Regulations:

A. Policy Distribution

Annual AOD Notification

http://www.wiu.edu/student_services/vpss/pdf/2015_drugBrochure.pdf

WIU's AOD policy is provided in print format to students through the Student Handbook, published as part of an annual calendar. In addition to the printed version all registered students receive an electronic notice through the existing Tele-STARS system. A copy of this notice can be found in the hard copy of this document (**See Appendix C**). The notice is sent out electronically after the tenth day of classes, which is the final day of registration this way WIU ensures all students received a copy of the policy.

All faculty/staff receive notice upon initial hire as part of new employee orientation materials. After the tenth day of classes during the Fall and Spring semesters, all faculty/staff also receives notice of the policy through the existing Tele-STARS system.

B. Legal Sanctions

Students who violate the Code of Student Conduct including alcohol and drug violations are subject to disciplinary proceedings by the University. Students found in violation of these policies receive sanctions ranging from censure to removal from the University community dependent upon the nature of the offense and previous disciplinary history. Usually participation in an alcohol or a drug education program is a requirement of the sanction if the offense involved alcohol or other drugs. The University may contact the parents of students under the age of 21 who are noted as financially dependent when the student has been found in violation of University policies on alcohol or drugs. Students may also face civil or criminal charges from local law enforcement agencies for alcohol violations on and off campus.

C. Health Risks Associated with Illicit Drug Use and Alcohol Use

Health risks associated with illicit drug use and alcohol use can be found by following the link, http://www.wiu.edu/student_services/vpss/pdf/2015_drugBrochure.pdf. A copy of this can also be found attached to the hard copy of this report in appendix C.

IV. Funding Sources:

Substance Abuse Prevention Education Grant

The Substance Abuse Prevention Education Grant is used to support alcohol and other drug programs and initiatives. It is funded through fines levied to students for alcohol and other drug policy violations. Requests for funding are reviewed by the Substance Abuse Prevention Education grant committee. The fund request form is found on-line at (**See Appendix D**): http://www.wiu.edu/student_services/aod/pdf/SAPEGrantProposalForm.pdf

Programs funded during this report period include:

Event:	Description:
Greek Life Six Pack Program August 22, 2014 IND-18	Students from fraternities and sororities handed out six packs of soda to new students throughout move-in weekend with information on making smart choices when it comes to alcohol and other potential substance use. This was a great way to get students out meeting students while sending a positive message about healthy choices and being a positive member of the Western Illinois University campus community.
Rocky After Dark, First Night Fun August 22, 2014	Rocky After Dar, First Night Fun is an opening day carnival to welcome new students to campus and start the year off with an entertaining event. The carnival includes rides, food, games, and music. The event provides fun activities for the new student and an alternative to the potential for alcohol use that often occurs at off-campus housing. It also provides an opportunity for students to meet one another, let go of the stresses of the first day in a new place and it has become a

IND-18	great tradition here at Western Illinois University. Education on alcohol is also provided.
B.A.C. Rootbeer Olympics August 28, 2014	The B.A.C. Rootbeer Olympics was hosted by the Alcohol and Other Drug Resource Center and the B.A.C. (Battle Alcohol Consequences) Squad Peer Education Group. The event was aimed at educating students on responsible decision making in regards to alcohol use, as well as educating them on the consequences associated with alcohol consumption. Students were encouraged to complete an obstacle course with use of the fatal vision goggles and were provided education at different stations along the way. The Office of Public Safety was present to educate students on the potential legal consequences associated with alcohol and other drug use. Upon completion of the obstacle course, each student was encouraged to answer a question and enter a raffle for prizes.
IND-18 Rock-N-Roller Skate October 31, 2014	<p>Rock-N-Roller Skate was a late night activity in which the Spencer Recreation Center transformed into a Rock-N-Roller Skate Arena. The event was entirely free of charge and students used rented skates for free at the facility. Students are encouraged to dress up in their best rock-n-roll costumes and come out with groups, dates, or floor mates. Most importantly, though, students are offered a non-alcoholic evening here on campus.</p> <p>In addition to these objectives, the Campus Recreation staff wants students to leave the Spencer SRC with a better understanding of the consequences of using drugs and alcohol, and the benefits of staying substance free. Alcohol and Other Drugs Resource Center was at the event and had information, activities, and games (bags, impaired vision goggles, etc.) throughout the evening to educate students on ways to achieve their own healthy lifestyles.</p>
IND-18 Club Wetzel November 6, 2014	Club Wetzel was a late night event hosted by Inter-Hall Council. It was a club-like atmosphere with dancing, socializing, and mock-tails. Office of Public Safety (OPS) was present and educating on the dangers of drinking and driving as well as the dangers of drinking in the residence halls. OPS utilized fatal vision goggles and a golf cart to highlight the risks of drinking and driving. AOD Resource Center (AODRC) was also present. AODRC provided basic alcohol education (e.g. standard drink sizes, how to calculate a BAC, safe BAC level, etc.).
IND-18 Great American Smoke Out November 20, 2014	Great American Smoke Out event was hosted by Beu Health Education with collaboration from multiple offices and

<p>NIAA Tier III</p>	<p>organizations on campus. This event took a multi-component education-focused approach to educated students on the toxic content of tobacco, consequences of tobacco use, and tobacco cessation resources on and off campus. A table fair was held in the University Union to provide students with the above education. Additionally, there was a display of cigarette butts that had been collected throughout campus to provide a visual image of the environmental impact of cigarette butts along with verbal and written education on the environmental impact of cigarette butts and second hand smoke. Throughout the day student “ambassadors” were stationed at various building entrances to educate on the current smoking policy.</p> <p>Lastly, at this event a proclamation was signed by WIU President, Dr. Thomas; Vice President of Student Services, Dr. Gary Biller; Macomb Mayor, Mike Inman; and Student Government Association President, David Dunn.</p>
<p>Midnight Mardi Gras February 13, 2015</p> <p>IND-18</p>	<p>Campus Recreation hosted a Midnight Mardi Gras event. The event was a late night dance party held at the Spencer Student Recreation center to celebrate Mardi Gras. During the event Campus Recreation provided several activities in addition to dancing. Some of those events were mask decorating, making mock tails, costume competitions, battle ship in the Aquatic Center and traditional Mardi Gras activities. Prizes were issued to those in the costume, battle ship, and dance competitions.</p> <p>Campus Recreation also emphasized alcohol awareness through several educational activities. One of which was in conjunction with the mock tails, they quizzed students to see how much they actually knew about the amount of alcohol in standard drinks. They also handed out recipe cards for the mock tails with campus resources printed on one side and upload the recipes to their website after the event. The Alcohol and Other Drugs Resource Center was at the event and had information, activities, and games (baggo, impaired vision goggles, etc.) throughout the evening educating students on ways to achieve their own healthy lifestyles.</p>
<p>Super Smash Legends of the Rec February 27, 2015</p>	<p>Spencer Recreation Center hosted the Super Smash Bros tournament with collaboration from the Alcohol and Other Drug Resource Center (AODRC). This event was a late night alternative event for “gamers.” The purpose was to offer many students who have never utilized the Rec Center an opportunity to experience it within their comfort zone at an alcohol free</p>

IND-18	event. AODRC provided basic alcohol education through an interactive game.
Bubble Soccer Tournament March 31- April 1, 2015	Bubble Soccer Tournament was held by students in the RPTA Departments' Camp Leadership course. It was a tournament to raise money for Camp Rocky, a free camp for kids in the local area. At the tournament students were given information on upcoming alcohol free events as well as other activities, clubs, and organizations they could get involved in. The Alcohol and Other Drug Resource Center (AOD) was also present at this tournament. AOD provided education on the harmful effects of alcohol on judgement and how to calculate a BAC as well as tips on drinking responsibly.
IND-18 Get Yourself Tested (GYT) April 14, 2015	GYT was hosted by Beu Health Center with collaboration from Alcohol and Other Drug Resource Center (AOD) and Beu Health Education. This event was aimed at educating students on how alcohol and sexually transmitted infections (STIs) correlate with one another, knowledge about different types of STIs, and raising awareness about knowing your status by offering free STI testing. Specifically, the alcohol education component focused on the effects of alcohol on judgement, ability to give consent under the influence, and other basic alcohol information.
IND-18 Horn Field Campus Project Climb to Success April 21, 2015 NIAA Tier I	The goal of collaboration with Horn Field Campus was to reduce the substance use of Western Illinois University's AODRC clients, in addition to increasing awareness of alternatives to substance use. Having AODRC clients experience the high ropes course or climb provides exposure to alternatives to substance use but also provides a challenge to our clients. Even small challenges such as a climbing wall or a high ropes course can result in growth, self-reliance, increased self-esteem and ultimately better choices in the interest of self-care. Once per semester eligible students involved in Early Intervention and/or Level I Treatment participate.
Thirsty Thursday April 23, 2015	Thirsty Thursday was an event held in Grote Residence Hall and hosted by the RAs. The setting was a party scene with mock-tails and root beer floats. They staged a scene where a student actor passes out from consuming too much alcohol. OPS (Office of Public Safety) and WEMS (Western Emergency Medical Services) arrive on site and conduct their normal procedures as if it was an actual emergency event occurring. Once OPS and WEMS complete their procedures, OPS provided education on the consequences of a DUI and the costs associated with it. The purpose of the event was to show

IND-18	students what happens in an alcohol emergency and educate them on the dangers of consuming too much alcohol with the hopes of them consuming responsibly in the future.
Six Pack Program August 21, 2015	Students from fraternities and sororities hand out six packs of soda to new students throughout move-in weekend with information on making smart choices when it comes to alcohol and other potential substance use. This is a great way to get students out meeting students while sending a positive message about healthy choices and being a positive member of the Western Illinois University campus community.
IND-18	
Rocky After Dark, First Night Fun August 21, 2015	Rocky After Dar, First Night Fun is an opening day carnival to welcome new students to campus and start the year off with an entertaining event. The carnival includes rides, food, games, and music. The event provides fun activities for the new student and an alternative to the potential for alcohol use that often occurs at off-campus housing. It also provides an opportunity for students to meet one another, let go of the stresses of the first day in a new place and it has become a great tradition here at Western Illinois University. Education on alcohol is also provided.
IND-18	
BAC Rootbeer Olympics August 27, 2015	The B.A.C. Rootbeer Olympics was hosted by the Alcohol and Other Drug Resource Center and the B.A.C. (Battle Alcohol Consequences) Squad Peer Education Group. The event was aimed at educating students on responsible decision making in regards to alcohol use, as well as educating them on the consequences associated with alcohol consumption. Students were encouraged to stop by different stations in which education was provided. Stations included information on standard drink sizes, blood alcohol content (bac) and impact of bac levels on functioning, as well as ways to lower risks should they choose to consume alcohol. The Office of Public Safety was present to educate students on the potential legal consequences associated with alcohol and other drug use. Upon completion of each station, students were encouraged to answer a question and enter a raffle for prizes.
IND-18	
Super Smash Legends of the Rec October 24, 2015	Spencer Recreation Center hosted the Super Smash Bros tournament with collaboration from the Alcohol and Other Drug Resource Center (AODRC). This event was a late night alternative event for “gamers.” The purpose was to offer many students who have never utilized the Rec Center an opportunity to experience it within their comfort zone at an alcohol free event. AODRC provided basic alcohol education through an interactive game.
IND-18	

<p>Indoor World Cup Soccer/Badminton and Table Tennis Contest November 13-November 14, 2015</p> <p>IND-18</p>	<p>The Indoor World Cup Soccer/Badminton and Table Tennis Contest was hosted by Campus Rec Center with collaboration from the Center for International Studies. This event was a fundraiser for Mercy Corps (http://www.mercycorps.org/). An international organization that helps people around the world survive and thrive after conflict, crises, and natural disasters. The Alcohol and Other Drug Resource Center was also present at this event educating the students on standard drink sizes, BACs, etc.</p>
<p>Great American Smoke Out November 19, 2015</p> <p>NIAA Tier III</p>	<p>Great American Smoke Out event was hosted by Beu Health Education with collaboration from multiple offices and organizations on campus. This event took a multi-component education-focused approach to educate students on the toxic content of tobacco, consequences of tobacco use, effects of second hand smoke, and tobacco cessation resources on and off campus. A table fair was held in the University Union to provide students with the above education. Throughout the day student “ambassadors” were stationed at various building entrances to educate on the new smoking policy (Smoke Free Campus).</p>
<p>The Power of Blood December 3, 2015</p> <p>IND-18</p>	<p>The Power of Blood event was hosted by the Campus Health Collaboration (Beu Health Center, Campus Rec, School of Nursing, & Dietetics). There were many collaborators for this event. The focus of the event was to provide education on healthy choices/impacts on our blood. There were interactive, educational tables, a variety of screenings connected to this topic as well as the opportunity to participate in a Blood Drive. The Alcohol and Other Drug Resource Center (AOD) was one of the collaborating offices. AOD provided education on how to calculate a BAC (Blood Alcohol Concentration), standard drink sizes, etc.</p>
<p>Study Smart December 13, 2015</p> <p>NIAA Tier III</p>	<p>This event was held in the Malpass Library on Sunday night before finals. This activity targeted Western Illinois University students' health during finals week. Specifically this event provided education in a multi-component education-focused approach to educate students about the misuse of prescription stimulant drugs like Adderall when studying and offered healthy alternatives to boost study habits. Possible legal consequences for possession were also discussed at this event.</p>
<p>Midnight Mardi Gras February 5, 2016</p>	<p>Campus Recreation hosted a Midnight Mardi Gras event. The late night event centered on the celebration of Mardi Gras with roller skating, limbo competition, balloon drop, etc. There was also a mock-tail activity. The Alcohol and Other Drugs Resource Center was at the event and had information, activities, and</p>

IND-18	games (baggo, impaired vision goggles, etc.) throughout the evening educating students on ways to achieve their own healthy lifestyles.
Thirsty Thursday February 25, 2016 IND-18	Thirsty Thursday was an event held in Grote Residence Hall and hosted by the RAs. The setting was a party scene with mock-tails and root beer floats. They staged a scene where a student actor passes out from consuming too much alcohol. OPS (Office of Public Safety) and WEMS (Western Emergency Medical Services) arrive on site and conduct their normal procedures as if it was an actual emergency event occurring. Once OPS and WEMS complete their procedures, OPS provided education on the consequences of a DUI and the costs associated with it. The purpose of the event was to show students what happens in an alcohol emergency and educate them on the dangers of consuming too much alcohol with the hopes of them consuming responsibly in the future.
Get Yourself Tested (GYT) April 6, 2016 IND-18	GYT was hosted by Beu Health Center with collaboration from Alcohol and Other Drug Resource Center (AOD) and Beu Health Education. This event was aimed at educating students on how alcohol and sexually transmitted infections (STIs) correlate with one another, knowledge about different types of STIs, and raising awareness about knowing your status by offering free STI testing. Specifically, the alcohol education component focused on the effects of alcohol on judgement, ability to give consent under the influence, and other basic alcohol information.
Horn Field Campus Project Climb to Success April 19, 2016 NIAAA Tier III	The goal of collaboration with Horn Field Campus was to reduce the substance use of Western Illinois University's AODRC clients, in addition to increasing awareness of alternatives to substance use. Having AODRC clients experience the high ropes course or climb provides exposure to alternatives to substance use but also provides a challenge to our clients. Even small challenges such as a climbing wall or a high ropes course can result in growth, self-reliance, increased self-esteem and ultimately better choices in the interest of self-care. Once per semester eligible students involved in Early Intervention and/or Level I Treatment participate.

V. Beu Health Center

Beu Health Center is an accredited full service medical clinic offering quality outpatient health care, student health insurance and health and wellness education to registered Western Illinois

University students. At Beu Health Center, students' individual needs are attended to in a confidential and caring manner.

***IND 24**

A. Health Education

Outreach programs, as well as individual consultations regarding specific health issues, are available to WIU students. Professional staff and student health educators provide a wide variety of workshops, presentations and services to promote individual and community health. There are no fees for services.

1. Tobacco Prevention Education and Cessation:

Tobacco Prevention Education/Marketing & Promotion & Special Events

Funding through the Live Free Tobacco Free! grant ended in 2010 however many of the goals and strategies have remained in place. These goals are to address the impact of tobacco use, second hand smoke, e-cigarettes, and hookah through tobacco education, to increase tobacco cessation referrals to Beu Health Center and the Illinois Tobacco Quitline. An additional long range Live Free Tobacco Free goal of advocating for a tobacco free campus gained momentum during this time period. Campus awareness events providing tobacco education have included the Great American Smoke out, Love Your Body Day, Kick Butts Day, Relay for Life, Minority Health Fair, Environmental Summit, and Health and Fitness Fair. Venues for tobacco education and resource sharing have included classroom presentations, First Year Experience, Resident Assistant training, Greek housing, University Counseling Center, Campus Recreation and faculty/staff outreach through the Employee Wellness committee. Tobacco Prevention also included media promotion for tobacco education through Stall Talk (health and wellness flyer), Student Health 101 on-line magazine, WIU Broadcasting (Channel 3), Western Courier (campus newspaper) Telestars messages, Western Hall marquee, table tents, social media (Facebook and Twitter), and McDonough County Voice (local newspaper).

Other Events:

- Research and Service learning projects:
 - Student tobacco research for Undergraduate Research Day (2015)
- Great American Smoke-out:
 - Tobacco education and promotion of the Illinois Tobacco Quitline with collaboration of Inter-Hall Council, Colleges Against Cancer, McDonough County Health Department, McDonough District Hospital.
 - Proclamation signing by WIU President and Macomb Mayor
- Kick Butts Day events: Cigarette butt pick up event (Residence hall students) to educate community on the environmental impact of cigarette butts and the impact of second-hand smoke.
- Environmental Summit=annual event: Display on the environmental impact of cigarette butts

- The Beu Health Education Coordinator continued to work closely with the American Lung Association and the American Cancer Society to advocate for the Illinois Smoke Free Campus Act. The legislation was passed on May 31, 2014 with an implementation date of July 1, 2015.
 - A Smoke Free Campus task force was formed to develop education and marketing to the WIU campus. The Health Education Coordinator and Beu Director served on this task force.

***Similar to IND 18 except it is tobacco focused; NIAAA Tier III**

Tobacco Cessation

All patients seen at Beu Health Center for Evaluation/Management are screened for Tobacco use. Patients seeking to quit or reduce tobacco use are referred for free cessation counseling. Beu Health Center offers a program that helps patients understand the smoking addiction and recovery process. Patients learn how to assess their reasons for tobacco use and motivations for quitting. Education offered during individual sessions assists the student in looking at reasons for use, barriers to quitting, and a plan for cessation and maintenance.

Collaboration with the Department of Health Sciences classes provides extra-credit opportunity for students to “Quit for a Day”. This project involves students doing short term cessation counseling so that they can explore the cessation process.

*** Similar to IND 9 & 15 except it is tobacco focused; NIAAA Tier III**

2. **Peer Education:**

Bacchus Network

WIU is an affiliate of the BACCHUS Network™, a university and community based network focusing on comprehensive health and safety initiatives. The BACCHUS mission is to “actively promote student and young adult based, campus and community-wide leadership on healthy and safe lifestyle decisions concerning alcohol abuse, tobacco use, illegal drug use, unhealthy sexual practices and other high-risk behaviors.”

***IND 14, 18; NIAAA Tier I/Tier III/Tier IV**

Student’s TALK Peer Educators

Utilizing the BACCHUS Network resources, student peer educators receive intensive training on such topics as communication, listening skills, responding and referral/intervention skills, bystander intervention, time management, stress management, community and campus resources, role modeling and ethics. Upon successful completion of training, students may become Certified Peer Educators. Peer Educators provide presentations in the residence halls, Greek housing and classrooms and are involved in various health awareness campaigns on campus, including alcohol and other drugs. Each semester 15-20 students are engaged in Student’s TALK.

***IND 14, 18; NIAAA Tier I/Tier III/Tier IV**

B. Alcohol and Other Drug (AOD) Resource Center

The AOD Resource Center addresses alcohol and other drug use at Western Illinois University (WIU) by providing direct service in assessment, education, and treatment as well as developing and participating in outreach and prevention activities on and off-campus.

1. Prevention Services:

The AOD Resource Center Prevention and Outreach Program continues to expand its services to the Western Illinois University (WIU) campus community, in addition to becoming known and utilized in the Macomb community as a whole. The Prevention and Outreach Program provides on campus educational presentations and throughout the Fall 2014 through Spring 2016 it created and facilitated Alcohol and Other Drug Resource Center sponsored events including but not limited to the Rootbeer Olympics, Safe Tailgate, and Study Smart. The Step Up Bystander Intervention Training program was initiated in Fall 2011 and has continued to be a great training that occurs at least one time per semester. Prevention efforts expanded online through the WIU Student Health 101 on-line magazine starting Fall of 2013. AOD topics were discussed throughout the magazine in various months either through the customized WIU pages or the Student Health 101 published pages. Readership for this magazine has ranged from 1000 to 2,500+ per month during the 2014-2015 academic year. However, due to budget deficits the subscription was not continued after May 2015. The Alcohol and Other Drug Resource Center Annual Prevention Report speaks to the many efforts completed and can be found as an attachment to the hard copy of this report (**See Appendix E**).

A. Online Assessment Tools:

E-Chug

Electronic Check Up and Go (e-Chug) developed by San Diego State University, is an online alcohol and intervention tool provided free of charge by Beu Health Center to the campus community since 2004. The link <https://interwork.sdsu.edu/echug2/?id=WIU> is provided at the Beu Health Center web site and other campus sites including the University Counseling Center (UCC) and Alcohol and Other Drug (AOD) Resource Center. This tool is used by the AOD Resource Center and UCC in conjunction with brief motivational interviewing to assist students in assessing their alcohol consumption. It has also been integrated into curriculum by some instructors.

***IND 21**

E-Toke

The electronic THC Online Knowledge Experience (e-TOKE) developed by San Diego State University is a marijuana-specific brief assessment and feedback tool designed to reduce marijuana use among college students. It also provides some education on alcohol. This assessment is provided free of charge to the campus community through the Beu Health

Center. The link <http://interwork.sdsu.edu/etoke/index.php?id=WIU> is hosted at the Beu Health Services web site, as well as to the University Counseling Center and AOD Resource Center web sites. It is also promoted during various presentations and events across campus.

***IND 21; NIAAA Tier I/Tier III**

B. Other Prevention Initiatives:

Step Up Bystander Intervention Training

Western Illinois University Alcohol and Other Drug Resource Center introduced the Step Up Program, a prosocial behavior and bystander intervention training program with an additional educational component on alcohol Fall 2011. This program was developed by the University of Arizona C.A.T.S. Life Skills Program to promote helping behaviors amongst students.

The goals of Step UP! are to:

- Raise awareness of helping behaviors
- Increase motivation to help
- Develop skills and confidence when responding to problems or concerns
- Ensure the safety and well-being of self and others

The Step Up Program has been offered at least one time each semester during the 2014-2015 and 2015-2016 academic years.

***IND 18, ENV 6**

C. Peer Education:

BAC (Battle Alcohol Consequences) Squad (AOD specific Peer Education Group)

The Alcohol and Other Drug Resource Center initiated recruitment for an alcohol and other drug specific peer education group, the BAC (Battle Alcohol Consequences) Squad, Fall 2009. The mission of the BAC Squad is to educate students, faculty, and the greater community as a whole on healthy and responsible decision making in regards to alcohol and other drug consumption, to create and support alternatives to alcohol and other drug use on and off campus, and to promote positive behavior changes. Peer educators are trained with a modified version of the Bacchus CPE Kit. Training topics include listening skills, power of peer education, strategies for change, intervention skills, specific alcohol and other drug prevention and intervention knowledge/techniques, etc. BAC Squad members provide presentations on campus, as well as participate and plan alternative activities.

***IND 18**

D. Total Prevention Services:

	Fall 2014	Spring 2015	Fall 2015	Spring 2016
Prevention Activities	51	24	50	34

2. Intervention Services:

Alcohol and Other Drugs (AOD) Resource Center

The AOD Resource Center is a state licensed facility for Early Intervention education and Level I Outpatient treatment with dual-diagnosis capability. AOD Resource Center also provides Secretary of State Services such as DUI Evaluations, Updates, Investigative Reports, and Driver's Risk Education.

***IND 9, 15, 16, 23**

The following table provides information on the extent of services provided:

	Fall 2014	Spring 2015	Fall 2015	Spring 2016
Direct Service hours Total (Individual and Group)	616	809	514.25	415.75
DUI services (Includes SOSIR)	25	30	11	14
Number of people enrolled in DUI Risk Education	14	17	11	6

VI. Student Development and Orientation:

1. Student Development Office

Student Development Office (SDO) assists students through their transitional periods focusing on academic and personal development. SDO's developmental approach emphasizes personal responsibility and helping students learn to help themselves. Each year SDO sends new students a telestars with a link for the Interpersonal Violence Prevention Education Module, which has information regarding alcohol/drug safety as it relates to sexual assaults. The telestars email can be found in **Appendix F** in the hard copy report.

2. Student Orientation and Registration (SOAR)

Information regarding alcohol and other drugs is incorporated throughout the SOAR program. Families/guests have the opportunity to attend a session from the Beu Health Center, which includes information about its services, including the Alcohol and Other Drug Resource Center. The students have specific times throughout the program to sit and have "hot topic" conversations with the Orientation Leaders. Such topics include alcohol, drugs, etc.

3. Orientation Week Event

The Alcohol and Other Drug Resource Center and the BAC (Battle Alcohol Consequences) Squad funded by the Substance Abuse Prevention Education grant and Beu Health Center hosts an annual event titled the “BAC Rootbeer Olympics” during the first week of classes in August. AODRC staff, BAC Squad members and Office of Public Safety officers educate students on standard drink sizes, BAC levels, and protective factors for drinking, as well as legal consequences associated with alcohol and other drug use. Students receive incentives for participating and root beer floats are provided.

***IND 18; NIAAA Tier III**

VII. University Housing and Dining Services:

Hall Staff Training

UHDS staff, including Resident Assistants, Hall Directors, Complex Directors and support staff attend annual retreat/training sessions prior to the beginning of each school year (8/12/2014 & 8/11/2015). Topics in the training include alcohol and other drug education, enforcement of policy violations, and crises management.

Targeted Prevention Programming

Educational and alternative programming is provided on an ongoing basis within University Housing. Programmers include Certified Peer Educators, Resident Assistants, Hall staff and Guest speakers. Topics include risk reduction, awareness, social norms and legal consequences. A short list of specific programs for 2015-2016 are below (There were similar programs completed in 2014-2015):

Drunk Mario Kart, 9/23/2015

Alcohol awareness event. Small event focusing on the dangers of drunk driving.

Party or Go Home, 9/30/2016

Alcohol and Other Drug Awareness Event. Small event focusing on socialization and safety in college.

Fatal Vision Goggles and Golf Carts, 10/25/2015

Alcohol awareness event. Small event focusing on the dangers of drunk driving.

Fun with Alcohol, 10/28/2016

Alcohol and Other Drug Awareness Event. Small event focusing on socialization and safety in college

The Dangers of Tobacco Use, 10/28/2016

Tobacco awareness event. Small session focusing on the effects of smoking.

Alcohol and Academics, 11/15/2016

Alcohol awareness event. Small session focusing on the academic effects of recreational alcohol use.

Drunk Mario Kart, 11/18/2015

Alcohol awareness event. Small event focusing on the dangers of drunk driving.

Sips and Tips, 12/8/2015

Alcohol awareness event. Small event focusing on how to drink responsibly based on BAC levels.

Drunk Goggles with OPS, 1/28/2016

Alcohol awareness event. Small event focusing on the dangers of intoxicated behaviors.

Heads Up, Drugged Up, 2/9/2016

Drug awareness event. Small event focusing on the dangers of drugged beverages.

Mocktail and More, 2/18/2016

IHC (Inter Hall Council) event in Thompson Hall with socializing and mocktails, highlighting moderation and safety at social events.

Thirsty Thursday, 3/3/2016

Alcohol awareness event. Small event focusing on the impact of mixing alcohol.

What are you Drinking, 3/9/2016

Alcohol awareness event. Small event focusing on how to drink responsibly based on BAC levels.

Don't Drink and Drive, 3/28/2016

Alcohol awareness event. Small event focusing on the dangers of drunk driving.

The Effects of Drugs and Alcohol, 3/30/2016

Drug and Alcohol awareness event. Small session focusing on the long-term effects of recreational drug and alcohol use.

Drinking Awareness, 4/25/2016

Alcohol awareness event. Small event focusing on how to drink responsibly based on BAC levels.

***IND 1, 14, 18, ENV 2; NIAA Tier III**

Club Wetzel

Wetzel Hall was known for its program entitled *Club Wetzel*. This mock party environment helps students understand the effects of alcohol and drug use as well as the consequences of their

actions. Many students attend this event each fall semester. Even though Wetzel Hall closed at the end of Spring 2009 semester the Inter-Hall Council has picked up the program and continued to offer it at a new venue.

***IND18, ENV 2**

VIII. Greek Life

The core purpose of each fraternity and sorority is to create better men and women through leadership, service, scholarship, and social opportunities. Although each chapter is unique, every organization promotes similar values and ideals. Western Illinois University is proud of its strong Greek tradition. We offer 15 national fraternities and 11 national sororities for students to choose from. Members of our organizations are heavily involved in campus and community organizations as well as in all-Greek committees like Greek Week, Rho Lambda and Order of Omega.

Mission Statement

Greek Life Programs in the Office of Student Activities at Western Illinois University, in support of a diverse and thriving fraternity and sorority community, will provide opportunities and resources to assist in the learning and development of students as members of self-governing and values based organizations while promoting positive and active citizenship, informed decisions and empowerment to make meaningful contributions to university and local community.

Core Values (1 of 5: Created Spring 2013)

Accountability:

In our community we believe we share a set of common values. We work together as peers and as a community to support each other and hold each other accountable according to University standards, council standards, and each chapter's standards and values.

Learning Outcomes (1 of 7: Created Spring 2013)

Accountability Learning Outcome:

The members of WIU Greek community will be able to recognize what accountability means to themselves, their chapter, council, and the greater community and apply it into their daily actions.

IFC/PHC Risk Manager Roundtable

All fraternities/sororities are to be in compliance with their international policies for the distribution of alcohol. Before hosting an event, at the start of each semester, the President, Risk Manager, and Social Chair(s) of each chapter will attend the Greek Life Risk Management Round-table. If a chapter does not participate they will not be allowed to host an event with alcohol until they complete the necessary training with the Greek Life Risk Management Committee.

ENV- 9; NIAAA Tier II/Tier IV

Six-Pack Program

All new freshmen are provided with a 6-pack of soda products on move-in day. Information about the facts and myths of alcohol are included. Greek Life members distribute the education. FY16 was the final year this program was hosted on move-in day. It will be moved to coordinate with the University 100 courses AOD Module in the future.

***IND 1**

Policies

Each individual council and organization has a policy that prohibits the use of alcohol during recruitment events. The Greek Life Programs Handbook also has a Social Event Management Policy. This handbook can be found in the hard copy of this report in **Appendix G**.

Programs

- CL Lindsay (Co-Sponsored with UUB): Program centered around social media use which included how students post online regarding alcohol usage. Laws applicable to online postings also discussed.
- Hazing Prevention Week (Co-Sponsored with Athletics): Week consisted of educational and social programs that highlight the dangers associated with hazing, including the forced consumption of alcohol.

***IND 14, 18**

IX. Athletics:

The Athletics Department produces a yearly Student Athlete Handbook, which includes a Drug and Alcohol Policy, Drug Testing Protocol and Alcohol Abuse Policy. The department conducts educational programs through the Life Skills program, usually every other year. In the fall of 2014, student athletes that participate in SAAC (Student Athlete Advisory Committee) attended an alcohol education presentation by the AOD Resource Center. This presentation covered topics such as the pressures of drinking on a college campus and the effects of high levels of consumption. In the spring of 2016, WIU athletics brought in Lauren Link, a nutritionist from

Purdue University to speak to student athletes about the effects of alcohol and other drugs and how these can affect performance and the overall health of the body.

***IND 1, 14, 18; NIAAA Tier I/Tier III**

Drug Testing

WIU athletics is involved in two types of drug testing programs, the WIU program and the NCAA drug testing program. The WIU drug testing program occurs 1-2 times per semester or 3-4 times each academic year and the NCAA program happens yearly. The WIU program involves testing a student athlete from most sports, whereas the NCAA usually tests Football, Baseball and possibly one other sport one to two times during the year. See the table below for testing statistics.

	Number of student athletes tested	Positive tests with AOD referrals
Fall 2014	64	3 Positive Tests/ 3 AOD Referrals
Spring 2015	63	3 Positive Tests/ 3 AOD Referrals
Fall 2015	57	2 Positive Tests/ 2 AOD Referrals
Spring 2016	57	4 Positive Tests/ 4 AOD Referrals

***Tier III**

X. Other Alternate Activities:

Late Night Programming

The Office of Student Activities, University Union, and Spencer Recreation Center provide numerous late night/alternative alcohol-free activities with collaboration and assistance from the Alcohol and Other Drug Resource Center as appropriate. Activities that are provided are listed below and are scheduled on multiple days of the week in the evening as an alternative to alcohol use. VPSS provided additional funds to support various events.

Please see below for a list of the activities provided during Fall of 2014- Spring of 2016 report period by the Office of Student Actives and Spencer Recreation Center:

Fall 2014-Spring 2015	Date	Time
Rocky After Dark: First Night	August 22, 2014	8-11 PM

David Hall Hypnotist	August 23, 2014	8pm
Outdoor Movie (Godzilla)	August 24, 2014	3pm
Kickin it at WIU Kickball Tournament (Rec Center)	August 26, 2014	8-11pm
Adam Pate (Caricature Artist)	September 2, 2014	3pm
Joseph Tran (Magician)	September 2, 2014	7pm
UUB Zone	September 3, 2014	11-2pm
Movie (Maleficent)	September 4, 2014	8pm
What Matters (Poverty Awareness Speakers)	September 10, 2014	7pm
Family Day Concert (Rick Springfield)	September 13, 2014	12pm
Family Day Event (Rec Center) (Bags, Ladder Golf, Basketball, Human Size Pong, Face Painting)	September 14, 2014	1-4pm
Light Up the Night	September 19, 2014	7-10pm
Homecoming Kickoff	September 29, 2014	11-2pm
Homecoming Variety Show	September 30, 2014	6-9pm
Homecoming Yell Like Hell	October 2, 2014	7-9pm
Movie (Deliver Us From Evil)	October 15, 2014	8pm
Movie (Expendables III)	October 18, 2014	8pm
Boo-tacular bingo	October 25, 2014	8-10pm
Rocky After Dark w/Campus Rec	October 31, 2014	8pm
Halloween Skate (Rec Center)		Rec-9pm-12am
Movie (22 Jump Street)	November 13, 2014	8pm

Kickin It for Kibera	December 6	12-5pm
Christian Finnegan	January 30, 2015	8pm
Mieka Pauley Concert	February 5, 2015	7pm
Movie (Big Hero Six)	February 13, 2015	8pm
Midnight Mardi Gras (Rec Center)	February 13, 2015	9pm-12am
Ebony Stweart	February 25, 2015	7pm
Best Week Ever (BWE) Trivia Night	March 2, 2015	6pm
BWE Movie (Horrible Bosses)	March 3, 2015	8pm
BWE Chase Rice Concert	March 4, 2015	7pm
BWE RJ Mitte	March 5, 2015	7pm
BWE Open Mic Night	March 6, 2015	9pm
Chris D'Elia Comedian	March 25, 2015	7pm
Mom's Weekend Big Pink Volleyball (Rec Center)	March 28, 2015	7-9pm
Mom's Weekend Bingo	March 28, 2015	8pm
Movie (St Vincent)	April 1, 2015	8pm
Open Mic Night	April 3, 2015	9pm
Jackie Robinson Wiffleball Tournament (Rec Center)	April 15, 2015	5-8pm
Movie (Inherent Vice)	April 17, 2015	8pm
Sib's Weekend Movie (Lego Movie)	April 18, 2015	7pm
Two Worlds Concert	April 22, 2015	8pm

West Fest (Rec Center)	April 24, 2015	4-9pm
Rocky After Dark: Rec Center	April 24, 2015	8-11pm
Paintball	April 25, 2015	12-4pm
Movie (Mockingjay Part 1)	May 1, 2015	6pm
Fall 2015-Spring 2016	Date	Time
Rocky After Dark Carnival	August 21, 2015	8-11 PM
David Hall Hypnotist	August 22, 2015	7PM
Light Up the Night	August 22, 2015	9-11
CL Lindsay	September 8, 2015	6pm
Outdoor Movie (Fast 7)	September 16, 2015	8pm
Dads Day Homerun Derby (Rec Center)	September 19, 2015	1:30-3:30pm
Movie	September 24, 2015	7pm
Homecoming Kickoff Event	September 28, 2015	11-2pm
Homecoming Variety Show	September 29, 2015	6-9pm
Homecoming Yell Like Hell	October 1, 2015	7-9pm
Movie	October 6, 2015	7pm
Family Day Concert: Styx	October 10, 2015	1-3pm
Super Smash Bros Tournament (Rec Center)	October 24, 2015	1-7pm
Movie	October 27, 2015	7pm
Movie	November 3, 2015	7pm

Movie	November 17, 2015	7pm
Bingo	December 2, 2015	7-9:30
Bingo	December 5, 2015	7pm
Spring Orientation Week Ice Skating	January 21, 2016	7pm
Glow Games (Rec Center)	January 22, 2016	9pm-12am
Movie (Wet Hot American Summer w/RPTA)	January 27, 2016	7pm
Midnight Mardis Gras (Rec Center)	February 15, 2016	9pm-12am
Think Fast Trivia	February 17, 2016	7-9pm
Movie (Creed)	February 25, 2016	7pm
Post Paddy's Day Pub Night Trivia (Rec Center)	March 21, 2016	7pm-9pm
Best Week Ever (BWE) Movie (Daddy's Home)	March 21, 2016	7pm
BWE Casino Night	March 22, 2016	7-9pm
BWE Tron Laser Tag	March 23, 2016	7pm
BWE David Hall Hypnotist	March 24, 2016	7pm
Movie (Sisters)	March 30, 2016	7pm
Mom's Day Big Pink Volleyball (Rec Center)	April 2, 2016	3-5pm
Mom's Weekend Bingo	April 2, 2016	8-10pm
Jackie Robinson Wiffleball Tournament (Rec Center)	April 15, 2016	5-8pm
Sib's Weekend Movie (Good Dinosaur)	April 16, 2016	7pm
UHDS Box City Movie	April 23, 2016	8pm

Movie (Star Wars)	May 4, 2016	7pm
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***ENV 2; NIAAA Tier IV**

XI. Academics:

A. First Year Experience:

The First Year Experience (FYE) Program Synopsis:

FYE is a comprehensive approach to ensure first year students make a successful transition to college. Through participation in the First Year Experience, the university has the following primary goals for students:

- Goal 1: Demonstrate the acquisition of skills for academic achievement.
- Goal 2: Be aware of resources and policies, including how to access them and what they are, in order to succeed and use them when appropriate for success.
- Goal 3: Continue building supportive academic, emotional, and social networks.
- Goal 4: Engage in and demonstrate respectful and appropriate interactions within your communities.
- Goal 5: Explore your values, experiences, and beliefs to begin developing a sense of self.
- Goal 6: Demonstrate a desire and interest in continuing your education.

The First Year Experience was reviewed and reformatted from Fall 2011 up until Spring of 2013. The actual implementation of the revised program occurred beginning in Fall 2013. The FYE program has two courses, UNIV 100 and a general education or pre-professional course, both of which are taken in the fall semester.

University 100 is designed to help the students make a successful transition to the university and help students learn to live well focusing on the various dimensions of the wellness wheel including emotional, physical, social/civic, and intellectual wellness.

Programs/Initiatives

Each week in UNIV 100, one of the dimensions of wellness are focused upon in the course. The FYE program dedicates one week each semester to the course topic of Managing Your Health (AOD Awareness, making good health choices). The UNIV 100 course instructors cover this topic differently but they all cover the topic. This ensures that all first year students receive information regarding the managing of their health.

Some of the engaging ways instructors cover this topic include:

- A. Our FYE instructors have access to resources for the course and among this past year's resources, these were the ones included:

Books/Articles:

- Hingston, R. et al. (2005). Magnitude of alcohol-related mortality and morbidity among U. S. College students ages 18-24: Changes from 1998-2001, *Annual Review of Public Health*, 26, 259-279.
- Johnston, L. D., O'Malley, P. M., Bachman, J. G., & Schulenberg, J. E. (2008). Monitoring the future: National survey results on drug use, 1975 – 2007. *Volume II: College Students and Adults Ages 19-45*. (NIH Publication No. 08-6418B). Bethesda, MD: National Institute on Drug Abuse.
- Wechsler, H., & Nelson, T. F. (2008). What we have learned from the Harvard School of Public Health college alcohol study: Focusing attention on college student alcohol consumption and the environmental conditions that promote it. *Journal of Studies on Alcohol and Drugs*, 481-490.

Electronic Sources:

- **Interactive Games (making good choices)**
 - <http://www.usnews.com/education/best-colleges/articles/2015/08/18/interactive-games-help-address-drinking-sexual-assault-in-college>
 - <http://www.andrew.cmu.edu/course/53-610/profile.html>
 - National Institute on Alcohol Abuse & Alcoholism
 - <http://www.collegedrinkingprevention.gov/>
 - National Clearinghouse for Alcohol and Drug Information
 - <http://www.samhsa.gov/>
- B. Having the AOD Resource Center do class presentations. There are several different AOD programs that the instructors can request and the AOD has always been happy to make accommodations for these courses. Often these programs include using the fatal vision goggles.
- C. Instructors also may cover the information related to AOD in various engaging ways.

In **Appendix H** there is a description of the FYE program.

***IND 14, 18; NIAAA Tier IV**

B. Course Listings:

Curriculum:

The following courses are available at the undergraduate and graduate levels. They include courses related to alcohol and substance abuse and associated risk factors, treatment, and social development. The Department of Psychology offers a psychology of substance abuse course sequence that students interested in addiction can take. This course sequence allows interested students to pursue academic coursework in preparation for Certification as an Alcohol and Drug Counselor (CADC) in Illinois.

Undergraduate Courses:

African American Studies—Could not find, but couldn't look at past academic years

251 Social Problems of Black Americans. (3) A sociological investigation of such problems as crime and delinquency, racism, mental illness, drug use, alcoholism, and poverty. *Prerequisite: sophomore standing or consent of instructor.*

Chemistry

264 Pharmacy Methods. (3) This course is designed as an aid for students who plan a career in Pharmacy. The course describes methods used in Pharmacy, including receiving and processing prescriptions, drug calculations, dosage and formulations, Pharmacy law, and inventory control. *Prerequisite: CHEM 263 or permission of the instructor.*

463 Advanced Pharmacology. (3) This course introduces the students to the chemical aspects of drug-receptor interactions, pharmacokinetics, and pharmacodynamics of major categories of pharmacologic agents. Not open to students who have credit for PSY 444. *Prerequisites: CHEM 421 and either ZOO 331 or ZOO 430; or NURS 310 and permission of the instructor.*

440 Elementary Forensic Techniques. (4) Applications of chemical principles to analysis of crime scene physical evidence including serology, drugs, explosive residues, arson debris, papers and inks, paint, and DNA fingerprinting. State-of-the-art techniques and instrumentation are used. *Prerequisite: CHEM 221 or 330 or permission of instructor. 3 hrs.; lect.; 3 hrs. lab.*

Dietetics, Fashion Merchandising, and Hospitality

150 (formerly FCS 204) Introduction to Hospitality Management. (2) A review of the history, growth, and development of hospitality services including an exploration of career opportunities in contemporary hospitality operation.

256 (formerly FCS 462) Bar and Beverage Management. (3) Principles of beverage science, mixology; bar and beverage management including controlling personnel, purchasing, inventory, and equipment; and legal issues related to clientele. *Prerequisites: FCS 150 and 21 years of age. Field trips will be required.*

Health Sciences

120 Personal Health Promotion. (2) (General Education/Human Well-Being) Designed to enhance students' physical, intellectual, emotional, social, and spiritual health which will enable them to pursue their college and life goals more effectively.

123 Drug Use and Abuse. (2) (General Education/Human Well-Being) A comprehensive and in-depth study of the use and abuse of drugs in our society.

210 Student Health Education. (2, repeatable to 6) This course provides in-depth training to selected students in critical areas of personal health. Trained student health educators present programs for residence halls, Greek organizations and recognized student groups, and serve as role models for positive lifestyle choices. *Prerequisite: permission of instructor.*

442 Drug Education in the Home, School, and Community. (3) Concepts of drug education with emphasis placed on preparing the student in content, resources, procedures, and philosophy of home, school, and community drug education. *Prerequisites: HE 123 (or its equivalent) and senior standing, or permission of instructor.*

450 Health Promotion Workshop. (1, repeatable to 2 with change in topic) Designed to provide new and updated information relative to current health issues confronting the health promotion professional. *Prerequisite: senior standing or permission of instructor.*

450 School Health Workshop. (1, repeatable to 2 with change in topic) Designed to provide new and updated information relative to current health issues confronting the school health professional. *Prerequisite: senior standing or permission of instructor.*

Nursing

326 Pharmacology I. (3) This course introduces the pharmacotherapeutics, pharmacokinetics, and pharmacodynamics of agents used in patient care and education. *Prerequisite: NURS 310.*

327 Pharmacology II. (2) This is the second course in a two course series and continues the discussion of pharmacotherapeutics, pharmacokinetics, and pharmacodynamics of agents used in patient care and education. *Prerequisite: NURS 326.*

328 (Formerly NURS 423) Mental Health Nursing. (3) Students provide nursing care for clients from childhood through old age with acute and chronic needs related to mental health. Clinical experiences will occur in various settings. *Prerequisite or Corequisite: NURS 322.*

405 Nursing and the Community. (4) This course focuses on understanding and practicing public health and community health nursing, including epidemiology, client system, health behavior, health accommodation, stress and adaptation, and levels of prevention, immunizations, home care, clinics, and community agencies. A clinical component course. *Prerequisite: NURS 408.*

410 Public Health Nursing. (3) This course focuses on understanding population-based nursing care and public health nursing concepts including the role of public health nurses, levels of

prevention, populationbased education, epidemiology, family-based care, immunizations, and specialty areas of population-based care. Prerequisite: NURS 408. Corequisite: NURS 422.

433 Community Mental Health Nursing. (3 s.h.) Explores population-specific mental health issues including access, treatment modalities, and follow-up, and drug and alcohol abuse in the context of community health nursing. A clinical component course.

Psychology

100 Introductory Psychology. (3) (General Education/Social Sciences) An introduction to psychology including methods, theory, and data regarding the study of behavior. Topics include biological, social, learning, personality, motivation, and abnormal behavior.

250 Human Social Behavior. (3) (General Education/Social Sciences) An introduction to the influences of social factors on behavior. Topics include helping, aggression, interpersonal attraction, attitudes, prejudice, and behavior in groups. *Prerequisite: Psy 100 or permission of instructor.*

251 Personality and Adjustment. (3) (General Education/Social Sciences) An introduction to the study of personality and its relation to human behavioral adjustment emphasizing such topics as relating to others, stress management, needs, values, and self-esteem. *Prerequisite: Psy 100 or permission of instructor.*

334 Perspectives on Substance Abuse. (3) This course is designed to provide students with a usable framework regarding the nature of substance abuse and dependence. Students will explore various perspectives on substance use, as well as current issues in its diagnosis and treatment. Prerequisites: PSY 100 and 251, or permission of instructor

335 Substance Abuse Assessment, Education and Case Management. (3) This course is designed to provide an understanding of the roles of assessment, education, and case management in substance abuse treatment settings. Prerequisite: PSY 334.

336 Ethics and Special Populations in Substance Abuse Treatment. (3) This course is designed to familiarize students with relevant ethical and practice guidelines in substance abuse treatment, as well as with issues vital to effectively working with diverse populations. Prerequisites: PSY 100 and 251.

427 Health Psychology. (3) Examines how psychological theory and research have been used to study the behavioral, psychological, and social factors that affect physical health. Topics include how social scientists study coping with stress, pain, illness management, and prevention of unhealthy behaviors. *Prerequisites: Psy 251 and 223, or permission of instructor.*

434 Substance Abuse Treatment Approaches and Techniques I. (3) This course is designed to provide an introduction to basic therapy and counseling skills that are utilized in the treatment of substance abuse, as well as current brief therapy approaches. Prerequisite: PSY 334.

435 Substance Abuse Treatment Approaches and Techniques II. (3) This course is designed as an extension of Substance Abuse Treatment Approaches and Techniques I. Through more extensive examination of theory, research, and practice, students will be provided with information that guides the understanding and treatment of substance abuse problems.

Prerequisite: PSY 434.

436 Substance Abuse Practicum. (3) This practicum will provide an opportunity for students to develop their individual and/or group substance abuse assessment and treatment skills through supervised work in a treatment center. Prerequisites: PSY 336 and 435, or permission of instructor.

444 Biopsychology of Drugs and Addiction. (3) A systematic study of the relationships between drugs and psychological processes (i.e., psychopharmacology) with emphasis on the roles of the central nervous system, individual experience, and the environment in determining the outcome of drug use.

Social Work

331 Social Work and Addictions. (3) An introduction to addictions and their effects on individuals, families, and society. Current theories, treatments, and social work roles and functions will be studied. *Prerequisite: junior standing or consent of instructor.*

Sociology

424 Sociology of Mental Health. (3) A survey of the history, causes, treatment, and effects of mental illness in the U.S. with emphasis on sociological factors such as social class, race, definitional process, etc. Prerequisites: SOC 100 and one additional Sociology course, or consent of instructor.

University Courses

100 Personal Growth in Higher Education. (1) This course provides first-year students with an introduction to social, intellectual, personal, and physical wellness as they relate to college-level success. *Credit cannot be given for both Univ 100 and CSP 110. Prerequisite: Freshman standing with fewer than 24 s.h. earned, or permission of University Course Coordinator*

Women's Studies

321 (Cross-listed with HE 321) Women's Health. (3) Provides information about how women can improve their chances of achieving and maintaining high-level wellness. Among the topics included are: prevention, early detection and treatment of health problems commonly occurring among women, contraception, pregnancy and childbirth, using the medical care system, and mental health. Open to male and female students. Not open to students with credit in HE 321. Prerequisite: junior standing

Graduate Studies Programs:

Chemistry

452G Forensic Toxicology and DNA Analysis. (4) Designed primarily for students interested in forensic chemistry. A continuation of CHEM 451. Applications of pharmacological, toxicological, and molecular biological principles to analysis of commonly encountered abused and toxic substances. Topics will include serology and DNA analysis. State-of-the-art techniques and instrumentation are used. Prerequisite: CHEM 451. Prerequisite or co-requisite: CHEM 421, or graduate standing, or permission of the instructor.

463G Advanced Pharmacology. (3) This course introduces the students to the chemical aspects of drug-receptor interactions, pharmacokinetics, and pharmacodynamics of major categories of pharmacologic agents. Not open to students who have credit for PSY 444. Prerequisites: CHEM 421, and either ZOOL 231 or ZOOL 430, or NURS 310 and permission of instructor.

College Student Personnel

533 Special Problems in College Student Personnel. (1–3, repeatable to 6) Designed to provide a group of students an opportunity for further professional growth and to apply problem-solving approaches in dealing with a specific educational problem.

550 Legal Issues for Professionals in College Student Personnel. (3) A study of the complex problems of law and ethics as they influence the field of college student personnel and the student affairs professional's role. Prerequisite: CSP major

555 Counseling Theories and Practices for College Student Personnel. (4) An examination of the major theories of counseling, the development of basic counseling skills central to, and for use in, college student personnel settings. Prerequisite: CSP major.

560 Student Characteristics and College Impact. (3) Characteristics of college students, focusing on the needs of the diverse student populations on today's college campuses, will be examined. The impact of college on students, including factors related to retention and attrition and the differential impacts of college on various student populations, will also be explored.

Counselor Education

551 Counseling for Addictions. (3) Principles and practices of addiction prevention and counseling with special application to the functions of counselors.

Kinesiology

559 Sport Psychology. (3) A survey of the theories and research related to sport psychology. Includes the study of individual differences, motivation, and social influence processes in sport settings.

Psychology

444G Biopsychology of Drugs and Addiction. (3) A systematic study of the relationships between drugs and psychological processes (i.e., psychopharmacology) with emphasis on the roles of the central nervous system, individual experience, and the environment in determining the outcome of drug use. Prerequisite: PSY 343, or BIOL 103, or HE 123, or HE 442, or graduate standing, or permission of the instructor.

523 Social Bases of Behavior. (3) Survey of empirical research and theories on the psychological processes related to interpersonal behavior, focusing on topics such as attitude change, social influence, and prosocial behavior.

596 Approaches to Substance Abuse Diagnosis and Treatment. (1) Students will become aware of the multiple theoretical viewpoints available to understand the human substance abuse, as well as the variety of treatment approaches available for addressing these difficulties. Emphases will be placed upon maintaining appropriate scientific skepticism regarding current cultural and professional viewpoints, as well as appreciating the importance of understanding the challenges inherent in the dually diagnosed. *Prerequisites: Permission of the instructor.*

XII. Campus and Community Coalitions

Community and University Partnership (CUPP)

CUPP includes representatives from several Western Illinois University student organizations, local law enforcement agencies and city officials, community organizations and University administrators. CUPP meets regularly to address issues affecting both WIU and the City of Macomb, including alcohol and other drugs.

*NIAAA Tier II

XIII. Alcohol and Other Drug Assessments and Evaluations:

Core Survey

Western Illinois University has participated in the Core Institute's Alcohol and Other Drug Survey since its inception in 1989. The CORE Survey measures alcohol and other drug use on campus and provides information to assist with the development of policies and future prevention initiatives. The CORE Survey was administered in Spring 2016 with approximately 527 students completing the survey. The 2016 Core Executive Summary can be found in **Appendix I.**

E-Chug/E-Toke Assessments

WIU has utilized the E-Chug and E-Toke online assessment tools for the past ten years. On demand reports provide information regarding alcohol and marijuana use among our students. Data is collected in some classroom settings as well as student judicial situations and may not represent a random sample population.

***IND 21**

Alcohol and Other Drug Resource Center Satisfaction Survey Results

The Alcohol and Other Drug Resource Center (AODRC) revised their client satisfaction surveys in Summer 2009 to attempt to better address program effectiveness. Clients receiving services at the AODRC are now asked to complete a pre service survey which addresses substance use patterns and readiness to change. Upon completion of services, they are asked to complete a Satisfaction Survey which includes the previous readiness to change questions to assess whether or not the AODRC impacts a client's desire to change their negative substance use behaviors.

Overall, clients appear to be satisfied with services received. Access to Satisfaction Survey results can be found attached to the hard copy of this report (See **Appendix J**).

XIV. Office of Public Safety (OPS):

Fatal Vision Goggle Demonstration

OPS provides demonstrations using Fatal Vision Goggles upon request. Officers utilize the goggles and a golf cart to demonstrate the concept of impairment and the risks of driving while impaired. Officers assist with hall programs and collaborate with the Alcohol & Other Drug Resource Center to conduct these demonstrations.

***IND 1**

Alcohol and Other Drugs Presentation

The Office of Public Safety developed a PowerPoint presentation entitled "Alcohol and Other Drugs" that is presented in the Residence Halls at least 3 times a year, or more, upon request. Thirty-seven programs related to alcohol and/or other drugs awareness were completed between Fall 2014 and Spring 2016, in addition to over 109 personal safety presentations. Furthermore, many of the personal safety presentations include discussion on alcohol and substance abuse/safety.

***IND 18**

Western EMS

Western EMS is a professional, volunteer, non-transport Basic Life Support (BLS) Service. Members provide direct patient care to the Western Illinois University population and visitors to the campus. Western EMS personnel must complete rigorous training, continuing education, and evaluation programs to be eligible for membership. Members are selected on the basis of

experience, leadership, dedication, service and professional performance. Please see the table for information regarding alcohol related incidents for Fall, 2014 and Fall, 2015.

	Fall 2014 (8/15/14-12/31/14)	Fall 2015 (8/15/15-12/31/15)
Ambulance transport- ETOH Chief Complaint	27	28
EMS Alcohol Evaluations	31	25

DUI Simulation

Western EMS hosts a mock DUI each spring semester in April. Please follow the link for additional information: http://www.wiu.edu/vpas/public_safety/wems/mockdui.php.

The intent of this demonstration is to show the dangers of driving under the influence of alcohol or other drugs. The event is open to the public and is geared towards high school and university students.

***IND 1**

Escort Services

Western Illinois University's Office of Public Safety provides an escort system so students, staff, and visitors don't have to walk alone. WIU Student Patrol members are available to provide escorts on campus during the evening to early morning hours. Student Patrol can be reached by calling OPS at 309/298-1949. Patrol officers can also provide escorts (if available) during times Student Patrol are not available.

***ENV 20**

RAD Classes

The Rape Aggression Defense System (RAD) self-defense class for women is offered on campus. There are currently 6 certified officers who teach the course, free of charge to students, staff, community members, and visitors to campus. The topics covered include avoiding victimization, patterns of date rape encounter, basic principles of defense, full-speed hands-on exercise, and dynamic simulation training. Alcohol education is presented throughout the class. RAD Classes are offered at least one time per semester.

***IND 14**

XV. Enforcement Data:

Public Safety

Total liquor law arrests and liquor law referrals

	Fall 2014-Spring 2015	Fall 2015-Spring 2016
OPS Alcohol Charges	135	92

(including DUIs)		
OPS Drug Charges	143	117
OPS Alcohol Judicial Referrals	68	69
OPS Drug Judicial Referrals	103	91
Total Alcohol Judicial Referrals*	478	398
Total Drug Judicial Referrals*	335	313

The OPS alcohol and drug charges consist of the total state and city charges for the various alcohol and drug offenses. The OPS alcohol and drug judicial referral information consists of total student judicial referrals issued for various alcohol and drug offenses. Information was provided from 8/15/14-5/15/15 and 8/15/15-5/15/16.

*The total alcohol and drug judicial referrals were provided by the Office of Student Judicial Programs. They consist of the total number of violations determined through the student conduct review process. Student conduct cases are based on law enforcement reports and documentations received from the following: OPS, Macomb Police Department, McDonough County Sheriff's Department, Illinois State Police, and University Housing & Dining Services. The total number of referrals reflects violations that occurred between 7/1/14-6/30/15 and 7/1/15-6/30/16.

***NIAAA Tier III**

For further detailed information on the Office of Public Safety the Annual Security Report, covering the years 2014-2015 & 2015-2016, can be found in **Appendix K** of this report.

XVI: Summary:

The current report format and information was adapted after receiving feedback from the Illinois High Education Center for alcohol, other drug and violence prevention (IHEC) a few years back. The Director of Beu Health Center and the Prevention Coordinator of the Alcohol and Other Drug Resource Center met to further evaluate Western Illinois University's current alcohol and other drug abuse prevention efforts to evaluate both strengths and weaknesses. The following is a summary of what was found.

Strengths:

Western Illinois University administration continues to appear committed to reducing risks associated with alcohol and other drug use on campus. This continues to be part of the university strategic plan for 2012-2022 as well as Student Services' goals.

The Alcohol and Other Drug Resource Center continues to be a resource for alcohol and other drug intervention and successfully completed its Department of Human Services Division of Alcoholism and Substance Abuse licensure inspection in June of 2014. The Alcohol and Other Drug Resource Center initiated the BAC (Battle Alcohol Consequences) Squad Peer Education group as part of its prevention strategies in Spring 2010. This group continues to provide peer

to peer education on campus and attends as well as creates alcohol/drug free alternative events. In an effort to educate students on the ill effects of illicitly using prescription stimulants as study aids, the Alcohol and Other Drug Resource Center implemented a Study Smart program in the Fall of 2013. This program has continued to educate a minimum of 100 students each semester. In addition, there has been an increase in alternative late night programming as well as SAPE Grant sponsored events. Some of the new events that have evolved as a result of the SAPE Grant are Get Yourself Tested, Bubble Soccer, and Super Smash Brothers. These new events have enabled the campus to reach students in avenues that had not been attained before.

During the Fall of 2013, the drug and alcohol testing policy for the athletics department was reviewed and updated. This policy revision remains in effect.

A review and reformatting of the First Year Experience was done in the Spring of 2013. With this reformatting, University 100 was implemented in the Fall of 2013. The course has been slightly reformatted since its initial installation, but the overall concept remains the same. The University 100 course is designed to help the students make a successful transition to the university and help them learn to live well as a student, which includes discussion on alcohol and other drugs topics. AOD Resource Center is invited into many of the University 100 classes during the alcohol and other drugs topic week at which time they present their Alcohol 101 presentation.

Weaknesses:

Funding continues to be an issue due to the lack of a budget in the State of Illinois.

Complete implementation of program assessment continues to be an issue to determine whether or not the alcohol and other drug programs on campus are effective. However, the Alcohol and Other Drug Resource Center continues to implement program evaluation.

The AOD annual notification process has improved since the implementation of the Biennial Review process, however, WIU needs to continue to work on reaching best practices with this process.

Recommendations for Revising AOD Programs

Recommendation 1: Conduct a more in-depth Alcohol/Drug Policy Review

Alcohol and Other Drug policies must be reviewed on a regular basis to ensure they are both reasonable and enforceable. The current Drug and Alcohol Abuse Policy was approved by the President 8/10/1995. These policies are reviewed as part of the university policies. Other student policies on alcohol and other drugs exist in the University's Residence Hall Handbook and Code of Student Conduct. The Faculty Handbook and the Civil Service Handbook pertain to employee policies. The University has other policies related to drug and alcohol in the Official University Policy Manual (i.e., tailgating, sales). It is recommended that all policies pertaining to

alcohol and other drugs be reviewed in more detail to ensure they are current, reflect best practices and are consistently enforced.

Recommendation 2: Assess Existing Programs for Evidence of Effectiveness

The programs and services related to alcohol and other drugs at Western Illinois University are more than those offered by the AOD Resource Center or the Employee Assistance Program. A comprehensive program inventory should be conducted to identify and characterize existing programs based on NIAAA Tiers of Effectiveness and College AIM Matrix. Programs should be included that are not specifically designed as AOD programs, but address a risk reduction (i.e. late night and alternative activities, etc). These programs can then be evaluated to determine their effectiveness, and how they may fit into a comprehensive risk reduction plan. As many of these programs seek resources through the Substance Abuse Prevention Education Grant, a proposal will be made that the SAPE Grant Committee encourage individuals who are seeking their funds to incorporate programs that are evidence based and improve evaluation methods. Additionally, a proposal will be given to housing staff, which will include AOD Resource Center assisting them with implementing program evaluations.

Recommendation 3: Continue to Implement Effective and Relevant Late Night and Alternative Activities for Students

There has been an increase in the number of late night and alternative activities for students. However, we continue to hear from students that boredom or not having other things to do is a reason for their alcohol usage. Further investigation into this should happen as it is unclear if advertising to make students aware of the activities is an issue or if the activities being offered are not of interest to the student population.