

GEORGE HERMANN



WESTERN ILLINOIS

SENIOR GAMES

About the Games

The George Hermann Western Illinois Senior Games cordially invites you to participate in the 44th Annual Senior Games to be held in Macomb, Illinois, on Friday, April 24, and Saturday, April 25, 2026. George Hermann founded the Western Illinois Senior Games in the Fall of 1980, organized the first regional games in the Spring of 1981, and served as the state coordinator for the Illinois Regional Senior Games for 23 years. George assisted with and participated in the Western Illinois Senior Games every chance he could and will be fondly missed at the games. WIU and the Senior Games committee renamed the games in his honor in 2018.

Please spread the word about our games to other Seniors. Information about the games and registration can be found by scanning the QR-code below or by using the following web link: www.wiu.edu/seniorgames/



SENIOR GAMES GOALS:

1. Provide an opportunity to test skills in a competitive (yet friendly) arena that will recognize you for your preparation, performance, and continued desire to lead a healthy lifestyle.
2. Encourage you to meet new people who have similar goals and interests in hopes of expanding your network of friends.
3. Showcase your talents before an audience of fellow competitors, friends and volunteers who will hopefully gain an appreciation for your commitment to lifelong activity and fitness.

GENERAL INFORMATION:

1. Age:

- All participants must be 50 years or older as of 12-31-25 to qualify for the Senior National Games.
- Please be prepared to show proof of age at your first event. (i.e. driver's license, state ID, etc.).
- There will be separate categories for men and women in five-year age groups, as follows:
50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; 100+.

2. Entries:

- ***THE FINAL DEADLINE FOR ENTRIES AND, SHIRT ORDERS IS FRIDAY, APRIL 10, 2026.***
- Questions can be directed to Tammi Bories at tl-bories@wiu.edu. If you need to talk to Tammi, please leave her a message at (309) 298-1981. She will return your call as promptly as possible.
- **Your games information packet will be distributed at your first event.**
- Events that can accept only limited participation will be filled by order of entry.

3. Entry and Special Fees:

- The entry fee is \$3 for one event, \$6 for two events, or \$8 if you enter three or more events.
- Participants may purchase a T-shirt for \$15.00. Shirts are 50% cotton/50% polyester in sizes from S to XL. (Please add \$1.50 for an XXL shirt or \$2.50 for XXXL.)
Shirt orders must be received by Friday, April 10.
- A special fee will be assessed and paid **at the time of the event** for those participating in:

Bowling (3 games)	\$ 5.00 (shoes \$1.00)
Golf (9 or 18-holes and shared cart)	\$30.00 green fees* (includes cart)
	*reduced cost for HMGC members

Please note, golf will start at 8 AM on Friday morning.
We will be using a shotgun start. Rain date, Fri., May 1.

4. With Registration fees:

All participants, registered for at least one event, will receive a commemorative medal (with the new Games logo) and be able to attend the Friday night social, free of charge. We hope you choose to build connections off the field. We are excited to offer participants the opportunity to gather, socialize, and share their unique journeys with one another. The social will be held on Friday, April 24th at 6 PM. Food and entertainment is included.

There will be an opening ceremony on Saturday, April 25th at 8 AM, South of the Student Recreation Center. We wish to welcome all participants. Light refreshments will be provided.

5. Awards:

Ribbons will be awarded immediately following the completion of an event to participants (male/female) who finish in 1st, 2nd, and 3rd place in each age category. Any ribbons not picked up at the event can be picked up in Brophy Hall 221A the following week.

6. Equipment:

Athletes must provide their own athletic and safety equipment, which must meet NSGA standards. WISO has a limited supply of equipment for certain events such as shot put, discus, javelin, and disc golf.

7. Parking Information:

Park in the non-metered area east of the Student Recreation Center (lot CB) any time after 12 PM on Friday or any time during the day on Saturday. Parking for disc golf will be east of Sherman Hall.

8. Cancellations:

- Senior Games officials reserve the right to cancel any event due to insufficient registration, inclement weather, or dangerous conditions.
- Some events may be canceled/postponed by the event chair in the case of inclement weather.
- The rain date for Golf is Friday, May 1st at 9:00 AM. Some Track and Field events may be moved indoors to Western Hall in case of inclement weather. The rescheduling of events will be determined the day of the event and emailed to all participants.
- If an event is canceled due to insufficient registration, every effort will be made to contact participants prior to the start of the Games. If none of the events you signed up for occur, a refund can be issued upon request.

9. Meals:

Food may be purchased in the WIU University Union (Qdoba, Chick-fil-a, coffee shop) until 5:30 pm on Friday and is closed on Saturday. Other fast food and sit-down restaurants can be found around town such as Subway, McDonald's, Wendy's, Taco Bell, Burger King, McAlister's, Buffalo Wild Wings, and Chick's on the Square, etc. For a more complete list of restaurants, please go to the following link, <https://www.visitforgottonia.com/restaurants>.

10. Housing:

Housing arrangements can be made directly with the hotel, motel, etc.

- Camper facilities are available at Spring Lake on a first-come, first-serve basis or at Argyle Lake State Park with a reservation (309-776-3422). Both sites have 20-30amp hookups, shower houses, and host campers as well as boat rentals, bike and hiking trails, etc.
- Hotels/Motels in town:

Best Western Macomb Inn, 1655 E. Jackson, Macomb, 309-836-6700

For a reduced rate, please call the Best Western Macomb Inn at the phone number above.

WIU-University Union Guest Rooms, on campus, 309-298-1941

Hampton Inn, 1639 East Jackson St., Macomb, 309-837-6000

Super 8 Macomb, 313 West University, Macomb, 309-588-4298

Quality Inn Macomb, 1646 N Lafayette St. Macomb, 309-837-2220

SCHEDULE OF EVENTS:

FRIDAY, APRIL 24, 2026

8:00 a.m.	Golf: 9-Hole and 18-Hole Divisions - WIU Golf Course (Green Fees and cart \$30.00)
11:00 a.m.	Pickleball (65+ year olds -Doubles/Mixed) at 400 East Calhoun St., Macomb*
1:00 p.m.	Swimming at YMCA Pool: located at 400 East Calhoun St, Macomb (warm-up at 12:30 p.m.)
3:30 p.m.	Singles/Doubles Bowling at Digger's College City Bowl (fee \$5.00 paid at lanes, shoes \$1.00)
4:30 p.m.	Singles/Doubles Corn Hole/Bags at Mac Gym in the Student Recreation Center
6:00 p.m.	Social: location TBD on the WIU campus (Pre-registered individuals are free; guests are \$5 each)

SATURDAY, APRIL 25, 2026

7:45 a.m.	Light Refreshments Southwest of Hanson Field, behind MAC gym of Student Recreation Center
8:00 a.m.	Opening Ceremony Southwest of Hanson Field, behind MAC gym of Student Recreation Center
	Field Events at North end of Hanson Field
8:15 a.m.	Discus, Shot Put
9:00 a.m.	Hammer Throw, Running Long Jump, Standing Long Jump
9:30 a.m.	Javelin
11:15 a.m.	High Jump, Softball Throw**
10:00 a.m.	Free Throws at Student Recreation Center Table Tennis (Singles) at Student Recreation Center Pickleball (50-64 year olds - Doubles/Mixed) at Brophy Hall*
11:15 a.m.	Track Events at Hanson Field*** 50 Meters 1500 Meter Run 400 Meters 1500 Meter Walk 200 Meters 800 Meters 100 Meters
1:00 p.m.	Disc Golf: 9-Hole and 18-Hole – Sipolt Memorial Disc Golf Course – 620 West Adams Street

* Pickleball doubles teams will be entered in the younger player's age category. **This is a recreational Pickleball event. Participants will play a Round Robin format, rally-scoring to 15.**

**High Jump and Softball Throw will take place on Hanson Field, inside track.

***Order of events as listed

Entry and Shirt Deadline: Friday, April 10th

LOCATION OF EVENTS:

Golf	Harry Mussatto Golf Course – 1215 Tower Rd (North of Macomb off U.S. 67) -	309-298-3676
Pickle Ball	Donald S. Spencer Student Recreation Center - on the WIU campus	309-298-2797
Cornhole	Donald S. Spencer Student Recreation Center - on the WIU campus	309-298-2797
Swimming	YMCA of McDonough County, located at 400 East Calhoun St.	309-833-2129
Bowling	Digger’s College City Bowl located at 123 East Adams St.	309-837-1252
Free Throws	Donald S. Spencer Student Recreation Center - WIU campus	309-298-2797
Table Tennis	Donald S. Spencer Student Recreation Center - WIU campus	309-298-2797
Track & Field	Hanson Field* - WIU campus. Please park in Q-Lot	
Disc Golf	Sipolt Memorial Disc Golf Course – 620 W. Adams Street – WIU Campus	

*We reserve the right to move locations for outdoor events due to inclement weather to Western Hall.