

RESOURCES

Identities and Basic Terms List
: <https://www.refinery29.com/en-us/gender-identity-terms>

glaad.org | resource database

[Reddit.com/r/nonbinary](https://www.reddit.com/r/nonbinary) | Gender neutral community forum

[reddit.com/r/transgender](https://www.reddit.com/r/transgender) | general forum

[transgender law center](#) | legal resource

[youtube: contrapoints](#) | trans social issues

[youtube: Ash Hardell](#) | NB content creator

[Jim collins foundation](#) | surgery grants/financial assistance

Trans lifeline: 877-565-8860 | crisis intervention

LOCAL GROUPS/ RESOURCES

Unity

LGBTQIA+ Group on WIU Campus
Open to the public!

Meetings every Thursday
6:30pm-8pm

University Union Sandburg Lounge

Find us on Facebook at

Unity at Western Illinois University

Email us at: Unity@wiu.edu

Trans* Resource Closet: Run by the LGBTQIA+ Resource Center in the Multicultural Center. Gives people transitioning free clothes that match their gender identity/ expression.

OUT! an LGBTQIA support group

Meetings in Canton IL every other Thursday

Find us on Facebook at
OUT! an LGBTQIA support group

WIU LGBTQIA+ Resource Center
lgbtqa@wiu.edu

Updated as of April 2019

GENDER NEUTRAL

NON BINARY

NON CONFORMING

AND OTHER NON-CIS GENDERS

PLEASE DO NOT BIND YOUR
CHEST WITH ACE BANDAGES
IT CAN KILL YOU

GENDER IDENTITY

Transgender/Trans is an encompassing term of many gender identities of those who do not identify or exclusively identify with their sex assigned at birth. The term transgender is not indicative of gender expression, sexual orientation, hormonal makeup, physical anatomy, or how one is perceived in daily life.

Most people – including most transgender people – are either male or female. But some people don't neatly fit into the categories of "man" or "woman," or "male" or "female." For example, some people have a gender that blends elements of being a man or a woman, or a gender that is different than either male or female. Some people don't identify with any gender. Some people's gender changes over time.

Other cultures such as some Native American tribes go far beyond the two gender system and accept many genders.

People whose gender is not male or female use many different terms to describe themselves, with non-binary being one of the most common.

Other terms include genderqueer, agender, bigender, and more. None of these terms mean exactly the same thing – but all speak to an experience of gender that is not simply male or female.

SOCIAL TRANSITION

Coming out as a non-conforming gender may mean that you tell people about your preferred pronouns (if you wish to be referred to as he/him, she/her, they/them, etc.). It may also mean that you ask people to call you by a new name and to think of you by the gender identity that you're comfortable with.

Coming out is a very personal decision and different for everyone. You may choose to come out to different people at different times, or to not come out to some people at all. All of this is okay — only you can decide what's right for you.

Although both involve telling friends and family about your identity, there are differences between coming out as lesbian, gay, or bisexual and coming out as transgender. A lot of people know what it means for a person to be gay, but there's still a lot of confusion and misinformation out there about gender identity.

Sometimes coming out or being outed can mean your identity is misunderstood, disrespected, or disbelieved.

If you choose to come out, make sure it's to people you trust and that you have a support system in place. This can include friends, family, or a support group. It's important to feel as confident as possible that coming out won't jeopardize your safety, health, or living situation.

Non-Binary Identities

Agender is a term which can be literally translated as 'without gender', can be described as not knowing their gender, lacking gender, or no caring about their gender, undefinable gender

Bigender- having two or multiple gender identities

Genderqueer- an identity for those who fall outside of the male/female binary or system, an umbrella term for identities not male or female, can also identify as trans* or non-binary

Gender-Fluid -someone for whom gender identity and presentation is a spectrum. A gender-fluid person doesn't confine themselves to one gender, or even a few. Instead, they may fluctuate between presenting as feminine, masculine, neither, or both

Gender Questioning- a person who is questioning their current gender identity and/or exploring other identities and presentations

Pangender- a non-binary gender identity, referring to people who experience all gender identities either simultaneously or over time