

# Learning Is For Ever

## Fall 2021

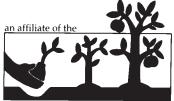
## Course List and Registration Form

During the upcoming semester, LIFE will offer many new, exciting adult education opportunities, including the premiere of "How to Meditate" and "Red Skelton Visits Macomb," as well as favorites like "Armchair Traveler" and "Cooking with Harold."

Your Invitation to the Challenge and Joy of Lifelong Learning

Study Abroad and Outreach Western Illinois University

wiu.edu/life



ELDERHOSTEL INSTITUTE NETWORK®

# The Purpose and Operation of LIFE

#### Promoting Self-Growth/Building Community

LIFE (Learning Is ForEver) is affiliated with the Road Scholar Elderhostel Institute Network, a national organization of over 150 similar groups devoted to adult education. In the Macomb area, LIFE is sponsored by Western Illinois University's Study Abroad and Outreach office; however, it is a self-directed organization, composed of retired and semi-retired area residents who develop courses, select the teachers, establish the fees and promote the curriculum. Now in its third decade, the LIFE organization is dedicated to providing high-quality, enjoyable educational experiences for very modest fees. The teachers and activity leaders are not paid, but they are all highly competent, engaging and friendly members of the community, who are committed to sharing the joy of lifelong learning.

Any adult is welcome to register for a LIFE course. There are no educational requirements, nor are there any prerequisites or exams. All anyone needs is an interest in sharing an educational experience. The class members are commonly a mixture of people, with varied backgrounds, who want to remain intellectually stimulated, learn new skills or participate in cultural events—and probably make new friends in the process. Every class functions in an informal, non-competitive way, fostering lively engagement with the topic and an enjoyable experience. Designed to be stimulating and fun, the LIFE program provides recreational education and champions the cause of lifelong learning in the Macomb area.

Call Sally Adams at WIU's Study Abroad and Outreach office at (309) 298-1911 for information on transportation or handicapped accessibility. She can also put you on the email list to receive this free, semi-annual course brochure.

Because our costs have increased, and in order to keep your costs affordable, brochures will be sent to your e-mail address. Also, the brochure may be found online at wiu.edu/life. Hard copies will be available at numerous community locations such as the YMCA Senior Center, Western Illinois Museum, several senior living centers and some local businesses.

Western Illinois University is not responsible for personal injury or property damage arising from voluntary participation in this program.

The following LIFE officers and committee members welcome your comments on the LIFE program, your inquiries and participation and any suggestions you may have for future courses:

#### Officers

Dan Wise, president Jack Schoonover, treasurer David Self, historian Sally Adams and Emily Roberts, WIU LIFE liaisons

#### Curriculum Committee

Kathy Nichols and Paula Wise, co-chairs

John Hallwas Patti Jones Steve Hopper Bill Maakestad Carol Sims Val Smead

#### Social Committee

Garnette Hallwas and Brenda Allison, co-chairs

Janna Haworth Carol Sims

Phyllis Self Mary Elizabeth Vos

The LIFE organization is grateful to our sponsor, Western Illinois University's Office of Study Abroad and Outreach, and to these community partners, who are also committed to providing lifelong learning opportunities for area residents:

The Crafty Coop, LLC Spoon River College Community Outreach Center

Free Range Yoga & Community Wellness Center Western Illinois University

Macomb Park District's Lakeview Nature Area Western Illinois Museum

Make Fit Happen

## A Letter from the President

Welcome to the LIFE schedule for Fall 2021.

The past months have been difficult for all of us as we dealt with the terrible COVID-19 pandemic. Our scheduled Spring 2020 LIFE classes were put on hold. In Fall 2020 and Spring 2021, we offered a limited number of Zoom-based LIFE courses. Thanks to vaccinations, we are going to offer mostly face-to-face courses this fall. We are not able to restrict attendance for classes to the fully vaccinated; however, we are asking all participants, out of respect for the instructors and fellow participants, to be vaccinated prior to enrolling. Thank you!

We have another exciting and diverse lineup of learning opportunities for you. As I have written before, we have a group of people working hard to provide these classes. I would like to invite even more of you to consider becoming involved.

Do you have a course you would like to take? Is there a course you might like to teach? Would you like to volunteer to serve on one of our committees? If so, please get in touch with me at danwise19@comcast.com, or contact an officer or committee member you may know.

Registration for LIFE courses can now be done all online. Visit wiu.edu/life for full details. Payments for online registrations can be made via PayPal, credit/debit card or check. I thank you for your support as we continue to provide a LIFE program that offers wonderful opportunities for educational, cultural and social interaction.

Dan Wise

LIFE president

#### **Course Costs and Refund Policy**

#### **Course Costs**

Costs are based upon the number of hours in a course as listed below:

In addition, prices may include course-specific costs, such as food, travel, course materials, etc.

#### Please read the LIFE Refund and Waitlist Polices closely, as they reflect some changes.

#### **Refund Policy**

- Requests to withdraw from a class must be received 30 days prior to the first class meeting
  in order to receive a refund. All approved refunds will be issued at the end of the semester.
- Requests to withdraw from a class received less than 30 days prior to the first class meeting
  will be issued an in-house credit to be used for a LIFE course from either the current or
  next semester. If the credit does not get used in either the current or next semester, it will
  be absorbed by the LIFE organization for future programing costs.
- Those owed a refund will receive a check directly from WIU.
- Those who have paid for a class that is cancelled, or who are waitlisted and no space becomes available, will be refunded.

#### Refund Policy (specific to registration paid by credit card or online)

- Any payment made using a credit card accrues a credit card transaction fee.
- If a course is cancelled by LIFE or a LIFE instructor, the full course registration cost, including the transaction fee, will be refunded.
- If you cancel your course registration because you are unable to attend, the course registration cost minus the transaction fee will be refunded.

#### Waitlist Policy

- If you have been waitlisted for a course, that information will be included in your registration confirmation email/letter.
- If a space becomes available in the course for which you have been waitlisted, you will be contacted by staff from our office.
- Please do not plan to attend a course for which you have been waitlisted unless you have been contacted by staff from our office who have notified you of an available space.

#### **Our Courses**

#### Armchair Traveler

October 14: Tim and Emily Roberts, and their kids, Zoe and Sumner, recently spent a year in China. See cities they visited from Urumchi in the west, to Guangzhou in the southeast, as well as Hangzhou, their city of residence. They will share how they learned the hard way that Hong Kong hasn't been assimilated to the mainland!

October 21: Alice and Bill Davenport think Utah rocks! They loved the rocky national parks of southeast Utah, as well as some scenic Navajo lands-especially Antelope Canyon. A mix of geology, photography and exploration made for a trip worth sharing.

October 28: Mary Warnock and three family members made a Purple Heart remembrance tour of Germany and France in 2003. Their itinerary provided them the opportunity to see the Norman Invasion, as pictured in the Bayeux Tapestries, as well as visiting the Monet Giverney Gardens. Mary will share her impressions of the enormous church in Chartres, sampling Parisian ice cream, and touring the finest museums of Paris.

November 4: Sisters Connie LaRue and Candy Duncan are excited to share travel in Spain, the Rick Steves Way. Rick Steves, a popular PBS host, author and outspoken activist, who encourages Americans to broaden their perspectives through travel, offers a wide variety of tours throughout Europe. We'll point out the highlights and wonders of Spain as we share details of a journey on a Rick Steves tour.

Coordinator: Steve Hopper

Class Sessions: Thursdays, Oct. 14, 21, 28 and Nov. 4

Time: 1:30 - 3 p.m.

Place: Spoon River College Community Outreach Center, 2500 E. Jackson St.

**Parking:** At the site

Maximum Enrollment: 50 Cost: \$15

#### Basic Home Maintenance and Home Improvement

This class will cover basic home maintenance and improvement projects. The presenter will talk about what tools to always have on hand for basic triage in the event of a break or a leak. He will cover which tools are best to own and which are better to rent or borrow from a friend. Also, he will discuss which projects professionals should be hired to complete. During the first class period, he will talk about the basics. During the second class period, he will answer questions, as well as examine different tool options for various situations.

Coordinator: Ted Renner

Class Sessions: Thursdays, Nov. 11 and 18

Time: 5:30 - 6:30 p.m.

Place: Spoon River College Community Outreach Center, 2500 E. Jackson St.

Parking: At the site

Maximum Enrollment: 30 Cost: \$5

#### Battlefield and Homefront: Holiday Celebrations During the 1860s

During the 1860s, celebrating Thanksgiving and Christmas became popular on the battlefield and at the homefront. Thanksgiving, a distinctly American celebration, was designed to unify the country, while giving thanks in the midst of national strife. Christmas was an attempt by soldiers and civilians alike to seek solace and security from the chaos of war through familiar European traditions. Discover how these two holidays developed and evolved during the Civil War. Learn how each was observed in different regions at home and on the battlefield.

Coordinators: Estelle Plewa Bath, Ray Krey and Nancy Chu

Class Session: Saturday, Nov. 6

Time: 9:30 - 11:30 a.m.

Place: Western Illinois Museum, 201 S. Lafayette St.

Parking: At the site

Maximum Enrollment: 20 Cost: \$5

#### The Book Club (Via Zoom)

The We Need to Talk Book Club will give us a chance to join in conversation and to connect with others. Perhaps we'll find a new perspective, a different reality or just an enjoyable reading experience. Brief descriptions of our books for discussion are below.

#### Tuesday, Sept. 7

"Hamnet" by Maggie O'Farrell

Hamnet is a novel inspired by the death of Shakespeare's son. The major focus is with Shakespeare's wife, Agnes, a strange, fiercely independent, woman who is a healer, a seer and a devastated mother, who is grief-stricken. The author suggests that Shakespeare's reaction to Hamnet's death might have been responsible for one of the most famous plays of all time.

#### Tuesday, Oct. 5

"The Night Watchman" by Louise Erdrich

The U.S. government threatened the Chippewa on the Turtle Mountain Reservation with dispossession of their land in the 1950s. The author's grandfather attempted to save their way of life, which is one of several story lines in the novel. Erdirch is an exceptional storyteller who celebrates the cultural identity of the Turtle Mountain Chippewa and identifies joys, challenges and brutality.

#### Tuesday, Nov. 2

"Whereabouts" by Jhumpa Lahiri

This unusual, lyrical novel is about a woman at a crossroads. The very short, and beautifully written chapters, subtly unveil the story of the quiet, somewhat sad, solitude of her life.

Coordinator: Connie LaRue

Class Sessions: Tuesdays, Sept. 7, Oct. 5, and Nov. 2

Time: 1 - 2:15 p.m.

Place: Sessions will be held on Zoom

Maximum Enrollment: 20 Cost: \$10

#### Ceramics Basics: Make A Cookie Tray

Are you searching for a little creative therapy and looking for a fun introduction to clay? This relaxing course will focus on the basic skills needed to create a cookie tray perfect for the upcoming holiday season. No previous skills in clay are necessary, but a willingness to get a little messy is highly encouraged! Join us and create a sweet treasure for your home! Course includes clay, bisque and glaze kiln firings, and one participant made tray that will be ready for pick-up around four weeks after the course. We can't wait to create with you! Participants will be able to pick-up their completed work in 4 weeks after completing the course during normal Park District business hours (M-F, 8 - 4 p.m.). Masks are required.

**Instructor:** Natalie Shelly **Class Session:** Thursday, Nov. 18

Time: 6:30 -7:30 p.m.

Place: Macomb Park District Ceramics Studio: 1406 N. Randolph St. Macomb

Parking: Studio parking/entrance is located at the back of the building.

Maximum Enrollment: 12 Cost: \$10

#### Civil War: and the War Came

This course, in eight sessions, will consider and evaluate the significant events leading up to the outbreak of the still controversial Civil War. Why did this costly war take place? Was there one single cause, or a variety of causes? Could this unexpected conflict have been prevented? What do the events that took place in the pre-war period tell us about our history? Is our history repeating itself? There are no required texts.

The instructor strongly suggests that only those fully vaccinated against the Covid-19 register for this class.

Instructor: Larry Balsamo

Class Sessions: Tuesdays, Aug. 24, 31, Sept. 7, 14, 21, 28, Oct. 5 and 12

**Time:** 4 - 5:30 p.m.

Place: Horrabin Hall Room 59, WIU Campus

Parking: At the site

Maximum Enrollment: 30 Cost: \$20

#### Cooking with Harold

This class is a combination of observation and participation with gourmet cook Harold Schmalfeld. Class one will feature Oriental style dishes. Class two will consist of savory soups for the fall.

Because of close proximity in the kitchen, it is requested that all participants be fully vaccinated against Covid-19.

**Instructors:** Harold Schmalfeld and Patti Jones **Class Sessions:** Thursdays, Sept. 30 and Oct. 7

Time: 5 - 7 p.m.

Place: TBD

Parking: At the site

Maximum Enrollment: 10 Cost: \$10

#### Create the Ever-Changing Workout

Would you like to be able to create your own home workout? Join Kristen Conrad from Make Fit Happen to learn how to put together a well balanced workout that can be changed as needed to create variety.

Both sessions will contain the same content. Register for one session.

Coordinator: Kristen Conrad

Class session options: Tuesdays, Sept. 7 and 21

**Time:** 2 - 3 p.m.

Place: Make Fit Happen, 1208 N. Lafayette St.

Parking: At the site

Maximum enrollment: 20 Cost: \$5

#### Flexibility 101 - Get Ready to Feel Better

Can't touch your toes? Does everything feel tight? No problem! Join Dawn Piper, a certified yoga therapist with the International Association of Yoga Therapists, for a series of movements to help you stretch your body and feel so much better. No yoga experience is needed. Bring a mat. Other helpful props are a yoga strap, blocks and a blanket, if you have them.

Instructor: Dawn Piper

Class Session: Tuesday, Sept. 15

**Time:** 5:15 p.m. – 6 p.m.

Place: Free Range Yoga - South Wing - 118 N. Lafayette St.

Parking: At the site

Maximum Enrollment: 15 Cost: \$5

#### The Greatest Concert Movies of All-Time: Part One

Forget Woodstock! Sit back, relax and enjoy two outstanding concert films, each featuring some of the finest musicians ever assembled on a single stage. "The TAMI Show," filmed in glorious black and white just eight months after the Beatles appeared on Ed Sullivan, introduced rock n' soul youth culture to America in the first concert movie of the rock era. The music and fun explode off the screen in this 1964 film, which features The Rolling Stones, James Brown, the Supremes, the Beach Boys, Smokey Robinson, Lesley Gore, and many other American and British hit-makers in their prime. "Jazz on a Summer's Day," filmed in 1958 at the Newport Jazz Festival, is a feast for both the eyes and ears—whether or not you're a jazz fan. Gracing the stage are Louis Armstrong, Mahalia Jackson, Thelonious Monk, Big Maybelle, a very young Chuck Berry and many other legends who knew how to entertain an audience, as well as create terrific music. Background, opinions and memories will be offered for each film—and class participation, along with popcorn consumption, is encouraged.

Instructor: Bill Maakestad

Class Sessions: Mondays, Sept. 13 and 20

Time: 6:30 - 8:30 p.m.

Place: Spoon River College Community Outreach Center, 2500 E. Jackson St.

Parking: At the site

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Maximum Enrollment: 40 Cost: \$10

#### How to Meditate: an Introduction

If you have the time and desire for peace and quiet, you can learn to meditate. In this introductory-level class, Bill Maakestad—instructor at Free Range Yoga & Community Wellness Center—will provide guidance through simple forms of meditation anyone can master. In recent decades, medical science has confirmed that meditation, if correctly practiced, can offer deep and lasting benefits for mental functioning and emotional health, as well as physical health and well-being. Comfortable, loose clothing recommended.

Instructor: Bill Maakestad Class Session: Wednesday, Sept. 15

**Time:** 6:30 – 7:45 p.m.

Place: Free Range Yoga - South Wing - 118 N. Lafayette St.

Parking: At the site

Maximum Enrollment: 12 Cost: \$5

#### Iberian Jews and the Spanish Inquisition

Historically distant in our imagination, the Inquisition was the most traumatic episode for Iberian Jews until the horrible events of the Second World War. This class – with no pretension to be scholarly sophisticated – is an exploration of how the Spanish Inquisition, its actions and methods, affected the lives of hundreds of thousands of Iberian Jews and later, crypto-Jews, especially during the 16th and 17th centuries, in Europe and beyond.

**Instructor:** Luciano Picanco **Class Session:** Wednesday, Oct. 27

**Time:** 1:30 - 3 p.m.

Place: Spoon River College Community Outreach Center, 2500 E. Jackson St.

Parking: At the site

Maximum Enrollment: 20 Cost: \$5

#### Lakeview Nature Area Guided Tour with a Taste of Honey

Join us for a relaxing and educational 45-minute tour through the Macomb Park District's Lakeview Nature Area. This outdoor tour will explore the history, biodiversity and the new additions to the Nature Area. This tour will also include a stop at the Lakeview Nature Area Community Apiary, and will offer a taste of 2021 harvested honey. We're excited to share the beautiful ecosystems and seasonal changes that make this landscape so magical. We encourage comfortable walking shoes and weather appropriate clothing. We can't wait to see you in the prairie.

**Instructor:** Natalie Shelly **Class Session:** Friday, Oct. 8

Time: 4- 4:45 p.m.

Place: Lakeview Nature Area: 10050 N. 1500th Rd., Macomb

Parking: At the site

Maximum Enrollment: 20 Cost: \$5

#### On Looking 7

This course involves walking a path on the WIU campus with various experts who will highlight sights and sounds along the way. The class is loosely based on the book "On Looking: Eleven Walks with Expert Eyes," by Alexandra Horowitz, which describes how taking a walk with a variety of people opened her eyes and allowed her to see her surroundings in a new way. We will walk somewhere between a half mile and one mile. **Coordinators:** Paula Wise, coordinator; Ed Franks, ornithologist; Morris Vos, tree

**Coordinators:** Paula Wise, coordinator; Ed Franks, ornithologist; Morris Vos, tree specialist; Leslie Melim, geologist; and Ted Renner, deputy director of WIU's Facilities Management.

Class Session: Thursday, Sept. 21 (Rain date: Tuesday, Sept. 28)

Time: 10 - 11 a.m.

Place: Meet in front of Sherman Hall.

Parking: At the site (A no-ticketing request will be submitted to WIU's Parking Services)

Maximum Enrollment: 15 Cost: \$5

#### Paint Your Own Pottery

Pick out pottery from over 200 options, and more than 50 paint color choices. Pottery is pre-fired bisque ready to paint with specialized glaze. Pieces will be fired and ready for pick up in about a week. The cost of the pottery is not included in the price of class and will vary from \$2-\$40. Please come prepared to pay for your piece on the day of the class.

**Coordinator:** Laci Todd **Class Session:** Tuesday, Nov. 9

Time: 11 a.m.

Place: The Crafty Coop, 206 N. Lafayette St.

Parking: At the site

Maximum Enrollment: 25 Cost: \$10 plus cost of pottery

#### Red Skelton Visits Macomb and His Pledge of Allegiance Words

Red Skelton visited Macomb on three occasions. This program will highlight his visits with pictures and stories. Also, a history of his life and professional acting on television and films will be offered.

**Instructor:** Tom Stites

Class Session: Wednesday, Oct. 20

Time: 1 - 1:45 p.m.

Place: Spoon River College Community Outreach Center, 2500 E. Jackson St.

Parking: At the site

Maximum Enrollment: 40 Cost: \$5

#### Social Media.....Web Pages....So Many Choices

Learn what is currently being used by all ages to communicate and the basics on how to set up and where to get help. What do I want to use and why? Web page, Facebook, Twitter, Instagram, Google Hangouts, Facetime, Zoom, Snapchat, Tik-Tok? We will explore which device works best... smart phone, tablet or PC. The first class will be exploring what is available, and the second class will be basic setup and where to get help.

Instructor: Brenda Allison

Class Sessions: Tuesdays, Oct. 12 and 19

Time: 9 - 10:30 a.m.

Place: Spoon River College Community Outreach Center, 2500 E. Jackson St.

Parking: At the site

Maximum Enrollment: 15 Cost: \$10

#### Yoga for Better Balance - Chair-Based

Worried about falling? Concerned about your balance? Is it getting harder to walk? Dawn Piper, certified yoga therapist with the International Association of Yoga Therapists will teach you a variety of exercises to help you improve the strength of your legs, glutes, and core so you'll feel more stable. No yoga experience is needed. Chairs will be used – we will not get down on the floor for this yoga class.

**Instructor:** Dawn Piper **Class Session:** Tuesday, Sept. 7 **Time:** 11:30 a.m. – 12:15 p.m.

Place: Free Range Yoga - South Wing - 118 N. Lafayette St.

Parking: At the site

Maximum Enrollment: 15 Cost: \$5



# LIFE Fall Fling

Friday, Oct. 22

3:30 - 6 p.m.

Wesley Village Community
Center

1200 E. Grant St.

(Behind the main building)

Complimentary appetizers and beverages will be available, as well as conversations opportunities with fellow lifelong learners!

# **Chronological Course Listing**

Beginning in August	
Civil War: and the War Came	Tuesdays, Aug. 24, 31, Sept. 7, 14, 21, 28, Oct. 5 and 12 at 4 - 5:30 p.m.
Beginning in September	
Yoga for Better Balance - Chair-Based	Tuesday, Sept. 7 at 11:30 a.m 12:15 p.m.
Create the Ever Changing Workout	Tuesdays, Sept. 7 and 21 at 2 - 3 p.m.
The Book Club	Tuesdays, Sept. 7, Oct. 5 and Nov. 2 at 1 - 2:15 p.m.
The Greatest Concert Movies of All Time: Part One	Mondays, Sept. 13 and 20 at 6:30 - 8:30 p.m.
Flexibility 101 - Get Ready to Feel Better	Tuesday, Sept. 15 at 5:15 - 6 p.m.
How to Meditate: An Introduction	Wednesday, Sept. 15 at 6:30 - 7:45 p.m.
On Looking 7	Thursday, Sept. 21 at 10 - 11 a.m.
Cooking with Harold	Thursdays, Sept. 30 and Oct. 7 at 5 - 7 p.m.
Beginning in October	
Lakeview Nature Area Guided Tour with a Taste of Honey	Friday, Oct. 8 at 4 - 4:45 p.m.
Social MediaWeb PagesSo Many Choices	Tuesdays, Oct. 12 and 19 at 9 - 10:30 a.m.
Armchair Traveler	Thursdays, Oct. 14, 21, 28 and Nov. 4 at 1:30 - 3 p.m.
Red Skelton Visits Macomb and His Pledge of Allegiance Words	Wednesday, Oct. 20 at 1 - 1:45 p.m.
Iberian Jews and the Spanish Inquisition	Wednesday, Oct. 27 at 2 - 3 p.m.
Beginning in November	
Battlefield and Homefront: Holiday Celebrations During the 1860s	Saturday, Nov. 8 at 9:30 - 11:30 a.m.
Paint Your Own Pottery	Tuesday, Nov. 9 at 11 a.m.
Basic Home Maintenance and Home Improvement	Thursdays, Nov. 11 and 18 at 5:30 - 6:30 p.m.
Ceramics Basics: Make A Cookie Tray	Thursday, Nov. 18 6:30 -7:30 p.m.



#### Learning Is ForEver

Call (309) 298-1911 for more information.

Western Illinois University is not responsible for personal injury or property damage arising out of voluntary participation in this program.

## **LIFE Registration Form**

#### Fall 2019 Semester

Please feel free to duplicate this registration form. Couples should submit separate registrations. Register early to ensure your place in class.

It is strongly preferred that all LIFE course participants be fully vaccinated against the Coronavirus. If you are experiencing any known symptoms of the virus, please do not attend class.

Please print your information below:	
Name	
Address	
City/State/Zip Code	
Phonee-mail	
I want to sign up for the following course(s):	
<ul> <li>Armchair Traveler - \$15</li> <li>Basic Home Maintenance and Home Improvement - \$5</li> <li>Battlefield and Homefront: Holiday Celebrations During the 1860s - \$5</li> <li>The Book Club - \$10</li> <li>Ceramics Basics: Make A Cookie Tray - \$10</li> <li>Civil War: and the War Came - \$20</li> <li>Cooking with Harold - \$10</li> <li>Create the Ever-Changing Workout - \$5</li> <li>Flexibility 101 - Get Ready to Feel Better - \$5</li> <li>The Greatest Concert Movies of All Time: Part One - \$10</li> <li>How to Meditate: An Introduction - \$5</li> <li>Iberian Jews and the Spanish Inquisition - \$5</li> <li>Lakeview Nature Area Guided Tour with a Taste of Honey - \$5</li> <li>On Looking 7 - \$5</li> <li>Paint Your Own Pottery - \$10</li> <li>Red Skelton Visits Macomb and His Pledge of Allegiance Words - \$5</li> <li>Social MediaWeb PagesSo Many Choices - \$10</li> <li>Yoga for Better Balance - Chair-Based - \$5</li> </ul>	
Total amount: \$	
I would be interested in taking a course on:	
I would like to teach a course on:	
Please add me to your e-mail list:	

**Refund Policy:** Requests to withdraw from a class and for a related refund must be received 30 days prior to the first class meeting. All approved refunds will be issued at the end of the semester. For the full refund policy please refer to page two.

Please return your completed form and check made payable to

Western Illinois University to the Office of Study Abroad and Outreach, Horrabin Hall 8, Western Illinois University, 1 University Circle, Macomb, IL 61455-1390.



# Western Illinois University Study Abroad and Outreach 1 University Circle Macomb, IL 61455-1390

RETURN SERVICE REQUESTED