The most challenging aspect for women in the workforce is to understand the correlation between health hazards on the job and development of diseases in women. Women in the workforce are exposed to many chronic diseases and disorders. Health problems are identified by many female workers in various job industries. Data was collected by using internet sources and also Academic Journal articles. According to various studies, risk factors that affect women in specific industries are attributed to improper job fitness. In a world like today’s workforce, women want to be treated equally to men; however women are more susceptible to injuries or illnesses in certain work forces. The global commission on women’s health indicated that hazards in women’s jobs rarely compensate women or take into consideration the amount of time they have to remain from work due to a work related injury. Men receive more compensation and benefits than women in several job industries. The purpose of this study is to inform the general public about certain correlations between women, diseases and workplace injuries, risk factors and inequalities that directly affect women in our society’s workforce.