Due to the extraneous work conditions of the Military various health conditions are developed causing serious life ailments. Some of the Military’s working conditions are at high risk for serious injuries and death. Many military personnel are facing the effects of Post-Traumatic Stress Disorder also known as “PTSD”. Data was collected using research from various journal articles such as “PTSD Prevalence, Associated Exposures, and Functional Health Outcomes in a Large, Population-Based Military Chort” and internet sources. The main internet source used from the Centers of Disease and Control showed research consisting of approx. 2,600 Marines who were deployed to Iraq or Afghanistan. The research showed a moderately positive relationship between deployment history and PTSD prevalence within this baseline data. The purpose of this study is to inform the public about the risk of developing PTSD from being a part of the Military. To help potential military personnel become aware of the situational danger of joining the armed forces, not only during combat but when they are discharged as well. It is important to try and understand Post Traumatic Stress Disorder from a military perspective because it not only has a direct negative affect on those who suffer from it, but also affects their relationships with people in their everyday life. By exposing the occupational health problems this study will enlighten the dangers of military employment and provide prevention methods and treatment.