

**2025 “GEORGE HERMANN” WESTERN ILLINOIS
SENIOR OLYMPICS
WESTERN ILLINOIS UNIVERSITY
General Information**

The George Hermann Western Illinois Senior Olympics cordially invites you to participate in the 43rd Annual Senior Olympics to be held in Macomb, Illinois on Friday, April 25, and Saturday, April 26, 2025. George Hermann founded the Western Illinois Senior Olympics in the Fall of 1980, organized the first regional games in the Spring of 1981, and served as the state coordinator for the Illinois Regional Senior Olympics for 23 years. George assisted with and participated in the Western Illinois Senior Olympics every chance he could and will be fondly missed at the games. WIU and the Senior Olympics committee renamed the games in his honor in 2018.

Please spread the word about our games to other Seniors. Information about the games and registration can be found by scanning the QR-code to the right. If you need a downloadable registration form, you can use the following web link: www.wiu.edu/seniorolympics/



***Note: There are no significant changes from last year’s games schedule. We will convert to an online registration format in the future, so please consider registering online this year.**

SENIOR OLYMPIC GOALS:

- Provide you with the opportunity to test your skills in a competitive (yet friendly) arena that will recognize you for your preparation, performance, and continued desire to lead a healthy lifestyle.
- Encourage you to meet new people with similar goals and interests with hopes of expanding your network of friends.
- Showcase your talents before an audience of fellow competitors, friends, and volunteers to gain an appreciation for your commitment to lifelong activity and fitness.

GENERAL INFORMATION:

1. Age:

All participants must be 50 years of age or older as of 12-31-24 to qualify for the Senior National Games. Please be prepared to show proof of age at your first event. (i.e. driver’s license, state ID, etc.). There will be separate categories for men and women in five-year age groups, as follows:
50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; 100+.

2. Entries:

- **THE FINAL DEADLINE FOR ENTRIES AND, SHIRT ORDERS IS FRIDAY, APRIL 11th, 2025.**
- **Please consider registering online. If you need to mail your completed entry form and check, please send to:**

**George Hermann Western Illinois
Senior Olympics
Brophy Hall 221A
Western Illinois University
Macomb, IL 61455**

- Questions can be directed to Tammi Bories at tl-bories@wiu.edu. If you need to talk to Tammi, please leave her a message at (309) 298-1981. She will return your call as promptly as possible.
- **Your games information packet will be distributed at your first event.**
- Events that can accept only limited participation will be filled by order of entry.
- Any senior athlete residing in the United States is eligible to participate.

3. Entry Fee and Special Fees:

- The entry fee is \$10 for one event or \$15 if you enter two or more events.
- Participants may purchase a T-shirt for \$20.00 or a Polo shirt for \$25.00. Shirts are 50% cotton/50% polyester in sizes from S to XL. (Please add \$1.50 for an XXL shirt or \$2.50 for XXXL.) Shirt orders must be received by Friday, April 11th.
- A special fee will be assessed and paid **at the time of the event** for those participating in:
Bowling (3 games) \$ 7.00 (shoes \$1.00)
Golf (9 or 18-holes and shared cart) \$25.00 green fees* (includes cart)
*reduced cost for HMGC members
Please note, golf will start early on Friday morning.
We will be using a shotgun start. Rain date, TBA.

4. Awards:

- Ribbons will be awarded immediately following the completion of an event to participants (male/female) who finish in 1st, 2nd, and 3rd place in each age category. Any ribbons not picked up at the event can be picked up in Brophy Hall 221A the following week.

5. Equipment:

- Athletes must provide their own athletic and safety equipment, which must meet NSGA standards. WISO has a limited supply of equipment for certain events such as shot put, discus, and disc golf.

6. Cancellations:

- Senior Olympic officials reserve the right to cancel any event due to insufficient registration, inclement weather, or dangerous conditions.
- Some events may be canceled/postponed by the event chair in the case of inclement weather.
- If an event is canceled, every effort will be made to contact participants prior to the start of the Olympics. If none of the events you signed up for occur, a refund can be issued upon request.

7. Parking Information:

Park in the metered area east of the Student Recreation Center on **Friday morning. After 5:00 p.m. on Friday and all day on Saturday**, you may park in Q-Lot, east of Western Hall. You may use any of the parking areas during these times *except* the reserved areas near the residence halls and handicapped parking areas. Parking for disc golf will be east of Sherman Hall.

8. Meals

Food may be purchased in the WIU University Union (Qdoba, Chick-fil-a, coffee shop), and around town at various sites like Subway, McDonald's, Wendy's, Taco Bell, Burger King, and Chick's on the Square, etc.

9. Housing:

Housing arrangements can be made directly with the hotel, motel, etc.

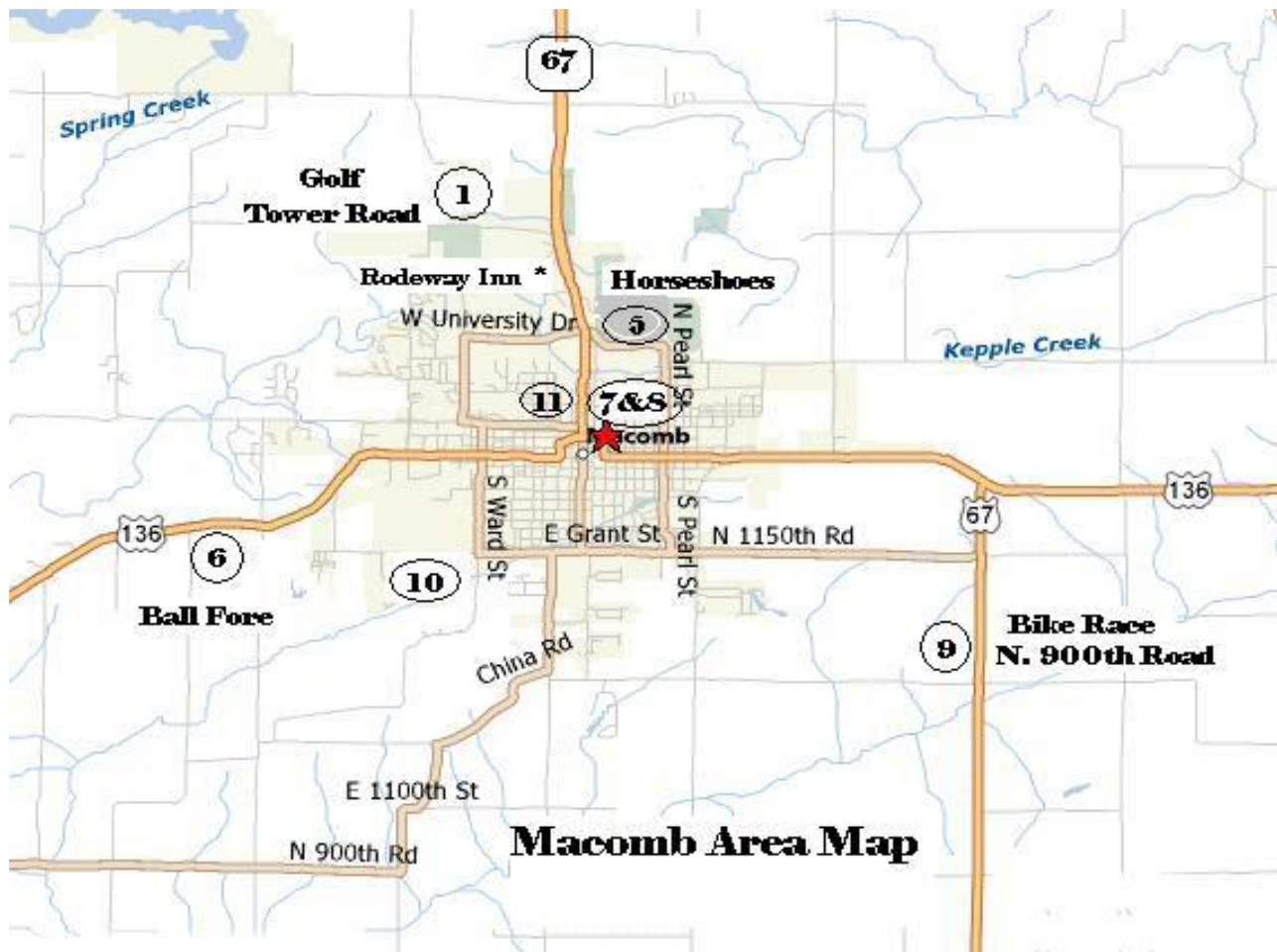
- Camper facilities are available at Spring Lake on a first-come, first-serve basis or at Argyle Lake State Park with a reservation (309-776-3422). Both sites have 20-30amp hookups, shower houses, and host campers as well as boat rentals, bike and hiking trails, etc.
- Hotels/Motels in town:
WIU-University Union Guest Rooms, on campus, 309-298-1941
Hampton Inn, 1639 East Jackson St., Macomb, 309-837-6000
Super 8 Macomb, 313 West University, Macomb, 309-588-4298
Best Western Macomb Inn, 1655 E. Jackson, Macomb, 309-836-6700
Quality Inn Macomb, 1646 N Lafayette St. Macomb, 309-837-2220

LOCATION OF EVENTS: See map on next page

Golf	Harry Mussatto Golf Course – 1215 Tower Rd (North of Macomb off U.S. 67) -	309-298-3676
Bike Race	See map on next page. Meet at Scotland Trinity Presbyterian Church, 14950 N. 900 th Road – U.S. 67, (6 mi. southeast of Macomb)	
Horseshoes	Glenwood Park. Take North Randolph Street to North Hickory Grove Lane and turn right (courts located by the Macomb Country Club entrance)	309-833-4562
Cornhole	Glenwood Park. Take North Randolph Street to North Hickory Grove Lane and turn right (courts located by the Macomb Country Club entrance)	309-833-4562
Swimming	YMCA of McDonough County, located at 400 East Calhoun St.	309-833-2129
Bowling	Digger’s College City Bowl located at 123 East Adams St.	309-837-1252
Free Throws	Donald S. Spencer Student Recreation Center - on the WIU campus	309-298-2797
Table Tennis	Donald S. Spencer Student Recreation Center - on the WIU campus	309-298-2797
Track & Field	Hanson Field - on the WIU campus. Please park in Q-Lot	
Disc Golf	Sipolt Memorial Disc Golf Course – 620 W. Adams Street – WIU Campus	

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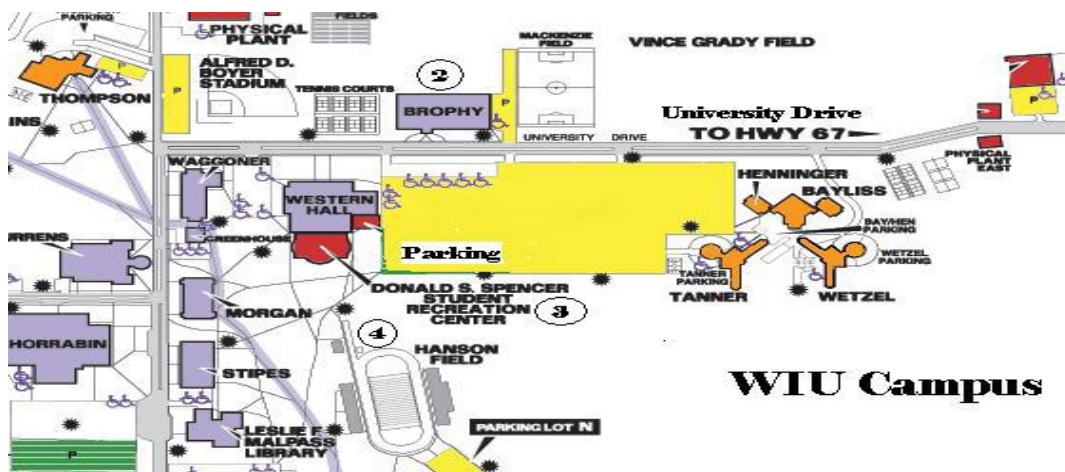




Macomb Area Map

Senior Olympic Sites

- | | |
|--|-------------------------------|
| 1. Golf - Harry Mussatto Golf Course | 7. Digger's College City Bowl |
| 2. Social – Brophy Hall, Room 235 | 8. Swimming – YMCA Pool |
| 3. Free Throws - Student Recreation Center | 9. Biking - Scotland Church |
| 4. Track and Field - Hanson Field | 11. Disc Golf – Sipolt Course |
| 5. Horseshoes/Cornhole – Glenwood Park | |



WIU Campus

ENTRY FORM--GEORGE HERMANN WESTERN ILLINOIS SENIOR OLYMPICS

April 25-26, 2025

Please check the events you wish to enter in the 2025 George Hermann Western Illinois Senior Olympics. Be sure to sign the waiver as entry to the event and enclose with all applicable fees.

FRIDAY, APRIL 25, 2025

7:30 a.m.	_____ Golf: 18-Hole Division - WIU Golf Course (Green Fees and cart \$25.00)
7:30 a.m.	_____ Golf: 9-Hole Division - WIU Golf Course (Green Fees and cart \$25.00, good for 18 holes)
10:30 a.m.	_____ 1-mile bike race
11:00 a.m.	_____ 5K bike race (first half of 10K race will be timed for 5K awards)
11:00 a.m.	_____ 10K bike race
Noon	_____ Horseshoes at Glenwood Park in Macomb
1:00 p.m.	_____ Corn Hole at Glenwood Park in Macomb
1:30 p.m.-3:30pm	Swimming at YMCA Pool : located at 400 East Calhoun St, Macomb (warm-up at 1:30 p.m.)
	_____ 50 Yd. Freestyle _____ 50 Yd. Back Stroke
	_____ 25 Yd. Freestyle _____ 25 Yd. Back Stroke
	_____ 50 Yd. Breast stroke _____ 500 Yd. Freestyle
3:30 p.m.	_____ Bowling at Digger's College City Bowl (fee \$7.00 paid at lanes, \$1.00 for shoes)
6:00 p.m.	_____ Social at Brophy Hall 235 (Pre-registered individuals are free; guests are \$5 each)

SATURDAY, APRIL 26, 2025

8:00 a.m.	_____ Free Throws at Student Recreation Center (doors open at 7:30 a.m.)
8:00 a.m.	_____ Table Tennis (Singles) at Student Recreation Center
8:30 a.m.	Field Events at Hanson Field
8:30 a.m.	_____ Discus _____ Shot Put
9:00 a.m.	_____ Hammer Throw _____ Running Long Jump _____ Standing Long Jump
9:00 a.m.	_____ High Jump _____ Softball Throw
9:30 a.m.	_____ Javelin
10:00 a.m.	Track Events at Hanson Field
10:00 a.m.	_____ 1500 Meter Walk Race
10:15 a.m.	_____ 100 Meters
10:30 a.m.	_____ 800 Meters
10:45 a.m.	_____ 200 Meters
11:00 a.m.	_____ 400 Meters
11:15 a.m.	_____ 50 Meters
1:00 p.m.	_____ Disc Golf – Sipolt Memorial Disc Golf Course – 620 West Adams Street
	_____ 9-holes _____ 18-holes _____ Distance

Please print the following information:

NAME: _____ SEX: (circle) Male Female AGE: _____
 DOB: ___/___/___ (age for 2025 games is based upon age as of 12/31/2024)

ADDRESS: _____

CITY: _____ ST _____ ZIP CODE _____ TELEPHONE: _____

E-MAIL ADDRESS: _____

PLEASE RETURN TO:

SENIOR OLYMPICS
 BROPHY HALL 221A
 WESTERN ILLINOIS UNIVERSITY
 MACOMB, IL 61455

FEES ENCLOSED

Entry Fee (one event)	\$10.00	\$ _____
Entry Fee (2 or more events)	\$15.00	\$ _____
T-shirt	\$20.00	\$ _____
Polo Shirt	\$25.00	\$ _____
(* add \$1.50 for XXL or \$2.50 for XXXL)		\$ _____
Size - Circle S M L XL XXL*		
Social guests (\$5/guest)	# of guests _____	\$ _____

Entry and Shirt Deadline: Received by Friday, April 11th

Entries will be confirmed only by self-addressed post card, if included in entry. Total Enclosed: \$ _____

(Please make checks payable to Western Illinois Senior Olympics)



*****You must complete the waiver and emergency contact information*****

Waiver and Release of All Claims

Please read this form carefully and be aware that in signing up and participating in the George Hermann Western Illinois Senior Olympics, you will be waiving and releasing all claims for injuries you might sustain arising out of your participation in this competition.

George Hermann Western Illinois Senior Olympics

As a participant in the George Hermann Western Illinois Senior Games, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries (including death), damages or loss which I may sustain as a result of participating in any and all activities connected with or associated with such competition.

I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, agree to waive and relinquish all claims I may have as a result of participating in the competition against the George Hermann Western Illinois Senior Olympic Board, officials, volunteers, and sponsors at all participating sites, the Board of Trustees of Western Illinois University, its officers, agents, servants, and employees from any and all claims from injuries (including death), damages or loss which I may have or which may accrue to me on account of participating in the competition.

I further agree to indemnify and hold harmless and deem the George Hermann Western Illinois Senior Olympics Committee, officials, volunteers, and sponsors at all participating sites, the Board of Trustees of Western Illinois University, its officers, agents, servants, and employees from any and all claims resulting from injuries (including death), damages, and losses sustained by me or arising out of, connected with, or anyway associated with the activities of the program.

MEDICAL CONSENT

In the event of an emergency, I authorize George Hermann Western Illinois Senior Olympics officials and Western Illinois University officials to secure from any licensed hospital, physicians and/or medical personnel any treatment deemed necessary for my immediate care and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand the above documents concerning the waiver and release of all claims and permission to secure treatment.

Signature _____ Date _____

Please Print Name _____

Who should we contact in

case of an emergency: _____ **TELEPHONE:** _____



PHOTOGRAPH RELEASE FORM

I, _____, do hereby give Western Illinois University its assigns, licensees, and legal representatives the irrevocable right to use my name (or any fictional name), photograph, and/or video image in all forms and media (including the Internet) by Western Illinois University, and I waive any right to inspect or approve the finished version(s), including written copy that may be created in connection therewith. I have read this release and am fully familiar with its contents.

Signature _____ **Date** _____

Name of your Local Newspaper _____

Address _____ **State** _____ **Zip** _____