

Western Illinois University

Biennial Review

Academic Years:
2016-2017;
2017-2018

December 2018

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I. Executive Summary:

A. Introduction:

The Drug-Free Schools and Campuses Regulations requires that an institution of higher education must certify that it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees as a condition of receiving funds or financial assistance under any federal program. Western Illinois University has created the following biennial report to address the alcohol and other drug programs available on campus in addition to their effectiveness, as well as to provide information regarding the current policies and enforcement of those policies. A hard copy of the biennial review can be found within the Office of the Vice President of Student Services, in addition to the Alcohol and Other Drug Resource Center. A hard copy of the report is available upon written request through contacting the Clinical Supervisor of the Alcohol and Other Drug Resource Center. All policies and/or additional reports discussed within the biennial review can be found by following the hyperlink on the electronic copy, or by requesting a hard copy of the report in which they will be included as appendices.

B. Scope of Review:

The review examined alcohol and other drug policies on campus, distribution of those policies and enforcement of policies for the academic years 2016-2017 and 2017-2018. It also reviewed the resources available on campus to prevent alcohol and other drug problems on campus, as well as services available to treat alcohol and other drug problems for students and university staff. Information was gathered by Biennial Review contributors from multiple campus departments including but not limited to the Alcohol and Other Drug Resource Center, Beu Health Center, Department of Athletics, Beu Health Education, Office of Public Safety, Office of Student Activities, Student Development Office, and Student Judicial Programs. Data has been collected in a variety of ways to assess the current alcohol and other drug programs on campus. Summary of information collected from programs offered on campus can be found below.

C. General Conclusions:

Western Illinois University continues to comply with the Drug Free Schools and Campuses Regulations. The institution continues to find strength in its state licensed Alcohol and Other Drug Resource Center which provides both intervention and prevention services. In addition, Western Illinois University continues to offer alternative activities through multiple departments and continues to evaluate programming to determine whether prevention efforts are effective. We utilized the NIAAA Tiers of Effectiveness in our past Biennial Review to determine the type of programs available on campus and to assess whether there is room for improvement, making an effort to increase programs with evidence of effectiveness.

Western Illinois University has continually received administrative support in addressing alcohol and other drug use issues on campus. Higher Values in Higher Education 2008-2018 strategic plan has specifically addressed alcohol and other drug risk reduction as a strategic goal for this university. The updated 2012-2022 strategic plan and 2016-2026 strategic plan supplement

identify personal growth through health and wellness as an area of focus, which includes alcohol and other drug topics. The First Year Experience (FYE), which includes both academic and student services components, incorporates alcohol and other drugs education in the classroom and residence halls. Additionally, Student Services has outlined goals highlighting the support and expansion of late night programming as well as continued efforts on and off-campus with AOD related issues. As part of this goal, efforts will be made at the AOD Resource Center to continue to implement or collaborate with other departments in offering alternative events for students.

Western Illinois University continues to work towards prevention of alcohol and other drug problems on campus. Despite our strengths, there continues to be room for improvement. Upon completion of the Biennial Review, it was determined that the current alcohol and other drug policies for students and staff may need further review to determine if they are up to date.

Overall, Western Illinois University continues to comply with the Drug Free Schools and Campuses Act and continues to work towards addressing misuse of alcohol and other illegal substances.

II. University Alcohol Policies

A. Introduction:

Policy on Drug and Alcohol Abuse

This policy is issued in compliance with the resolution concerning drug and alcohol abuse by faculty, staff, and students adopted by the Illinois Board of Higher Education on May 5, 1987, the Drug-Free Workplace Act of 1988 (PL 100-690), and the Drug-Free Schools and Communities Act Amendments of 1989 (PL 101-226). The purpose of the policy is to inform faculty, administrative staff, Civil Service employees, and students about sources of information regarding the adverse effects of drug and alcohol abuse, to advise them of the counseling and rehabilitation services that are available, and to notify them of the disciplinary actions that may be taken by the University. Copies of this policy and related University guidelines are in the Faculty Handbook and Civil Service Handbook.

Work Environment

In compliance with the requirements of the federal Drug-Free Workplace Act of 1988 and the federal Drug-Free Schools and Communities Act Amendments of 1989, it is the policy of Western Illinois University that the unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance (as defined in Schedules I through V of Section 202 of the Controlled Substances Act, 21 U.S.C. 812) by employees in the workplace is prohibited. Violations of this prohibition by employees may result in the application of sanctions, including possible required participation in an approved drug abuse assistance or rehabilitation program, referral for prosecution, and up to and including termination of employment under applicable

Board of Trustees policies, university policies, statutes, employment contracts, or collective bargaining agreements.

The illegal use of controlled substances can seriously injure the health of employees, adversely impair the performance of their duties, and endanger the safety and well-being of fellow employees, students, and others. Any employee who appears to be under the influence of drugs and/or alcohol while on the job may be temporarily relieved of work responsibilities. When the employee returns for work, the supervisor will review and discuss with the employee the circumstances that caused the supervisor to direct that the employee be temporarily relieved of his/her work responsibilities. Possible outcomes of this discussion and review may include a recommendation that the employee seek counseling and/or the initiation of disciplinary action in accordance with applicable University policies and procedures.

Employees directly engaged in work under a federal grant or contract are required, as a condition of employment under the grant or contract, to:

1. Abide by the terms of this policy.
2. Notify their supervisors of any criminal drug statute conviction for a violation occurring in the workplace no later than five (5) calendar days after such conviction. Such convictions may result in the application of sanctions, as described above. The University will notify the granting or contracting federal agency within 10 calendar days of receiving notice of criminal drug statute conviction of any employee working on a federal grant or contract when said conviction involves a drug offense occurring in the workplace. A copy of this statement will be given to all employees assigned to work under a federal grant or contract.

Use and Possession of Alcoholic Beverages

Students and their guests, who are of legal age, as defined by Illinois statute, may possess or consume alcoholic beverages on University property only in certain designated locations that have been specified in accordance with the University's Residence Hall Handbook and Student Code of Conduct. Except for those University Union staff, who have been properly licensed and authorized to sell and serve alcoholic beverages as specified by University policy, University faculty, administrative staff, Civil Service employees, students, and/or their guests may not affect the commercial delivery of alcoholic beverages for sale on University property.

Alcoholic beverages may be sold, served, and consumed at activities sponsored by off-campus groups in accordance with "Policies Governing the Sale and Provision of Alcoholic Beverages".

The possession of alcoholic beverages in open containers by any person is prohibited on University-owned or University-controlled property, except as specified by University policy. The unlawful possession, use or distribution of alcoholic beverages by students and employees on institutional property or at any of its activities is prohibited.

Prohibited Drugs

Faculty, administrative staff, Civil Service employees, and/or students shall not manufacture, possess, use, deliver, sell, or distribute any substance prohibited by the Illinois Cannabis Control Act or the Illinois Controlled Substance Act, any other State statute, or any Federal statute, except as authorized by law, the Board of Trustees policies, and the policies of Western Illinois University.

The unlawful possession, use or distribution of illicit drugs by students and employees on institutional property or at any of its activities is prohibited.

Counseling and Support Services

Consistent with its mission as a public institution of higher education, Western Illinois University is committed to providing education about the effects of drugs and alcohol and assistance for victims of drug and alcohol abuse. In each of the residence halls, the University offers educational programs on substance abuse and provides referral services for students with drug and alcohol abuse problems. The University Counseling Center and Beu Health Center offer counseling to students with drug and alcohol abuse problems and to students with alcoholic parents. Health Sciences, University Counseling Center, and Beu Health Center staff members also offer educational information and programs in classroom settings, for student living units, and for other student organizations.

The University encourages employees who know or believe they have a problem with the abuse of alcoholic beverages or the illegal use of controlled substances to seek professional advice and assistance. One source of assistance is the University's Employee Assistance Program (EAP).

If job performance is adversely affected by abuse of controlled substances, an employee may be referred to the EAP. Participation in the EAP is confidential and is encouraged by the University; however, it will not preclude normal disciplinary action or relieve an employee of responsibility for performing assigned duties in a safe and efficient manner.

Disciplinary Actions

Students who violate University policies concerning drugs and alcohol will be referred to the University Judicial System for disciplinary action in accordance with the Student Code of Conduct. In addition, student employees who violate University policies concerning drugs and alcohol may be subject to termination of employment.

Faculty, administrative staff, and Civil Service employees who violate University policies concerning drugs and alcohol may be subject to disciplinary action including termination of employment.

Faculty, administrative staff, Civil Service employees, and students are advised that violators of State or Federal law are also subject to criminal prosecution by State and/or Federal authorities.

B. Alcohol Policies and Implementation:

1. The table below provides links for additional information on Western Illinois University alcohol and other drug policies. All policies are included in print form of the Biennial Review (See **Appendix A**).

WIU Policy on Drug and Alcohol Abuse (8/10/1995)	http://www.wiu.edu/policies/drugalcohol.php
Drug Free Workplace Policy Statement (5/4/1989)	http://www.wiu.edu/policies/drugfree.php
Smoking/Tobacco Use Policy (11/12/2012)	http://wiu.edu/policies/smokingtobaccouse.php
Smoke-Free Campus Policy (6/12/2015, updated 1/11/2016)	http://wiu.edu/vpas/policies/smokefree.php
Student Right-to-Know and Campus Security Act, and Drug-Free School and Communities Act Information (Approved prior 1998)	http://www.wiu.edu/policies/rtknow.php
Civil Service Handbook, appendix K - Drug and Alcohol Abuse Policy (July, 1990)	http://www.wiu.edu/hr/handbook/appendix_k.php
BOT Alcoholic Beverage Policy (11/16/2001)	http://www.wiu.edu/board_of_trustees/regulations/alcohol.php
Policy on Tailgate Area (Approved 09/06/2011)	http://www.wiu.edu/vpas/administrative_procedures_handbook/tailgate.php
Hazing Policy (Approved prior 1998)	http://www.wiu.edu/policies/hazing.php
Western Courier – Policies Concerning Alcohol Advertising (Approved 8/12/1991)	http://www.wiu.edu/policies/courier.php
Sale and Provision of Alcoholic Beverages, University Union Policy Manual (Revised August 2013)	http://www.wiu.edu/student_services/university_union/pdf/UUPolicyManual.pdf
Student Employment Handbook	http://www.wiu.edu/student_services/student_employment/handbook/
Code of Student Conduct (2015-2016)	http://www.wiu.edu/student_services/student_judicial_programs/codeofconduct.php

Social Events Policy for Sororities and Fraternities (Revised Spring 2010)	http://www.wiu.edu/student_services/greek_life/forms_reports_and_policies/pdf/SocialEventPolicy.pdf
Residence Hall Policies and Procedures Handbook Leatherneck Living Guide (2017-2018)	http://www.wiu.edu/student_services/housing/living_on_campus/pdf/ResidenceHallHandbook.pdf
Graduate and Family Housing Handbook	http://www.wiu.edu/student_services/housing/graduate_family_housing/GFH_Handbook.pdf
WIU Athletics Department Drug & Alcohol Education & Testing Program (Rev. 1/1/2014)	http://www.goleathernecks.com/documents/2016/3/2/DP_1.pdf?id=4044
Intramural Sports Policy on Alcohol, tobacco, and Drugs (2017- 2018)	http://www.wiu.edu/student_services/campus_recreation/intramurals/pdf/Handbook.pdf

2. In addition to the alcohol and drug policies at Western Illinois University (WIU), the City of Macomb has many Municipal Codes that pertain to alcohol and/or other drugs. The Mass Gatherings policy is important to note as this policy has assisted in preventing the continuation and growth of a large, off-campus, non-sanctioned, block party that had started a few years ago.

The full Macomb Mass Gathering policy can be found online by following the link: <http://www.cityofmacomb.com/pdf/Municipal%20Code%202012.pdf> (The Mass Gathering Policy will be in print form in **Appendix B**)

III. University Compliance with Federal Regulations:

A. Policy Distribution

Annual AOD Notification

http://www.wiu.edu/student_services/vpss/pdf/drugBrochure.pdf

WIU's Alcohol and Other Drug policy is provided in print format to students through the Student Handbook and published as part of an annual calendar. In addition to the printed version, all registered students receive an electronic notice through the existing Tele-STARS system. A copy of this notice can be found in the hard copy of this document (**See Appendix C**). The notice is sent electronically after the tenth day of classes, which is the final day of registration, ensuring all students receive a copy of the policy.

All faculty/staff receive notice upon initial hire as part of new employee orientation materials. After the tenth day of classes during the Fall and Spring semesters, all faculty/staff receive notice of the policy through the existing Tele-STARS system.

B. Legal Sanctions

Students who violate the Code of Student Conduct including alcohol and drug violations are subject to disciplinary proceedings by the University. Students found in violation of these policies receive sanctions ranging from censure to removal from the University community dependent upon the nature of the offense and previous disciplinary history. Usually participation in an alcohol or a drug education program is a requirement of the sanction if the offense involved alcohol or other drugs. The University may contact the parents of students under the age of 21 who are noted as financially dependent when the student has been found in violation of University policies on alcohol or drugs. Students may also face civil or criminal charges from local law enforcement agencies for alcohol violations on and off campus.

C. Health Risks Associated with Illicit Drug Use and Alcohol Use

Health risks associated with illicit drug use and alcohol use can be found by following the link, http://www.wiu.edu/student_services/vpss/pdf/drugBrochure.pdf. A copy of this can also be found attached to the hard copy of this report in **Appendix C**.

IV. Funding Sources:

Substance Abuse Prevention Education Grant

The Substance Abuse Prevention Education Grant is used to support alcohol and other drug programs and initiatives. It is funded through fines levied to students for alcohol and other drug policy violations. Requests for funding are reviewed by the Substance Abuse Prevention Education grant committee. The fund request form is found on-line at (**See Appendix D**): http://www.wiu.edu/student_services/aod/SAPEGrantProposalForm.pdf

Programs funded during this report period include:

Event:	Description:
Thirsty Thursday March 23, 2017 IND-18	Thirsty Thursday was an event held in Westbrook House basement and hosted by the RAs. The setting was a party scene with mock-tails and root beer floats. OPS provided education on the negative effects of drinking alcohol. They talked about campus safety and self-defense techniques. The purpose of the event was to educate students on the dangers of consuming too much alcohol with the hopes of them consuming responsibly in the future.
Get Yourself Tested (GYT) April 6, 2017	GYT was hosted by Beu Health Center with collaboration from Alcohol and Other Drug Resource Center (AOD) and Beu Health Education. This event was aimed at educating students on how alcohol and sexually transmitted infections (STIs) correlate with one another, knowledge about different types of STIs, and raising awareness about knowing your status by offering free STI testing. Specifically, the alcohol education component

IND-18	focused on the effects of alcohol on judgement, ability to give consent under the influence, and other basic alcohol information.
Boos & Booze October 24, 2017	Boos & Booze was an event hosted by AOD with collaboration from Beu Health Center, OPS, Western EMS, and Students TALK. The event focused on education about alcohol consumption and high-risk behaviors surrounding Halloween. Many different topics were covered including blood alcohol concentrations (BAC), standard drink sizes, consent, safe sex practices, STI testing, and driving under the influence of alcohol.
Get Yourself Tested (GYT) April 5, 2018	GYT was hosted by Beu Health Center with collaboration from Alcohol and Other Drug Resource Center (AOD) and Beu Health Education. This event was aimed at educating students on how alcohol and sexually transmitted infections (STIs) correlate with one another, knowledge about different types of STIs, and raising awareness about knowing your status by offering free STI testing. Specifically, the alcohol education component focused on the effects of alcohol on judgement, ability to give consent under the influence, and other basic alcohol information.

V. Beu Health Center

Beu Health Center is an accredited full service medical clinic offering quality outpatient health care, student health insurance and health and wellness education to registered Western Illinois University students. At Beu Health Center, students' individual needs are attended to in a confidential and caring manner.

***IND 24**

A. Health Education

Outreach programs, as well as individual consultations regarding specific health issues, are available to WIU students. Professional staff and student health educators provide a wide variety of workshops, presentations and services to promote individual and community health. There are no fees for services.

1. Tobacco Cessation:

All patients seen at Beu Health Center for evaluation/management are screened for tobacco use. Patients seeking to quit or reduce tobacco use are referred for free cessation counseling. Beu Health Center offers a program that helps patients understand the smoking addiction and recovery process. Patients learn how to assess their reasons for tobacco use and motivations

for quitting. Education offered during individual sessions assists the student in looking at reasons for use, barriers to quitting, and a plan for cessation and maintenance.

*** Similar to IND 9 & 15 except it is tobacco focused; NIAAA Tier III**

2. Peer Education:

Student's TALK Peer Educators

Student peer educators receive intensive training on such topics as communication, listening skills, responding and referral/intervention skills, bystander intervention, time management, stress management, community and campus resources, role modeling and ethics. Upon successful completion of training, students provide education in many forms across campus. Peer Educators provide presentations in the residence halls, Greek housing and classrooms and are involved in various health awareness campaigns on campus, including alcohol and other drugs. Each semester 15-20 students are engaged in Student's TALK.

***IND 14, 18; NIAAA Tier I/Tier III/Tier IV**

3. DIY Boxes:

DIY Boxes are a new initiative created in the spring of 2018. The intent of the boxes are to provide quality information on a variety of topics, including Alcohol and STIs, to student leaders such as Resident Assistants and student organization leaders. The student leaders can then facilitate the prepared program to a small group of students in a comfortable and safe environment.

***IND 14**

B. Alcohol and Other Drug (AOD) Resource Center

The AOD Resource Center addresses alcohol and other drug use at Western Illinois University (WIU) by providing direct service in assessment, education, and treatment as well as developing and participating in outreach and prevention activities on and off-campus.

1. Prevention Services:

The AOD Resource Center Prevention and Outreach Program continues to expand its services to the Western Illinois University (WIU) campus community, in addition to becoming known and utilized in the Macomb community as a whole. The Prevention and Outreach Program provides on campus educational presentations and throughout the Fall 2016 through Spring 2018 it created and facilitated Alcohol and Other Drug Resource Center sponsored events including but not limited to the Root beer Olympics, Safe Tailgate, Boos & Booze, and Study Smart. The Step Up Bystander Intervention Training program was initiated in Fall 2011 and has continued to be a great training that occurs at least one time per semester. The Alcohol and Other Drug

Resource Center Annual Prevention Report speaks to the many efforts completed and can be found as an attachment to the hard copy of this report (**See Appendix E**).

A. Online Assessment Tools:

E-Chug

Electronic Check Up and Go (e-Chug) developed by San Diego State University, is an online alcohol and intervention tool provided free of charge by Beu Health Center to the campus community since 2004. The link <https://interwork.sdsu.edu/echug2/?id=WIU> is provided at the Beu Health Center web site and other campus sites including the University Counseling Center (UCC) and Alcohol and Other Drug (AOD) Resource Center. This tool is used by the AOD Resource Center and UCC in conjunction with brief motivational interviewing to assist students in assessing their alcohol consumption. Some instructors have also integrated it into their curriculum.

***IND 21**

E-Toke

The electronic THC Online Knowledge Experience (e-TOKE) developed by San Diego State University is a marijuana-specific brief assessment and feedback tool designed to reduce marijuana use among college students. It also provides some education on alcohol. This assessment is provided free of charge to the campus community through the Beu Health Center. The link <http://interwork.sdsu.edu/etoke/index.php?id=WIU> is hosted at the Beu Health Services web site, as well as to the University Counseling Center and AOD Resource Center web sites. It is also promoted during various presentations and events across campus.

***IND 21; NIAAA Tier I/Tier III**

B. Other Prevention Initiatives:

Step Up Bystander Intervention Training

Western Illinois University Alcohol and Other Drug Resource Center introduced the Step Up Program, a prosocial behavior and bystander intervention-training program with an additional educational component on alcohol in Fall of 2011. This program was developed by the University of Arizona C.A.T.S. Life Skills Program to promote helping behaviors amongst students.

The goals of Step UP! are to:

- Raise awareness of helping behaviors
- Increase motivation to help
- Develop skills and confidence when responding to problems or concerns
- Ensure the safety and well-being of self and others

The Step Up Program has been offered at least one time each semester during the 2016-2017 and 2017-2018 academic years.

***IND 18, ENV 6**

C. Peer Education:

BAC (Battle Alcohol Consequences) Squad (AOD specific Peer Education Group)

The Alcohol and Other Drug Resource Center initiated recruitment for an alcohol and other drug specific peer education group, the BAC (Battle Alcohol Consequences) Squad, Fall 2009. The mission of the BAC Squad is to educate students, faculty, and the greater community as a whole on healthy and responsible decision making in regards to alcohol and other drug consumption, to create and support alternatives to alcohol and other drug use on and off campus, and to promote positive behavior changes. Peer educators are trained with a modified version of the Bacchus CPE Kit. Training topics include listening skills, power of peer education, strategies for change, intervention skills, specific alcohol and other drug prevention and intervention knowledge/techniques, etc. BAC Squad members provide presentations on campus, as well as participate and plan alternative activities. This initiative ended in 2017 due to low participation. AOD is working to incorporate alcohol awareness and prevention into Students TALK peer education curriculum.

***IND 18**

D. Total Prevention Services:

	Fall 2016	Spring 2017	Fall 2017	Spring 2018
Prevention Activities	41	18	47	14
Total Participants	1431	478	1883	739

2. Intervention Services:

Alcohol and Other Drugs (AOD) Resource Center

The AOD Resource Center is a state licensed facility for Early Intervention education and Level I Outpatient treatment with dual-diagnosis capability. AOD Resource Center also provides Secretary of State services such as DUI Evaluations, Updates, Investigative Reports, and Driver's Risk Education.

***IND 9, 15, 16, 23**

The following table provides information on the extent of services provided:

	Fall 2016	Spring 2017	Fall 2017	Spring 2018
Direct Service hours Total (Individual and Group)	251.75	386.25	294	193.75
DUI services (Includes SOSIR)	7	10	10	2
Number of people enrolled in DUI Risk Education	3	8	5	4

VI. Student Development and Orientation:

1. Student Development Office

Student Development Office (SDO) assists students through their transitional periods focusing on academic and personal development. SDO's developmental approach emphasizes personal responsibility and helping students learn to help themselves. Each year SDO sends new students a telestars with a link for the Interpersonal Violence Prevention Education Module, which has information regarding alcohol/drug safety as it relates to sexual assaults. The telestars email can be found in **Appendix F** in the hard copy report.

2. Student Orientation and Registration (SOAR)

Information regarding alcohol and other drugs is incorporated throughout the SOAR program. Families/guests have the opportunity to attend a session from the Beu Health Center, which includes information about its services, including the Alcohol and Other Drug Resource Center. The students have specific times throughout the program to sit and have "hot topic" conversations with the Orientation Leaders. Such topics include alcohol, drugs, etc.

Starting in 2018, also during SOAR, students and guests attend an information session on several important topics, including Title IX, sexual assault, alcohol consumption, and others. The focus of this session is on campus protocols and student decision making. Students leave with information on how campus staff respond to incidents involving alcohol consumption. In total, over 1500 students and guests attended this session through SOAR. Students continue to have small group times with their Orientation Leaders and have the opportunity to ask questions and gain the student perspective on these topics.

During Welcome Week 2018, a new session was added on Saturday. All first year students were to attend the session, led by staff in EOA, UHDS, and Student Judicial Programs. Topics went a little deeper than the session at SOAR and students were reminded of the potential impacts of their decisions as well as university protocols. Around 400 students attended.

3. Orientation Week Event

The Alcohol and Other Drug Resource Center and the BAC (Battle Alcohol Consequences) Squad funded by the Substance Abuse Prevention Education grant and Beu Health Center hosted an annual event (ending in 2017) titled the “BAC Root beer Olympics” during the first week of classes in August. AODRC staff, BAC Squad members and Office of Public Safety officers educate students on standard drink sizes, BAC levels, and protective factors for drinking, as well as legal consequences associated with alcohol and other drug use. Students receive incentives for participating and root beer floats were provided.

***IND 18; NIAAA Tier III**

VII. University Housing and Dining Services:

Hall Staff Training

UHDS staff, including Resident Assistants, Hall Directors, Complex Directors and support staff attend annual retreat/training sessions prior to the beginning of each school year (8/11/2017). Topics in the training include alcohol and other drug education, enforcement of policy violations, and crises management.

Targeted Prevention Programming

Educational and alternative programming is provided on an ongoing basis within University Housing. Programmers include Certified Peer Educators, resident assistants, hall staff and guest speakers. Topics include risk reduction, awareness, social norms and legal consequences. A short list of specific programs for 2017-2018 are below (There were similar programs completed in 2016-2017):

We Live We Learn, 8/23/2017

Education event in Tanner hall. Focus on ramifications of excess alcohol use and other decisions.

Pills N Portions, 10/11/2017

Healthy behavior event in Tanner hall. Focus on education surrounding diet pills and dieting.

Alcohol Awareness, 11/12/17

Alcohol awareness event in Corbin Hall. Small event focusing on the impact of drinking on the body.

Mario Kart and Mocktails, 11/14/17

Alcohol awareness event in Corbin Hall. Small event focusing on the impact of drinking and driving.

Mario Kart Game Night, 3/29/2018

Alcohol awareness event in Tanner hall. Small event focusing on the dangers of drunk driving.

Spring Healthy Behaviors, 4/13/2018

Healthy behavior event in Bayliss-Henninger halls. Focus on healthy decision-making and alcohol use.

Drink, Drive, and Dye, 4/13/18

Alcohol awareness event in Thompson Hall. Small event focusing on the impact of drinking and driving.

***IND 1, 14, 18, ENV 2; NIAA Tier III**

Club Wetzel

Wetzel Hall was known for its program entitled *Club Wetzel*. The mock party environment helps students understand the effects of alcohol and drug use as well as the consequences of their actions. Many students attend this event each fall semester. Even though Wetzel Hall closed at the end of Spring 2009 semester the Inter-Hall Council has picked up the program and has continued to offer it at a new venue, Tanner Circle.

***IND18, ENV 2**

VIII. Greek Life

The core purpose of each fraternity and sorority is to create better men and women through leadership, service, scholarship, and social opportunities. Although each chapter is unique, every organization promotes similar values and ideals. Western Illinois University is proud of its strong Greek tradition. Students can choose from 15 national fraternities and 11 national sororities. Members of our organizations are heavily involved in campus and community organizations as well as in all-Greek committees like Greek Week, Rho Lambda and Order of Omega.

Mission Statement

Greek Life Programs in the Office of Student Activities at Western Illinois University, in support of a diverse and thriving fraternity and sorority community, will provide opportunities and resources to assist in the learning and development of students as members of self-governing and values based organizations while promoting positive and active citizenship, informed decisions and empowerment to make meaningful contributions to university and local community.

Core Values (1 of 5: Created Spring 2013)

Accountability:

In our community, we believe we share a set of common values. We work together as peers and as a community to support each other and hold each other accountable according to University standards, council standards, and each chapter's standards and values.

Learning Outcomes (1 of 7: Created Spring 2013)

Accountability Learning Outcome:

The members of WIU Greek community will be able to recognize what accountability means to themselves, their chapter, council, and the greater community and apply it into their daily actions.

IFC/PHC Risk Manager Roundtable

All fraternities/sororities are to comply with their international policies for the distribution of alcohol. Before hosting an event, at the start of each semester, the President, Risk Manager, and Social Chair(s) of each chapter will attend the Greek Life Risk Management Round-table. If a chapter does not participate, they will not be allowed to host an event with alcohol until they complete the necessary training with the Greek Life Risk Management Committee.

ENV- 9; NIAAA Tier II/Tier IV

Policies

Each individual council and organization has a policy that prohibits the use of alcohol during recruitment events. The Greek Life Programs Handbook also has a Social Event Management Policy. This handbook can be found in the hard copy of this report in **Appendix G**.

Programs

- CL Lindsay (Co-Sponsored with UUB): Program centered on social media use, which included how students post online regarding alcohol usage. Laws applicable to online postings also discussed.
- Hazing Prevention Week (Co-Sponsored with Athletics): Week consisted of educational and social programs that highlight the dangers associated with hazing, including the forced consumption of alcohol.

***IND 14, 18**

IX. Athletics:

The Athletics Department produces a yearly Student Athlete Handbook, which includes a Drug and Alcohol Policy, Drug Testing Protocol and Alcohol Abuse Policy. At the beginning of each academic year, every student athlete is educated on the Athletic Department's Alcohol and Drug Policy and its expectations. The student athletes are educated on what drugs are banned by the NCAA for that particular year. In most cases, it is the same banned drugs year after year. The department advises student athletes to communicate with their coaches and athletic trainers on all medicines, supplements or prescriptions they may be taking.

***IND 1, 14, 18; NIAAA Tier I/Tier III**

Drug Testing

WIU athletics is involved in two types of drug testing programs, the WIU program and the NCAA drug-testing program. The WIU drug-testing program occurs 1-2 times per semester or 3-4 times each academic year and the NCAA program happens annually. The WIU program involves randomly testing student athletes from all sports, whereas the NCAA usually tests Football, Baseball and possibly one other sport one to two times during the year. See the table below for testing statistics for fiscal years 2017 and 2018.

	Number of student athletes tested	Positive tests with AOD referrals
WIU Fall 2016	66 (two separate tests)	3 Positive Tests/ 3 AOD Referrals
WIU Spring 2017	68 (two separate tests)	0 Positive tests
NCAA Spring 2017	29	0 Positive Tests
WIU Fall 2017	33 (one test)	0 Positive Tests
WIU Spring 2018	61 (two separate tests)	2 Positive Tests/2 AOD Referrals

***Tier III**

X. Other Alternate Activities:

Late Night Programming

The Office of Student Activities, University Union, and Spencer Recreation Center provide numerous late night/alternative alcohol-free activities with collaboration and assistance from the Alcohol and Other Drug Resource Center as appropriate. Activities that are provided are listed below and are scheduled on multiple days of the week in the evening as an alternative to alcohol use. Student fees provide the funding to support various events.

Fall 2016-Spring 2017	Date	Description
Rocky After Dark: First Night	August	Carnival on football field for new students
David Hall Hypnotist	August	Opening weekend entertainment
Bingo (Fall and Spring)		FREE w/prizes
Various Movies (6 throughout academic year)	3 in Fall/3 in Spring	FREE to students
Outdoor World Cup Soccer	September 5, 4-7 pm	
Family Day Lawn Games	September 10 10 am- 12pm	
UUB Game Night	October	Various board games with prizes

US Paralympic Speakers	October	Paralympic athletes speaking about their experiences
Murder Mystery Night	October	"Clue" like experience
Life Size Game Night	October	Chess, Jenga, Connect Four, Angry Birds
Homecoming Variety Show	October	Student orgs perform variety acts
Homecoming Yell Like Hell	October	Student org cheer competition
Homecoming Spirit Game	October	Football game/pep rally
Fallen Soldiers 5k Race	October 22, 8 am	
Dads' Day Football Skills Challenge	October 22, 1 pm	
Big Pink Volleyball	October 17-20, 4-11 pm	
Relaxation Night Event	November	Chair massages and soothing music
Indoor World Cup Soccer	November 12, 12- 6 pm	
Chicago Boyz Acrobatic Team	January	High energy stunts & flips
Bongo Ball	February	Similar to paint ball but with nerf guns
Valentine's Day event & Magician	February	Live entertainment and light snacks
Six Appeal A Capella group	February	Pop rock vocal group
Lincoln Birthday Ski Trip	February 13, 8 am-7 pm	
Freezin' for a Reason	February 18, 3-5 pm	
Friday Night Hi-Lights	February 17, 24, March 3 7 pm	
Laser Tag	March	Inflatable in Ballroom
Speaker: Michael Sam	March	First openly gay professional football player
Casino Night	March	Card games, Blackjack, Roulette, Craps with prizes
Spoken Word Artist	March	Diversity poetry
Glow Bingo	April	Part of UUB Best Week Ever programming
CorbinStock: joint program with Res Life	April	Music festival with local talent
Gameshow: Think Fast	April	Similar to Price is Right game
Moms' Day Big Pink Volleyball	April 8, 3-5 pm	
Jackie Robinson Wiffleball Tournament	April 15, 5-8 pm	

Drag Show: co-sponsor with Unity	May	Annual event
Fall 2017-Spring 2018	Date	Description
Rocky After Dark: First Night	August	Carnival on football field for new students
David Hall Hypnotist	August	Opening weekend entertainment
Casino Night: partnership with Residence Life	August	Opening week programming
Battle Archery	August	Opening week programming
Bingo (Fall & Spring)	August/April	
Think Fast Game Show	September	Similar to Price is Right game
UUB Game Night	September	Various board games with prizes
Various Movies (6 throughout academic year)	3 in Fall/3 in Spring	FREE
Homecoming Variety Show	September	Student orgs perform variety acts
Homecoming Yell Like Hell	September	Student org cheer competition
Homecoming Spirit Game	September	Football game/pep rally
Tie Dye tees	October	Free shirts for students to make/take
Family Day Lawn Games	October 14, 10 am- 12 pm	
Fallen Soldiers 5k Run	October 14, 8 am	
Big Pink Volleyball	October 15-18, 4- 11 pm	
Dads' Day Tailgate Games	October 28, 10 am- 12 pm	
Life Size Game Night	November	Jenga, Chess, Connect Four, Angry Birds
Magician: Ben Siedman	November	FREE show
Indoor World Cup Soccer	November 11, 12- 6 pm	
Glow in the Dark Roller Skating	January	Welcome Back Week Programming
Comedian: Jen Kober	January	Welcome Back Week Programming
Dueling Pianos	February	2 pianos with comedy/singing and crowd engagement
Lincoln Birthday Ski Trip	February 12, 8 am- 5 pm	
UUB Game Night	March	Board games, E-games, and Life Size games
Spoken Word Artist	March	UUB Best Week Ever

Laser Tag	March	UUB Best Week Ever
Paint & Pizza	March	UUB Best Week Ever
Succulent Planting	April	UUB Best Week Ever
Mini-golf	April	UUB Best Week Ever
Moms' Day Big Pink Volleyball	April 7, 3-5 pm	
Concert: Jesse McCarthy & Waka Flocka Flame	May	Pop/early 2000's artist and hip hop artist

***ENV 2; NIAAA Tier IV**

XI. Academics:

A. First Year Experience:

The First Year Experience (FYE) Program Synopsis:

FYE is a comprehensive approach to ensure that first year students make a successful transition to college. Through participation in the First Year Experience, the university has the following primary goals for students:

Goal 1: Demonstrate the acquisition of skills for academic achievement.

Goal 2: Be aware of resources and policies, including how to access them and what they are, in order to succeed and use them when appropriate for success.

Goal 3: Continue building supportive academic, emotional, and social networks.

Goal 4: Engage in and demonstrate respectful and appropriate interactions within your communities.

Goal 5: Explore your values, experiences, and beliefs to begin developing a sense of self.

Goal 6: Demonstrate a desire and interest in continuing your education.

The First Year Experience was reviewed and reformatted from Fall 2011 up until Spring of 2013. The actual implementation of the revised program occurred beginning in Fall 2013. The FYE program has two courses, UNIV 100 and a general education or pre-professional course, both of which are taken in the fall semester.

University 100 is designed to help the students make a successful transition to the university and help students learn to live well focusing on the various dimensions of the wellness wheel including emotional, physical, social/civic, and intellectual wellness.

Programs/Initiatives

The University 100 course focuses on each dimension of wellness. The FYE program dedicates one week each semester to the course topic of Managing Your Health (alcohol and other drug awareness, making good health choices). The UNIV 100 course instructors cover this topic differently but they all cover the topic. This ensures that all first year students receive information regarding the managing of their health.

Some of the engaging ways instructors cover this topic include:

- A. Our FYE instructors have access to resources for the course and among this past year's resources, these were the ones included:

Books/Articles:

- Hingston, R. et al. (2005). Magnitude of alcohol-related mortality and morbidity among U. S. College students ages 18-24: Changes from 1998-2001, *Annual Review of Public Health, 26*, 259-279.
- Johnston, L. D., O'Malley, P. M., Bachman, J. G., & Schulenberg, J. E. (2008). Monitoring the future: National survey results on drug use, 1975 – 2007. *Volume II: College Students and Adults Ages 19-45*. (NIH Publication No. 08-6418B). Bethesda, MD: National Institute on Drug Abuse.
- Wechsler, H., & Nelson, T. F. (2008). What we have learned from the Harvard School of Public Health college alcohol study: Focusing attention on college student alcohol consumption and the environmental conditions that promote it. *Journal of Studies on Alcohol and Drugs*, 481-490.

Electronic Sources:

- **Interactive Games (making good choices)**
 - <http://www.usnews.com/education/best-colleges/articles/2015/08/18/interactive-games-help-address-drinking-sexual-assault-in-college>
 - <http://www.andrew.cmu.edu/course/53-610/profile.html>
 - National Institute on Alcohol Abuse & Alcoholism
 - <http://www.collegedrinkingprevention.gov/>
 - National Clearinghouse for Alcohol and Drug Information
 - <http://www.samhsa.gov/>
- B. Having the AOD Resource Center do class presentations. Instructors can request several different AOD programs and the AOD Resource Center has always been happy to make accommodations for these courses. Often these programs include using the fatal vision goggles. Below is a list of how many classes the AOD Resource Center visited (and conducted program in) during this time period:

- a. Fall 16- 23 classes
- b. Spring 17- 5 classes
- c. Fall 17- 29 classes
- d. Spring 18- 4 classes

C. Instructors also may cover the information related to AOD in various engaging ways.

In **Appendix H**, there is a description of the FYE program.

***IND 14, 18; NIAAA Tier IV**

B. Course Listings:

Curriculum:

The following courses are available at the undergraduate and graduate levels. They include courses related to alcohol and substance abuse and associated risk factors, treatment, and social development. The Department of Psychology offers a psychology of substance abuse course sequence that students interested in addiction can take. This course sequence allows interested students to pursue academic coursework in preparation for Certification as an Alcohol and Drug Counselor (CADC) in Illinois.

Undergraduate Courses:

African American Studies

251 Social Problems of Black Americans. (3) A sociological investigation of such problems as crime and delinquency, racism, mental illness, drug use, alcoholism, and poverty. *Prerequisite: sophomore standing or consent of instructor.*

Chemistry

263 Introduction to Pharmacology. (3) This course introduces the students to the basic concepts of pharmacology and the major categories of pharmacologic agents, and explores the myths and facts about vitamins, nutritional supplements, and common herbal medicines. *Prerequisites: either BIOL 101 or ZOOL 200 or ZOOL 330; and either CHEM 102 or CHEM 330.*

264 Pharmacy Methods. (3) This course is designed as an aid for students who plan a career in Pharmacy. The course describes methods used in Pharmacy, including receiving and processing prescriptions, drug calculations, dosage and formulations, Pharmacy law, and inventory control. *Prerequisite: CHEM 263 or permission of the instructor.*

363 Rational Drug Design. (3) The course emphasizes the process of drug development, identification of drug targets, and their introduction into clinical practice. Basic principles of

target identification and validation, chemical libraries and screening, receptor mechanisms and receptor targeting, ligand-based drug design are discussed. *Prerequisite: CHEM 332*

463 Advanced Pharmacology. (3) This course introduces the students to the chemical aspects of drug-receptor interactions, pharmacokinetics, and pharmacodynamics of major categories of pharmacologic agents. Not open to students who have credit for PSY 444. *Prerequisites: CHEM 421 and either ZOO 331 or ZOO 430; or NURS 310 and permission of the instructor.*

440 Elementary Forensic Techniques. (4) Applications of chemical principles to analysis of crime scene physical evidence including serology, drugs, explosive residues, arson debris, papers and inks, paint, and DNA fingerprinting. State-of-the-art techniques and instrumentation are used. *Prerequisite: CHEM 221 or 330 or permission of instructor. 3 hrs.; lect.; 3 hrs. lab.*

452 Forensic Toxicology. (4) Designed primarily for Forensic Chemistry majors. Applications of pharmacological, toxicological, and instrumental methods used in forensic investigations of death, poisoning, and drug use. Cannot be applied toward the Chemistry minor. *Prerequisite: CHEM 332 and 341. 3 hrs. lect.; 3 hrs. lab*

Dietetics, Fashion Merchandising, and Hospitality

150 (formerly FCS 204) Introduction to Hospitality Management. (2) A review of the history, growth, and development of hospitality services including an exploration of career opportunities in contemporary hospitality operation.

256 (formerly FCS 462) Bar and Beverage Management. (3) Principles of beverage science, mixology; bar and beverage management including controlling personnel, purchasing, inventory, and equipment; and legal issues related to clientele. *Prerequisites: FCS 150 and 21 years of age. Field trips will be required.*

Health Sciences

120 Personal Health Promotion. (2) (General Education/Human Well-Being) Designed to enhance students' physical, intellectual, emotional, social, and spiritual health, which will enable them to pursue their college and life goals more effectively.

123 Drug Use and Abuse. (2) (General Education/Human Well-Being) A comprehensive and in-depth study of the use and abuse of drugs in our society.

321 (Cross-listed with WS 321) Women's Health. (3) Provides information about how women can improve their chances of achieving and maintaining high-level wellness. Among the topics included are: prevention, early detection and treatment of health problems commonly occurring among women, contraception, pregnancy and childbirth, using the medical care system, and mental health. *Open to male and female students. Not open to students with credit in HE 321. Prerequisite: junior standing*

442 Drug Education in the Home, School, and Community. (3) Concepts of drug education with emphasis placed on preparing the student in content, resources, procedures, and philosophy of home, school, and community drug education. *Prerequisites: HE 123 (or its equivalent) and senior standing, or permission of instructor.*

450 Health Promotion Workshop. (1, repeatable to 2 with change in topic) Designed to provide new and updated information relative to current health issues confronting the health promotion professional. *Prerequisite: senior standing or permission of instructor.*

450 School Health Workshop. (1, repeatable to 2 with change in topic) Designed to provide new and updated information relative to current health issues confronting the school health professional. *Prerequisite: senior standing or permission of instructor.*

Nursing

326 Pharmacology I. (3) This course introduces the pharmacotherapeutics, pharmacokinetics, and pharmacodynamics of agents used in patient care and education. *Prerequisite: NURS 310.*

327 Pharmacology II. (2) This is the second course in a two course series and continues the discussion of pharmacotherapeutics, pharmacokinetics, and pharmacodynamics of agents used in patient care and education *Prerequisite: NURS 326.*

328 (Formerly NURS 423) Mental Health Nursing. (3) Students provide nursing care for clients from childhood through old age with acute and chronic needs related to mental health. Clinical experiences will occur in various settings. *Prerequisite or Corequisite: NURS 322.*

405 Nursing and the Community. (4) This course focuses on understanding and practicing public health and community health nursing, including epidemiology, client system, health behavior, health accommodation, stress and adaptation, and levels of prevention, immunizations, home care, clinics, and community agencies. A clinical component course. *Prerequisite: NURS 408.*

410 Public Health Nursing. (3) This course focuses on understanding population-based nursing care and public health nursing concepts including the role of public health nurses, levels of prevention, population based education, epidemiology, family-based care, immunizations, and specialty areas of population-based care. *Prerequisite: NURS 408. Corequisite: NURS 422.*

433 Community Mental Health Nursing. (3) Explores population-specific mental health issues including access, treatment modalities, and follow-up, and drug and alcohol abuse in the context of community health nursing. A clinical component course. *Prerequisite: NURS 328 or permission of program director.*

Psychology

100 Introductory Psychology. (3) (General Education/Social Sciences) An introduction to psychology including methods, theory, and data regarding the study of behavior. Topics include biological, social, learning, personality, motivation, and abnormal behavior.

250 Human Social Behavior. (3) (General Education/Social Sciences) An introduction to the influences of social factors on behavior. Topics include helping, aggression, interpersonal attraction, attitudes, prejudice, and behavior in groups. *Prerequisite: PSY 100 or permission of instructor.*

251 Personality and Adjustment. (3) (General Education/Social Sciences) An introduction to the study of personality and its relation to human behavioral adjustment emphasizing such topics as relating to others, stress management, needs, values, and self-esteem. *Prerequisite: PSY 100 or permission of instructor.*

334 Perspectives on Substance Abuse. (3) This course is designed to provide students with a usable framework regarding the nature of substance abuse and dependence. Students will explore various perspectives on substance use, as well as current issues in its diagnosis and treatment. *Prerequisites: PSY 100 and 251, or permission of instructor*

335 Substance Abuse Assessment, Education and Case Management. (3) This course is designed to provide an understanding of the roles of assessment, education, and case management in substance abuse treatment settings. *Prerequisite: PSY 334.*

336 Ethics and Special Populations in Substance Abuse Treatment. (3) This course is designed to familiarize students with relevant ethical and practice guidelines in substance abuse treatment, as well as with issues vital to effectively working with diverse populations. *Prerequisites: PSY 100 and 251.*

427 Health Psychology. (3) Examines how psychological theory and research have been used to study the behavioral, psychological, and social factors that affect physical health. Topics include how social scientists study coping with stress, pain, illness management, and prevention of unhealthy behaviors. *Prerequisites: PSY 251 and 223, or permission of instructor.*

434 Substance Abuse Treatment Approaches and Techniques I. (3) This course is designed to provide an introduction to basic therapy and counseling skills that are utilized in the treatment of substance abuse, as well as current brief therapy approaches. *Prerequisite: PSY 334.*

435 Substance Abuse Treatment Approaches and Techniques II. (3) This course is designed as an extension of Substance Abuse Treatment Approaches and Techniques I. Through more extensive examination of theory, research, and practice, students will be provided with information that guides the understanding and treatment of substance abuse problems. *Prerequisite: PSY 434.*

436 Substance Abuse Practicum. (3) This practicum will provide an opportunity for students to develop their individual and/or group substance abuse assessment and treatment skills through supervised work in a treatment center. *Prerequisites: PSY 336 and 435, or permission of instructor.*

444 Biopsychology of Drugs and Addiction. (3) A systematic study of the relationships between drugs and psychological processes (i.e., psychopharmacology) with emphasis on the roles of the central nervous system, individual experience, and the environment in determining the outcome of drug use.

Social Work

331 Social Work and Addictions. (3) An introduction to addictions and their effects on individuals, families, and society. Current theories, treatments, and social work roles and functions will be studied. *Prerequisite: junior standing or consent of instructor.*

Sociology

200 Contemporary Social Problems. (3) (General Education/Social Sciences) An investigation of problems pertaining to group conflict, race relations, crime, family disorganization, and other significant aspects of contemporary society. *Prerequisite: SOC 100 or consent of instructor. IAI: S7 901*

255 Deviant Behavior. (3) An analysis of research findings and theories relating to a variety of forms of “deviant behavior.” *Prerequisite: SOC 100 or consent of instructor.*

424 Sociology of Mental Health. (3) A survey of the history, causes, treatment, and effects of mental illness in the U.S. with emphasis on sociological factors such as social class, race, definitional process, etc. *Prerequisites: SOC 100 and one additional Sociology course, or consent of instructor.*

University Courses

100 Personal Growth in Higher Education. (1) This course provides first-year students with an introduction to social, intellectual, personal, and physical wellness as they relate to college-level success. *Credit cannot be given for both UNIV 100 and CSP 110. Prerequisite: Freshman standing with fewer than 24 s.h. earned, or permission of University Course Coordinator*

Graduate Studies Programs:

Chemistry

452G Forensic Toxicology and DNA Analysis. (4) Designed primarily for Forensic Chemistry majors. Applications of pharmacological, toxicological, and instrumental methods used in forensic investigations of death, poisoning, and drug use. Cannot be applied toward a Chemistry minor. *Prerequisite: CHEM 332 and CHEM 341.*

College Student Personnel

533 Special Problems in College Student Personnel. (1–3, repeatable to 6) Designed to provide a group of students an opportunity for further professional growth and to apply problem-solving approaches in dealing with a specific educational problem. *Prerequisite: CSP major*

550 Legal Issues for Professionals in College Student Personnel. (3) A study of the complex problems of law and ethics as they influence the field of college student personnel and the student affairs professional's role. *Prerequisite: CSP major*

555 Counseling Theories and Practices for College Student Personnel. (4) An examination of the major theories of counseling, the development of basic counseling skills central to, and for use in, college student personnel settings. *Prerequisite: CSP major.*

560 Student Characteristics and College Impact. (3) Characteristics of college students, focusing on the needs of the diverse student populations on today's college campuses, will be examined. The impact of college on students, including factors related to retention and attrition and the differential impacts of college on various student populations, will also be explored. *Prerequisite: CSP major or permission of instructor.*

Counselor Education

551 Counseling for Addictions. (3) Principles and practices of addiction prevention and counseling with special application to the functions of counselors.

Kinesiology

559 Sport Psychology. (3) A survey of the theories and research related to sport psychology. Includes the study of individual differences, motivation, and social influence processes in sport settings.

Psychology

444G Biopsychology of Drugs and Addiction. (3) A systematic study of the relationships between drugs and psychological processes (i.e., psychopharmacology) with emphasis on the roles of the central nervous system, individual experience, and the environment in determining

the outcome of drug use. *Prerequisite: PSY 343, or BIOL 103, or HE 123, or HE 442, or graduate standing, or permission of the instructor.*

523 Social Bases of Behavior. (3) Survey of empirical research and theories on the psychological processes related to interpersonal behavior, focusing on topics such as attitude change, social influence, and prosocial behavior.

596 Approaches to Substance Abuse Diagnosis and Treatment. (1) Students will become aware of the multiple theoretical viewpoints available to understand the human substance abuse, as well as the variety of treatment approaches available for addressing these difficulties. Emphases will be placed upon maintaining appropriate scientific skepticism regarding current cultural and professional viewpoints, as well as appreciating the importance of understanding the challenges inherent in the dually diagnosed. *Prerequisites: Permission of the instructor.*

XII. Campus and Community Coalitions

Community and University Partnership (CUPP)

CUPP includes representatives from several Western Illinois University student organizations, local law enforcement agencies and city officials, community organizations and University administrators. CUPP meets regularly to address issues affecting both WIU and the City of Macomb, including alcohol and other drugs.

***NIAAA Tier II**

XIII. Alcohol and Other Drug Assessments and Evaluations:

Core Survey

Western Illinois University has participated in the Core Institute's Alcohol and Other Drug Survey since its inception in 1989. The CORE Survey measures alcohol and other drug use on campus and provides information to assist with the development of policies and future prevention initiatives. The CORE Survey was administered in Spring 2018 with approximately 540 students completing the survey. The 2018 Core Executive Summary can be found in **Appendix I.**

E-Chug/E-Toke Assessments

WIU has utilized the E-Chug and E-Toke online assessment tools for the past ten years. On demand reports provide information regarding alcohol and marijuana use among our students. Data is collected in some classroom settings as well as student judicial situations and may not represent a random sample population.

***IND 21**

Alcohol and Other Drug Resource Center Satisfaction Survey Results

The Alcohol and Other Drug Resource Center (AODRC) has a client satisfaction survey in place to better gauge program effectiveness. Clients receiving services at the AODRC are asked to complete a pre service survey, which addresses substance use patterns and readiness to change. Upon completion of services, they are asked to complete a Satisfaction Survey, which includes the previous readiness to change questions in order assess whether the AODRC influences a client's desire to change their negative substance use behaviors.

Overall, clients appear to be satisfied with services received. Satisfaction Survey results are attached to the hard copy of this report (See **Appendix J**).

XIV. Office of Public Safety (OPS):

Fatal Vision Goggle Demonstration

OPS provides demonstrations using Fatal Vision Goggles upon request. Officers utilize the goggles and a golf cart to demonstrate the concept of impairment and the risks of driving while impaired. Officers assist with hall programs and collaborate with the Alcohol & Other Drug Resource Center to conduct these demonstrations.

***IND 1**

Alcohol and Other Drugs Presentations

The Office of Public Safety developed a PowerPoint presentation entitled "Staying Safe on Campus and Beyond" that is presented during segments of the University 100 course, upon request. This mandatory course is for all incoming freshman & transfer students attending the university. Various officers within the department completed sixty-seven programs. Topics covered during this program include personal safety, sexual assault laws/awareness, alcohol/drug policies/laws/safety tips/etc. Fifteen programs related to alcohol and/or other drugs awareness were done for students involved in Greek life, as well as for students residing on campus in residence halls. In addition, roughly 15 personal safety presentations were provided to a similar audience. Many of those personal safety presentations include discussion on alcohol and substance abuse/safety, as with the University 100 presentations.

***IND 18**

Western EMS

Western EMS is a professional, volunteer, non-transport Basic Life Support (BLS) Service. Members provide direct patient care to the Western Illinois University population and visitors to the campus. Western EMS personnel must complete rigorous training, continuing education, and evaluation programs to be eligible for membership. Members are selected based on experience, leadership, dedication, service and professional performance. Please see the table for information regarding alcohol related incidents.

	Fall 2016	Spring 2017	Fall 2017	Spring 2018
Ambulance transport-ETOH Chief Complaint	10	9	9	10
EMS Alcohol Evaluations	31	13	25	8

DUI Simulation

Western EMS hosts a mock DUI each spring semester in April. Please follow the link for additional information: http://www.wiu.edu/vpas/public_safety/wems/mockdui.php.

The intent of this demonstration is to show the dangers of driving under the influence of alcohol or other drugs. The event is open to the public and is geared towards high school and university students.

***IND 1**

Escort Services

Western Illinois University's Office of Public Safety provides an escort system so students, staff, and visitors do not have to walk alone. WIU Student Patrol members are available to provide escorts on campus during the evening to early morning hours. Student Patrol can be reached by calling OPS at 309/298-1949. Patrol officers can also provide escorts (if available) during times Student Patrol are not available.

***ENV 20**

RAD Classes

The Rape Aggression Defense System (RAD) self-defense class for women is offered on campus. Six certified officers teach the free course to students, staff, community members, and visitors to campus. The topics covered include avoiding victimization, patterns of date rape encounter, basic principles of defense, full-speed hands-on exercise, and dynamic simulation training. Alcohol education is presented throughout the class. RAD Classes are offered at least one time per semester.

***IND 14**

XV. Enforcement Data:

Public Safety

Total liquor law arrests and liquor law referrals

	Fall 2016- Spring 2017	Fall 2017- Spring 2018
OPS Alcohol Charges (including DUIs)	97	59
OPS Drug Charges	59	51
OPS Alcohol Judicial Referrals	31	23
OPS Drug Judicial Referrals	101	84
Total Alcohol Judicial Referrals*	239	154
Total Drug Judicial Referrals*	224	203

The OPS alcohol and drug charges consist of the total state and city charges for the various alcohol and drug offenses. The OPS alcohol and drug judicial referral information consists of total student judicial referrals issued for various alcohol and drug offenses. Information was provided from each fiscal year (2016-2017) and (2017-2018).

*The Office of Student Judicial Programs provided the total number of alcohol and drug judicial referrals. They consist of violations determined through the student conduct review process. Student conduct cases are based on law enforcement reports and documentations received from the following: OPS, Macomb Police Department, McDonough County Sheriff’s Department, Illinois State Police, and University Housing & Dining Services. The total number of referrals reflects violations that occurred between 7/1/15-6/30/16 and 7/1/16-6/30/17.

***NIAAA Tier III**

For further detailed information on the Office of Public Safety the Annual Security Report, covering the years 2015-2016 & 2016-2017, can be found in **Appendix K** of this report.

XVI: Summary:

The current report format and information was adapted after receiving feedback from the Illinois High Education Center for Alcohol, Other Drug and Violence Prevention (IHEC). The Director of Beu Health Center and the Prevention Coordinator of the Alcohol and Other Drug Resource Center met to evaluate strengths and weaknesses of Western Illinois University’s current alcohol and other drug abuse prevention efforts. The following is a summary of what was found.

Strengths:

Western Illinois University administration continues to be committed to reducing risks associated with alcohol and other drug use on campus. This continues to be part of the university strategic plan for 2012-2022 as well as Student Services’ goals.

The Alcohol and Other Drug Resource Center continues to be a resource for alcohol and other drug intervention. The AOD Resource Center successfully completed its Department of Human Services Division of Alcoholism and Substance Abuse licensure inspection in January of 2018. In an effort to continue to educate Western students, the AOD Prevention team works hard to continue current prevention efforts and seeks new ideas and collaborations with departments across campus. This led to the creation of new events such as Booze & Boos, where AOD partnered with OPS, Beu Health Center, and Western EMS to educate students on safe choices around Halloween.

Western Illinois University's First Year Experience (FYE) continues to provide opportunities to reach new university students. As part of FYE, the University 100 course is designed to help students make a successful transition to the university and help them learn to live well as a student, which includes discussion on alcohol and other drugs topics. AOD Resource Center participates in many of the University 100 classes during the alcohol and other drugs topic week at which time they present their Alcohol 101 presentation. The FYE program in conjunction with University Housing and Dining (UHDS) also sponsors events the first five weeks of the fall semester. Several of these events allow AOD to educate students on alcohol and other drugs.

Weaknesses:

Higher Education funding continues to be an issue in the State of Illinois. Furthermore, WIU has lost leaders due to attrition and restructuring. Some key positions have gone unfilled or filled on an interim basis leading to a lack of resources on campus.

Program assessment is imperative in order to determine if the alcohol and other drug programs on campus are effective. While the Alcohol and Other Drug Resource Center continues to implement program evaluation, new ways to encourage student evaluation should be sought.

Recommendations for Revising AOD Programs

Recommendation 1: Conduct a more in-depth Alcohol/Drug Policy Review

Alcohol and Other Drug policies must be reviewed on a regular basis to ensure they are both reasonable and enforceable. Western Illinois University has numerous policies pertaining to alcohol and other drugs in many different handbooks and policy manuals. It is recommended that all policies pertaining to alcohol and other drugs be reviewed in more detail to ensure they are current, reflect best practices and are consistently enforced.

Recommendation 2: Assess Existing Programs for Evidence of Effectiveness

The alcohol and other drug prevention program encompasses all of Western Illinois University's campus. A comprehensive program inventory should be conducted to identify and characterize existing programs based on NIAAA Tiers of Effectiveness and College AIM Matrix. Programs that include risk reduction and alternative activities should be included. These programs can then be

evaluated to determine their effectiveness and how they may fit into a comprehensive risk reduction plan.

Recommendation 3: Continue to Implement Effective and Relevant Late Night and Alternative Activities for Students

Western Illinois University should continue to offer effective and relevant late night and alternative activities for students. Budget concerns have caused funding for such activities to decrease over the last few years. It is imperative to offer students safe forms of engagement especially since WIU is located in a rural area without many options for entertainment.

Recommendation 4: Continue to Search for Innovative Ways for Students to Evaluate AOD Programs

Program assessment is imperative in order to determine if the alcohol and other drug programs are effective. The AOD Resource Center should continue to search for new ways for students to evaluate the alcohol and other drug programs on campus. New assessments should, ideally, remove barriers hindering the process and encourage student participation.